

NATURALOPY

PRECEPT 4

HEALTH



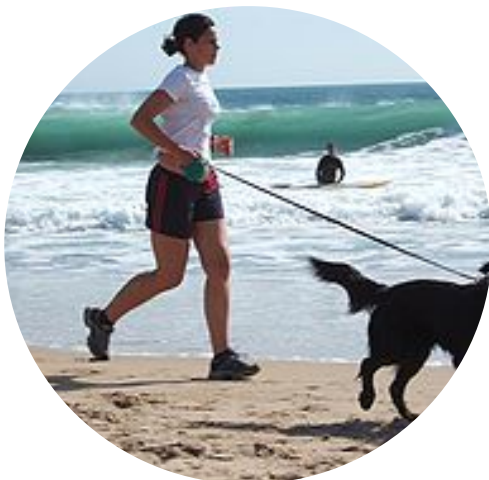
PRECEPT 4

HEALTH

health

wellness, well-being, soundness, vigor, vitality, energy

1. The state of being free from physical or psychological disease, illness, or malfunction.
2. A state of well-being or balance, often physical but sometimes also mental and social; the overall level of function of an organism from the cellular (micro) level to the social (macro) level.



PHYSICAL



MENTAL



EMOTIONAL

Disease enters through the mouth. Therefore, the foundation of health is a nutritious diet laden with organic fruits, vegetables, nuts, algae, legumes, grains, herbs, spices, essential oils, and moderate animal protein, particularly seafood. Many illnesses and diseases are associated with or are directly linked to malnutrition (nutritional deficiency):

- scurvy is caused by a vitamin C deficiency,
- beriberi a vitamin B1 deficiency,
- pellagra a vitamin B3 deficiency,
- anaemia an iron deficiency,

- rickets a vitamin B deficiency,
- ariboflavinosis a vitamin B2 deficiency,
- hypocobalaminemia a vitamin B12 deficiency,
- paraesthesia a vitamin B5 deficiency,
- night blindness a vitamin A deficiency,
- depression (the physical component) a vitamin D deficiency,
- and schizophrenia believed to be a vitamin B3 (niacin) deficiency.

As the great Linus Pauling once wrote, “You can trace every sickness, every disease, and every ailment to a mineral deficiency.” Vitamins and minerals are nutrients and our body must consume the right types in the right amounts to obtain the necessary energy for optimal health and a vigorous lifestyle.

Health is simple but it has been subverted and complicated by the for-profit food industry. All we need for physical vitality are sunlight, fresh air, clean water, nutrients from whole foods, and moderate exercise. Since physical health directly affects mental and emotional health, physical health should be the first priority of overall wellness. A comprehensive blood test and urine analysis with a naturopathic doctor (ND) will reveal our nutritional profile and whether or not we’re malnourished.



Using the body-mind, hardware-software analogy: our hardware must contain the right components with the right specs before we can install complicated software to run it. Likewise, our brain must be well-nourished before we can effectively address mental and emotional health.



People who are in control of their health are in control of their destiny, able to work harder and more effectively to fulfill their wildest dreams.

Leslie Kenton

Health is the greatest gift, contentment the greatest wealth, faithfulness the best relationship.

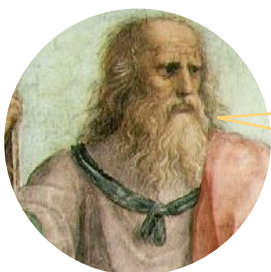


Buddha



To be a physician in the truest sense, one must consider the patient's troubles from all these basic standpoints—is it mechanical, nutritional, or psychological, or is it a varied combination of all three? The human body is not composed of separate entities, but is a working unit in its entirety and so must be treated as such.

Fred Loffler



The part can never be well unless the whole is well.

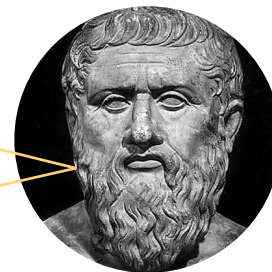
Plato

The food you eat can be either the safest and most powerful form of medicine or the slowest form of poison.



Ann Wigmore

Lack of activity destroys the good condition of every human being, while movement and methodical physical exercise saves it and preserves it.



Plato



The body heals with play, the mind heals with laughter, and the spirit heals with joy.

Naturalopist



The first step to fixing your health is to fix your diet.

Mike Adams



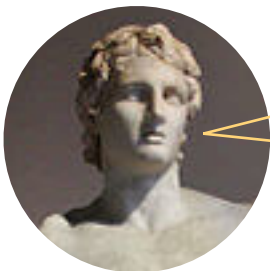
I decided to be happy because it is good for my health.

Voltaire

Your health is what you make of it. Everything you do and think either adds to the vitality, energy and spirit you possess or takes away from it.



Ann Wigmore



I'm dying from the treatment of too many physicians.

Alexander the Great

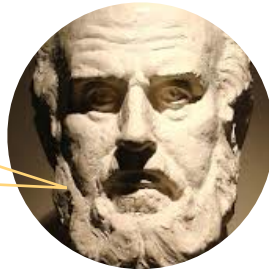
I was one of those people who put too much emphasis on work and career and material possessions, and it took its toll on all my relationships, on my physical health, my emotional and mental health.



Tony Shalhoub

Nature is the healer of disease.

Hippocrates



Why should we tolerate a diet of weak poisons, a home in insipid surroundings, a circle of acquaintances who are not quite our enemies, the noise of motors with just enough relief to prevent insanity? Who would want to live in a world which is just not quite fatal?



Rachel Carson

A sick person can be motivated to get well. I really believe you are what you think. Relive a happy life incident, listen to good music, read good literature, laugh hard and often. Where there's life, there's hope. Where you can fan the smallest flame, there's always hope.



Fred Loffler



The most beautiful makeup a woman can wear is confidence. The highest spiritual attainment is being comfortable in her own skin.

Naturalopist

The ability to be in the present moment is a major component of mental illness.



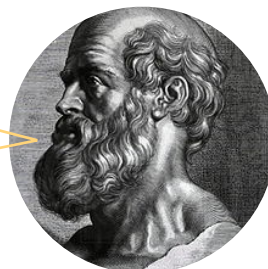
Abraham Maslow

Noble deeds and hot baths are the best cures for depression.



Dodie Smith

Let food be your medicine and medicine be your food.



Hippocrates



It is clear that nutrition can powerfully influence cognition, emotion, and behavior. It is also clear that the effects of classical nutritional deficiency diseases upon mental function constitute only a small part of a rapidly expanding list of interfaces between nutrition and the mind.

Melvyn Werbach



The doctor of the future will give no medication, but will interest his patients in the care of the human frame, diet, and in the cause and prevention of disease.

Thomas Edison

Cleanliness is next to godliness.



Motherly Advice

Every person is the author of their own health or disease.



Buddha

If we could give every individual the right amount of nourishment and exercise, not too little and not too much, we would have found the safest way to health.



Hippocrates

PROMISE YOURSELF

Promise yourself

To be so strong that
nothing can disturb your peace of mind.
To talk health, happiness, and prosperity
to every person you meet.

To make all your friends feel
that there is something in them
To look at the sunny side of everything
and make your optimism come true.

To think only the best, to work only for the best,
and to expect only the best.
To be just as enthusiastic about the success of others
as you are about your own.

To forget the mistakes of the past
and press on to the greater achievements of the future.
To wear a cheerful countenance at all times
and give every living creature you meet a smile.

To give so much time to the improvement of yourself
that you have no time to criticize others.
To be too large for worry, too noble for anger, too strong for fear,
and too happy to permit the presence of trouble.

To think well of yourself and to proclaim this fact to the world,
not in loud words but great deeds.
To live in faith that the whole world is on your side
so long as you are true to the best that is in you.

Christian D. Larson



PHYSICAL HEALTH

physical health

vigor, vitality, energy

1. The vitality of a person; overall energy, ability to perform work.
2. The state of bodily wellness, free from illness and disease.

The first step to physical health is to nourish our cells. If we examine the 13 major systems in our body, all have a common denominator: they require nutrients (vitamins, minerals, carbohydrates, proteins, lipids, and water) to sustain life. The circulatory/cardiovascular, digestive, endocrine, immune/lymphatic, integumentary, muscular, nervous, reproductive, respiratory, skeletal, urinary, sensory, and excretory systems function best and keep us disease-free when they're properly nourished with fresh air, clean water, and organic nutrients.

Everything in moderation is a good balance between excessive exercise and a sedentary lifestyle. Research shows that excessive exercise expands the heart so it can absorb more air in the lungs—over the long-run this can be unhealthy, even dangerous. In addition, excessive exercise creates wear-and-tear on the body. On the other hand, a sedentary lifestyle, especially one that includes 4-6 hours of watching television, is responsible for almost every ailment imaginable.

A 30 minute walk or a slow jog in the sun, fresh air, a balanced diet, adequate rest and sleep, and clean water are all that we need to attain and maintain and a healthy body.



Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity.

John F. Kennedy



The brain is like a muscle. When it is in use we feel very good. Understanding is joyous.

Carl Sagan



When diet is wrong, medicine is of no use.
When diet is correct, medicine is of no need.

Ayurvedic Proverb

Intelligence and skill can only function at the peak of their capacity when the body is healthy and strong.

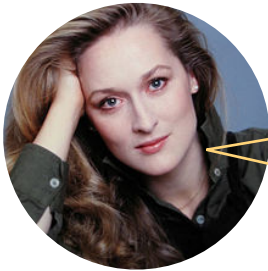


John F. Kennedy

The higher your energy level, the more efficient your body. The more efficient your body, the better you feel and the more you will use your talent to produce outstanding results.



Anthony Robbins



The produce manager is more important to my children's health than the pediatrician.

Meryl Streep

Never continue in a job you don't enjoy. If you're happy in what you're doing, you'll like yourself, you'll have inner peace. And if you have that, along with physical health, you will have had more success than you could possibly have imagined.

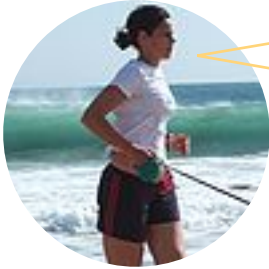


Johnny Carson



We are all born with a unique genetic blueprint, which lays out the basic characteristics of our personality as well as our physical health and appearance. And yet, we all know that life experiences do change us.

Joan D. Vinge



Movement is a medicine for creating change in a person's physical, emotional, and mental states.

Carol Welch

There is no exercise better than reaching down and lifting people up.



John Holmes



Lack of activity destroys the good condition of every human being, while movement and methodical physical exercise save it and preserve it.

Plato



The people you play with is more important than the game.

Debra Demaline Maxted



Kris Carr

If you don't think your anxiety, depression, sadness and stress impact your physical health, think again. All of these emotions trigger chemical reactions in your body, which can lead to inflammation and a weakened immune system. Learn how to cope, sweet friend. There will always be dark days.

Health is a state of complete physical, mental and social well-being, and not merely the absence of disease or infirmity.



World Health Organization

The best six doctors anywhere
And no one can deny it
Are **sunshine, water, rest, and air**
Exercise and **diet**.
These six will gladly you attend
If only you are willing
Your mind they'll ease
Your will they'll mend
And charge you not a shilling.

Nursery rhyme quoted by Wayne Fields

We are what we eat.



Ancient Adage

MENTAL HEALTH

mental health

mindfulness, awareness, consciousness

1. The well-being of a person's mind; ability to overcome stress and psychological concerns.
2. The condition of soundness and stability of a person's mental faculties; balance in reasoning and intellectual endeavor.

We know from observation, research, and personal experience that what we put in our body impacts how we think, feel, and behave. What we inhale, drink, and eat influence our decisions, therefore our life. Think how consuming alcohol, marijuana, LSD, cocaine, and other drugs impair our judgement. Stimulants excite our brain neurons, while depressants suppress them. However, due to individual biochemistry, there are differences in how drugs affect each person. But there is no arguing that what goes in our body affects our very being, especially our mental faculties. In most people, drugs impair the decision making process.

What about the foods we eat and drink? Like drugs, the foods we eat and drink also affect how we think, feel, and behave. The impact is subtler and not as immediate and pronounced as drugs. However, the positive impact of nutritious food on mental health is long-lasting—the nutrients need to accumulate and buildup in our cells before we notice the change. Sometimes we hardly notice the change because it's very subtle, over a long-period of weeks and months.

There are foods classified as “brain foods” because of their nutrient, phytochemical, and antioxidant contents. Some of these brain foods are wild fish rich in Omega-3 fats (salmon), berries, blackcurrant, nuts, seeds, and broccoli. There are also herbs such as Ginkgo Biloba, Ginseng, green tea, Sage, and Rosemary that can also improve our brain function, memory, and overall mental health.

In addition, meditation, moderate exercise, and sex with a regular partner should be part of our mental workout. Meditation calms the mind and increases the awareness of our behavior and how it affects those around us. Moderate physical exercise releases feel-good neurotransmitters (endorphin, serotonin, GABA, dopamine, norepinephrine, etc.) and increases energy. Sex with a loved one releases feel-good hormones and neurotransmitters.

A nutritious diet, meditation, moderate exercise, and regular sex are the cornerstones of mental health. If needed, add regular visits with a cognitive behavior therapy (CBT) psychologist and herbs to the repertoire.

The body-mind connection—physiological health affects mental health.



Everything is created twice. First in the mind, then in reality.

Robin Sharma

To enjoy good health, to bring true happiness to one's family, to bring peace to all, one must first discipline and control one's own mind. If a person can control their mind they can find the way to Enlightenment, and all wisdom and virtue will naturally come to them.



Buddha



We are as sick as our secrets. Openness is to wholeness as secrets are to sickness.

Naturalopist

Before you diagnose yourself with depression or low self-esteem, first make sure you are not, in fact, just surrounded by assholes.

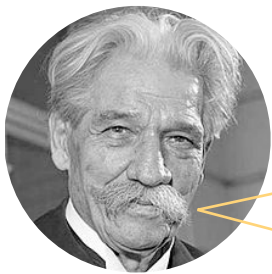


William Gibson

The punishment of every disordered mind is its own disorder.



Augustine of Hippo



Albert Schweitzer

To me, good health is more than just exercise and diet. It's really a point of view and a mental attitude you have about yourself.

I have long recognized a link between fitness and mental health and I think we need to encourage young people to take part in sports and team activities because we know it has such positive results.



Tipper Gore

Your mind is your instrument. Learn to be its master and not its slave.



Remez Sasson

The belly rules the mind.



Naturalopist



Buddha

To keep the body in good health is a duty, otherwise we shall not be able to keep our mind strong and clear.

A man's mind may be likened to a garden, which may be intelligently cultivated or allowed to run wild; but whether cultivated or neglected, it must, and will, bring forth. If no useful seeds are put into it, then an abundance of useless weed seeds will fall therein, and will continue to produce their kind.



James Allen



Mireille Guiliano

Taking care of your mental and physical health is just as important as any career move or responsibility.

You can't win physically if you're losing mentally.



Billy Cox

The mental suffering you create is always some form of non-acceptance, some form of unconscious resistance to what is. On the level of thought, the resistance is some form of judgment. The intensity of the suffering depends on the degree of resistance to the present moment.



Eckhart Tolle

The desire for fame and sudden stardom has ruined many people. The spotlight burns.



Trung Nguyen

A fit, healthy body is the best fashion statement.



Jess C. Scott

One who has control over the mind is tranquil in heat and cold, in pleasure and pain, and in honor and dishonor; and is ever steadfast with the Supreme Self.



Bhagavad Gita



You can not always control circumstances, but you can control your own thoughts.

Charles Popplestown

There is nothing good or bad but thinking makes it so.



William Shakespeare

Carl Jung



Just as the body bears the traces of its phylogenetic development, so also does the human mind.

Mindfulness and awareness is the bridge between reaction and conscious choice.



Hal Tipper



Quiet the mind, and the soul will speak.

Ma Jaya Sati Bhagavati

Sedentary people are apt to have sluggish minds. A sluggish mind is apt to be reflected in flabbiness of body and in a dullness of expression that invites no interest and gets none.



Rose Fitzgerald Kennedy

James Allen

The circumstances which a person encounters suffering are the result of his own mental inharmony.



EMOTIONAL HEALTH

emotional health

feelings, arousal

1. A person's internal state of being and physiological response to an object or a situation, based on or tied to physical state and sensory data.

Our body is a chemical factory, an electrical plant, an energy store, and a biological warehouse. It is arguably the most complex creation of Nature that we know. The human body is the result of Nature's experiment, some say of 4.55 billion years (approximate age of the Earth) and others say of about 3.5 billion years (first single-celled organism from which all life evolved on Earth). Despite the unimaginable complexity of our origin, we are primitive when it comes to behavior—most of us act according to our emotions, or how we feel.

There are primary emotions and secondary emotions. The primary emotions are those that we feel first, and the secondary emotions are those we feel next, following the primary emotions. The primary emotions are love, joy, surprise, anger, sadness, and fear. For example, the secondary emotions (feelings) of love are affection, lust, and longing; and the secondary emotions of anger are irritation, exasperation, rage, disgust, envy, and torment. There is a debate as to whether emotions are involuntary or voluntary. If they're involuntary, they can be tamed with practice.

What determines how we feel? Diet, exercise, and thoughts. Yes, back to food, nature, and the mind. The foods we eat and drink create the neurotransmitters and hormones in our body. For example, serotonin, endorphins, norepinephrine, and dopamine are four feel-good neurotransmitters (chemical messengers). They are synthesized from certain foods we eat and released in large amounts during hugging, exercise, sex, and exposure to sunlight. In addition, oxytocin and cortisol are two hormones that uplift us and reduce anxiety and stress (as for depression, every study has concluded that a healthy diet and regular exercise is more effective than antidepressant drugs).

The first step to healthy emotions is a healthy diet—fruits, vegetables, nuts, whole grains, algae, and Omega-3 fats. From a healthy diet, the right hormones and neurotransmitters are synthesized in our body. A large part of our emotions are rooted in physiology; the rest is rooted in our interpretation and perspective of events.

The second step is the activities to release those hormones and neurotransmitters: hugging, walking, jogging, sex, exposure to sunlight, and meditation. Generally, any activity that slightly raises heartbeat or calms the mind.

The third step to mastering our emotions is our thought process. There are three main methods or philosophies that are very effective: cognitive behavior therapy (CBT), stoicism, and meditation.

The fourth step is how we communicate our feelings. We should be assertive, but not aggressive. Learn to comfortably and firmly say “yes”, “no”, and “I don’t know” when appropriate without offending. We are not obligated to doing anything for anyone if it doesn’t feel good or right. We’re only responsible for our own well-being and happiness. When we say “no” to the things that are against our well-being, people will like us less but respect us more.

Our emotions are produced from a chain of events, going all the way back to our diet, daily activities, and to how we think about events in our life. Emotions complete the body-mind connection.

Despite our place on top of the food chain, we are emotional creatures at heart.



I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.

Maya Angelou

Don't take anything personally. Nothing others do is because of you. What others say and do is a projection of their own reality, their own dream. When you are immune to the opinions and actions of others, you won't be the victim of needless suffering.



Miguel Ruiz



Do not be shaken by criticism; instead, be firm. Be sure that in proportion to your worth, the level of people's criticism rises. Also, make good use of criticism in discovering your shortcomings and faults, and let it drive you toward self-improvement.

Naturalopist

Unexpressed emotion will never die. They are buried alive and will come forth later in uglier ways.



Sigmund Freud

The scientific truth may be put quite briefly; eat moderately, having an ordinary mixed diet, and don't worry.



Robert Hutchison



Holding on to anger is like grasping a hot coal with the intent of throwing it at someone else; you are the one who gets burned.

Buddha



The one permanent emotion of the inferior man is fear—fear of the unknown, the complex, the inexplicable. What he wants above everything else is safety.

H. L. Mencken

The people who are jealous of you are your secret admirers. You are what they wish to be, only if they had the courage.



Naturalopist

Control your emotions or they will control you.



Motherly Advice

Never trust anyone who wants what you've got.
Friend or no, envy is an overwhelming emotion.



Eubie Blake

Don't worry about what people say behind your back.
They are the people who are finding faults in your life
instead of fixing faults in their own life.



Motherly Advice

He who angers you conquers you.



Elizabeth Kenny

When dealing with people, remember you are not dealing with creatures of logic, but creatures of emotion.



Dale Carnegie



All suffering is caused by desire.

Buddha

Don't sweat the small stuff in life and it's all small.



Motherly Advice

Whatever we plant in our subconscious mind and nourish with repetition and emotion will one day become a reality.

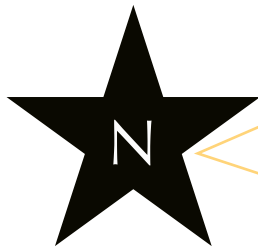


Earl Nightingale

People don't buy for logical reasons. They buy for emotional reasons.



Zig Ziglar



We project unto others what we see in our own hearts.

Naturalopist



A vigorous five-mile walk will do more good for an unhappy but otherwise healthy adult than all the medicine and psychology in the world.

Paul Dudley



Men are governed by lines of intellect—women: by curves of emotion.

James Joyce

Smile, breathe, and go slowly.



Thich Nhat Hanh



I will no longer allow anyone to manipulate my mind and control my life in the name of love.

Miguel Ruiz

The world is a tragedy to those who feel, but a comedy to those who think.



Horace Walpole



The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart.

Helen Keller



Stephanie Perkins

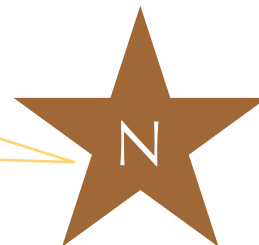
The more you know who you are, and what you want, the less you let things upset you.

Don't make a permanent decision based on your temporary emotion.

Motherly Advice



When anything disturbs your peace of mind, remove it from your life.



Naturalopist

Learn to live with and love yourself in your own skin. Self love is the beginning of a lifelong romance.



Oscar Wilde



Thich Nhat Hanh

There are many ways to calm a negative energy without suppressing or fighting it. You recognize it, you smile to it, and you invite something nicer to come up and replace it, you read some inspiring words, you listen to a piece of beautiful music, you go somewhere in Nature, or you do some walking meditation.

The best way to avoid disappointment is not to expect anything from anyone.

Motherly Advice



Inner peace begins the moment you choose not to allow another person or event to control your emotions.

Buddha



Motherly Advice

Don't give others the power to control your emotions. Your emotions are yours and only for you to control.



Stop letting people who do so little for you control so much of your mind, feelings, and emotions.

Will Smith



The key to happiness is to always have control over your emotions.

Motherly Advice

Never attack people emotionally just to validate your own emotions.



Rubyanne



Your emotions are the slaves to your thoughts, and you are the slave to your emotions.

Elizabeth Gilbert

BEAUTY TIPS FOR EVERYONE!

For attractive lips, speak words of kindness.

For beautiful eyes, look for the good in other people.

To lose weight, let go of stress, hatred, anger, contentment and the need to control others.

For poise, walk with knowledge and self-esteem.

To strengthen your heart, forgive yourself and others. Don't worry and hurry so much.

Rather than walk this earth lightly, walk firmly with determination and leave your mark.

Doing these things on a daily basis will certainly make you a more beautiful person.



Inner Beauty Is the Real Beauty

EunSuk Ji (Jenny) from Korea

EMOTIONAL NEEDS

But man has other needs as well: emotional needs. These, too, are few, but every bit as important as his physical requirements, yet not so simple. If they aren't met, they can be as devastating as physical hunger, as uncomfortable as a lack of shelter, as incapacitating as thirst. The frustration, isolation and anxiety brought about by unmet emotional needs can, like physical privation, produce death or a degree of living death —neurosis and psychosis.



Leo F. Buscaglia

MEDITATION

meditation

contemplation, reflection, relaxation, introspection, insight, mindfulness

1. A devotional exercise of, or leading to contemplation.
2. A contemplative discourse, often on a philosophical subject.

Meditation is an exact science. Because of its efficacy in every area of health, it deserves its own section. There are hundreds of studies showing the health benefits of meditation. Here are a few examples:

- meditation alters brain structure
- meditation increases brain gray matter
- meditation changes gene expression, impacts DNA
- meditation activates genes to fight diseases
- meditation increases immunity, fertility, and lowers blood pressure
- meditation improves focus, creativity, compassion, and memory
- meditation reduces depression, anxiety, and stress
- meditation helps control thoughts
- meditation increases blood flow and slows heart rate
- meditation provides calm and peace
- meditation increases energy

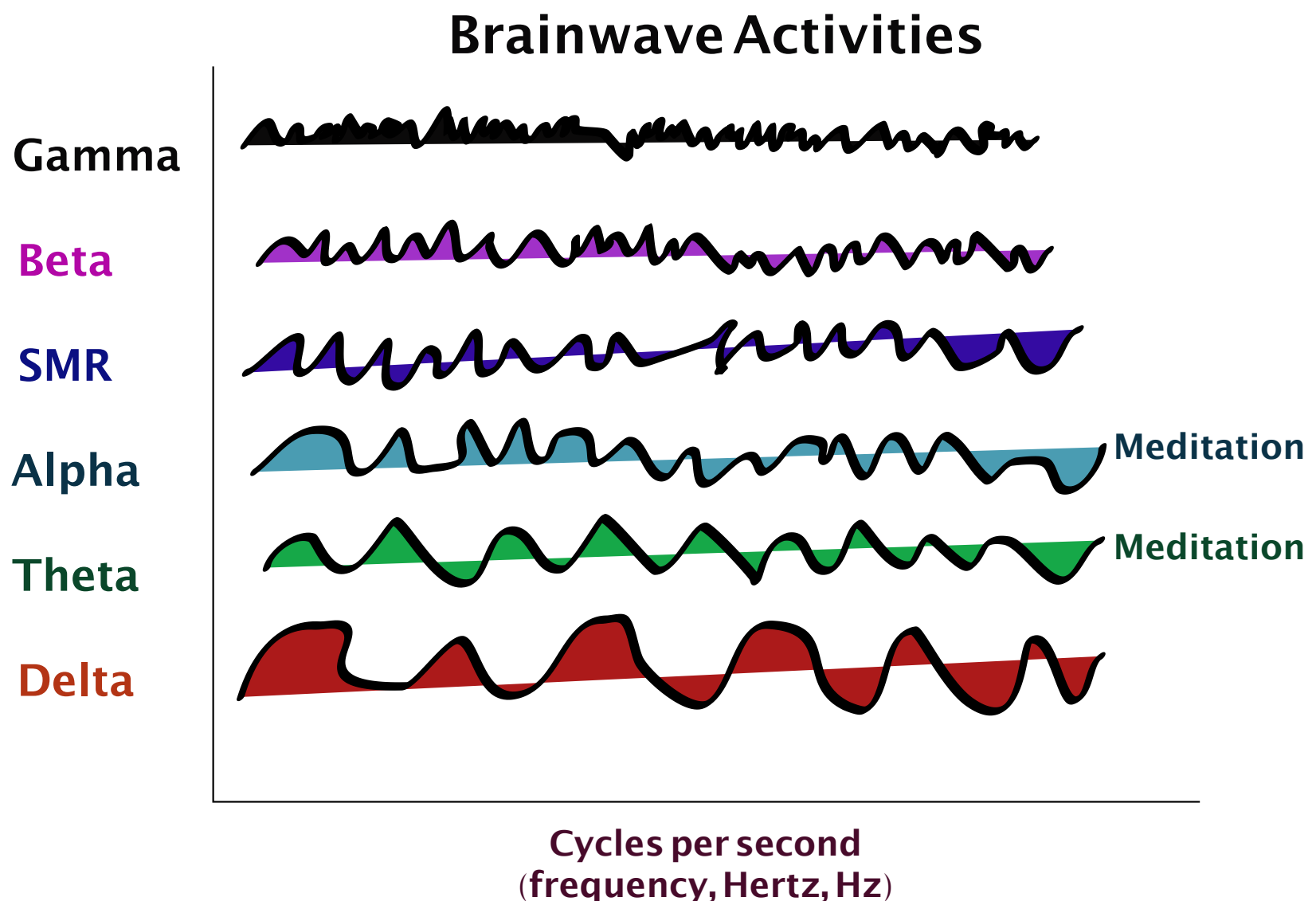
Our brain is a biological, chemical, and electrical organ. It is a complex network of neurons, synapses, and neurotransmitters. Ounce for ounce, it is the most intricate and awesome creation we know—it is unique, nothing like it exists. However, it can be tamed by the mind.



The brain, as an electrochemical organ, transmits waves called brainwaves. These brainwaves change according to thought and activity. The six primary brainwaves are Gamma, Beta, SMR (sensorimotor rhythm), Alpha, Theta, and Delta. These waves vary in frequencies (cycles per second, Hertz, Hz) and can be measured using an EEG (electroencephalography) device. The cycles and states associated with these brainwaves are:

- **Gamma** waves: 31 - 120 cycles per cycle. The gamma brainwave is associated with active or hyper mental participation; conducive to learning. A consistently high frequency brainwave is linked to hyperactivity, impulsiveness, and attention deficit.
- **Beta** waves: 13 - 30 cycles per second. The Beta brainwave is associated with logical thinking, concentration, and awareness. For example, we are in the Beta brainwave when having a conversation.
- **SMR** waves: 12 - 15 cycles per second. The sensorimotor rhythm brainwave is associated with physical inactivity and calmness.
- **Alpha** waves: 7 -13 cycles per second. The Alpha brainwave is associated with relaxation, reflection, meditation, and hypnosis.

- **Theta** waves: 4 -7 cycles per second. The Theta brainwave is associated with dreaming, creativity, meditation, shamanic journeys, ESP, out of body experiences, and paranormal phenomena.
- **Delta** waves: 1.5 - 4 cycles per second. The Delta brainwave is associated with deep dreamless sleep.



Meditation is the mind influencing the body, the mind-body connection instead of the body-mind connection. During meditation our brainwaves are at the Alpha and Theta stages—these changes can be measured by EEG or fMRI medical devices and the result is called biofeedback or neurofeedback. During meditation, the brain is relaxed into a contemplative stage, and our metabolism and breath rate decrease. This is when the things that matter most to us surface into consciousness. When we habitually meditate, things in the subconscious will rise into our awareness for us to solve.

Meditation can be undertaken in any quiet place, in the proper sitting position, eyes closed, and breathing slowly and deeply. When find ourself distracted, focus our attention on the breath, feel the air flowing in our nose, down our lungs, up our lungs, and out our nose. Follow the breath, use it as an anchor.

When our mind is quiet, the Self speaks.

A good meditation, even when it is interrupted by occasional nodding, is much more beneficial than many outward religious exercises.



Johannes Tauler

To the mind that is still, the whole universe surrenders.



Lao Tzu

Empty your mind, be formless, shapeless—like water. Now you put water into a cup, it becomes the cup. You put water into a bottle, it becomes the bottle. You put it in a teapot, it becomes the teapot. Now water can flow or it can crash. Be water, my friend.



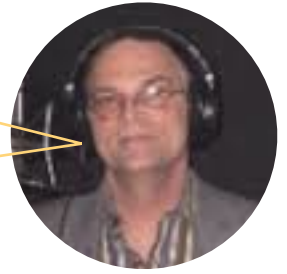
Bruce Lee

As you learn to leave alone the activity of unconsciously trying to be the mind-body that you think that you are—the mind-body that this “you” is currently flowing through—and you learn to move as this one that you truly are—this “you” of you; the very heart of existence—steadily, consciously and momentarily, the continuity of the ever deepening of this innermost as it keeps on entering its manifestation, through this mind-body that you find yourself flowing through, allows you to simply bubble in the sheer joy, pleasure, peace, delightfulness and stillness that this “you” of you is.



Elysha

Mindfulness and awareness is the bridge between reaction and conscious choice.



Hal Tipper

You should sit in meditation for 20 minutes a day. Unless you're too busy, then you should sit for an hour.



Zen Saying

Some people think that meditation takes time away from physical accomplishment. Taken to extremes, of course, that's true. Most people, however, find that meditation creates more time than it takes.

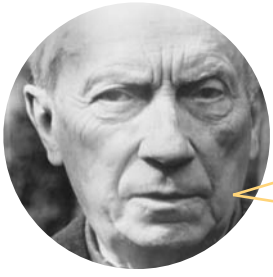


Peter McWilliams

Every soul innately yearns for stillness, for a space, a garden where we can till, sow, reap, and rest, and by doing so come to a deeper sense of self and our place in the universe. Silence is not an absence but a presence. Not an emptiness but repletion. A filling up.



Anne Leclaire



Jean Arp

Soon silence will have passed into legend. Man has turned his back on silence. Day after day he invents machines and devices that increase noise and distract humanity from the essence of life, contemplation, meditation.



Ani Pema Chodron

Meditation practice isn't about trying to throw ourselves away and become something better, it's about befriending who we are.

Buddha was asked, "What have you gained from meditation?"

He replied, "Nothing! However, let me tell you what I have lost: anger, anxiety, depression, insecurity, fear of old age, and death."



Buddha



Dalai Lama XIV

If every eight year old in the world is taught meditation, we will eliminate violence from the world within one generation.

Meditation is not spacing-out or running away.
In fact, it is being totally honest with ourselves.



Kathleen McDonald



Meditation and concentration
are the way to a life of serenity.

Remez Sasson

Meditation brings wisdom; lack of mediation leaves ignorance. Know well what leads you forward and what hold you back, and choose the path that leads to wisdom.



Buddha



Meditation is a process of getting rid of the whole past, of getting rid of all diseases, of getting rid of all the pus that has gathered in you. It is painful, but it is cleansing, and there is no other way to cleanse you.

Rajneesh



Feelings come and go like clouds in a windy sky.
Conscious breathing is my anchor.

Thich Nhat Hanh



Whatever forms of meditation you practice, the most important point is to apply mindfulness continuously, and make a sustained effort. It is unrealistic to expect results from meditation within a short period of time. What is required is a continuous sustained effort.

Dalai Lama XIV

Meditation is not meant to help us avoid problems or run away from difficulties. It is meant to allow positive healing to take place. To meditate is to learn how to stop—to stop being carried away by our regrets about the past, our anger or despair in the present, or our worries about the future.



Thich Nhat Hanh

Guy de la Valdene

Of all the sounds that touch my soul these days, the most beautiful one of all is silence.



The more intense the nature of a man, the more readily will he find meditation, and the more successfully will he practice it.



James Allen

If we know the divine art of concentration, if we know the divine art of meditation, if we know the divine art of contemplation, easily and consciously we can unite the inner world and the outer world.



Sri Chinmoy



Your goal is not to battle with the mind, but to witness the mind.

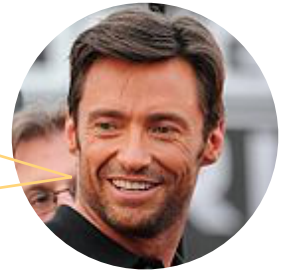
Swami Muktananda

I thought my biggest fear was dying in prison. After meditation, I realized my biggest fear was to die and not know myself.



Interviewee, *Dharma Brothers*

Meditation is all about the pursuit of nothingness. It's like the ultimate rest. It's better than the best sleep you've ever had. It's a quieting of the mind. It sharpens everything, especially your appreciation of your surroundings. It keeps life fresh.



Hugh Jackman



Daniel Goleman

Mindful meditation has been discovered to foster the ability to inhibit those very quick emotional impulses.

Paul Brunton

That deep silence has a melody of its own, a sweetness unknown amid the harsh discords of the world's sounds.



Deepak Chopra

Accessing the spiritual realm through the daily practice of meditation opens the way to manifesting your deepest desires. By changing your thoughts, beliefs, expectations, and intentions and connecting with stillness, you will allow the unbounded, unlimited abundance of the universe to flow easily and effortlessly into your life.

At one point I learned transcendental meditation. This was 30-something years ago. It took me back to the way that I naturally was as a child growing up way in the country, rarely seeing people. I was in that state of oneness with creation and it was as if I didn't exist except as a part of everything.



Alice Walker

Rest in natural great peace, this exhausted mind, beaten helpless by karma and neurotic thought, like the relentless fury of the pounding waves in the infinite ocean of samsara.



Nyoshul Khen Rinpoche

Meditation is the soul's perspective glass.



Owen Feltham



Whenever you step out of the noise of thinking, that is meditation, and a different state of consciousness arises.

Eckhart Tolle



Man is ill because he is never still.

Paracelsus



All of man's difficulties are caused by his inability to sit, quietly, in a room by himself.

Blaise Pascal



Breathing in, I calm body and mind. Breathing out, I smile. Dwelling in the present moment I know this is the only moment.

Thich Nhat Hanh

Alan Wallace



Integrated meditation practice is like a healthy diet which is indispensable for maintaining your vitality and resistance to disease. Likewise, a balanced meditative practice in the course of a socially engaged way of life heightens your psychological immune system, so that you are less vulnerable to mental imbalances of all kinds.

Zen is not some kind of excitement, but concentration on our usual everyday routine.



Shunryu Suzuki

Meditation is the discovery that the point of life is always arrived at in the immediate moment.



Alan Watts



Better indeed is knowledge than mechanical practice. Better than knowledge is meditation. But better still is surrender of attachment to results, because there follows immediate peace.

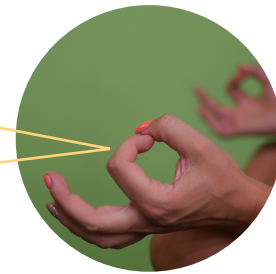
Bhagavad Gita

The gift of learning to meditate is the greatest gift you can give yourself in this lifetime.



Sogyal Rinpoche

In the beginning you will fall into the gaps in between thoughts—after practicing for years, you become the gap.



J. Kleykamp



If you want to conquer the anxiety of life, live in the moment, live in the breath.

Amit Ray



Ray Dalio

I can be stressed, or tired, and I can go into a meditation and it all just flows off of me. I'll come out of it refreshed and centered and that's how I'll feel and it'll carry through the day.

Thus meditating you will no longer strive to build yourself up in your prejudices, but, forgetting self, you will remember only that you are seeking the Truth.



James Allen

The Truth about Vaccines from Parents, Nurses, Doctors, Scientists, and History



My name is Meghan Rose. I am a former Infectious Disease RN (Registered Nurse). I have six beautiful children, two fully-vaccinated, two partially-vaccinated, and two not vaccinated. When I learned the truth about the *fraudulent* vaccine program, it was an absolute no-brainer for me to speak up about it. Thank you for the opportunity to share my story with you.

Questions and Answers

Trung Nguyen

April 2019

You have several children. Some are vaccinated and others are not. What has been your observation between your vaccinated children and unvaccinated ones?

I have six children. My two oldest are fully vaccinated and were frequently ill as babies. Both had multiple bouts of strep throat and tonsils swollen to the point of not being able to get anything down, and were subsequently hospitalized for dehydration. My oldest son had horrible gut issues as well, and ADHD (Attention Deficit Hyperactivity Disorder), Anxiety, and OCD (Obsessive Compulsive Disorder). My second oldest also had horrible psoriasis as an infant and well into his childhood along with the other issues.

My third son is the least of my vaccine injured children—and he was partially

vaccinated up until he was three years old. He had gut issues for the first year of life.

My fourth son was vaccinated up until he was 18 months. He had frequent Hand, Foot, Mouth sores and began head banging around 12 months.

My daughter (my fifth child) had the Vitamin K shot at birth and no vaccines.

My sixth child, my son Elijah had neither the Vitamin K or any vaccines.

My daughter (1 vaccine) and my youngest son (no vaccine) are by FAR and away the healthiest of all of my children.

As a nurse, how many years did you attend medical school? During that time, what were you taught about vaccines?

During my time in Nursing School (four years), we weren't taught anything other than the vaccine schedule.

Just to clarify, as a nurse who attended medical school for four years, you weren't taught about vaccine ingredients and side effects? Why do you think medical schools don't teach nurses and doctors about vaccine ingredients and side effects (adverse reactions) ?

No, we weren't taught about vaccine ingredients and side effects. Only the schedule that vaccines are given. And as far as I know from the many other medical professionals I've spoken with—they are ALL only taught the schedule. Education all leads to the same place as far as medical education—there is a money trail there.

When your first four children were vaccinated and had constant health complications, what did you attribute the cause to?

At the time, I didn't have any idea why we had the issues we had. I did not at

all connect them to the vaccines, only because I never in a million years would think something unsafe would be allowed to be given to children. I was young and naive.

Did you take them to the doctors? If yes, what did they say?

I did on some occasions if they were very sick, but vaccines were never brought up.

For example, both of my sons had chronic swollen tonsils. Sometimes they would become so bad that they literally couldn't get anything down and had to be hospitalized for dehydration. I would have to get their old medical records to see if they coincided to vaccines.

At that time, did you, your nurse colleagues or doctors, ever thought that vaccines were the cause?

Never.

What changed your mind about vaccines?

I had always been very PRO-Vaccine. I worked in Infectious Diseases as an RN for two years, and as an Elementary school RN for six months. While I was working in the elementary school, we had two children who had vaccine exemptions, one was a philosophical exemption (which have since been removed from that state), and the second was a medical exemption because the child's brother had passed away from his six-month vaccines. Before that time I had NO idea vaccines could even cause harm. I thought this incident was one-in-a-million.

In 2016, there was a big stink made about the movie **Vaxxed**. When it got pulled from the Tribeca film festival, it piqued my curiosity as to why they were trying so hard to keep it from being seen...so I watched it. It tore my heart up. Of course, this movie is just about the CDC-Autism cover-up. So I went out in search of the actual numbers and facts. I went to the CDC

(Centers for Disease Control and Prevention) and WHO (World Health Organization) and FDA (U.S. Food and Drug Administration) websites. I looked up death rates before and after diseases.

—What was the likelihood of contracting the disease?

—How was it contracted?

—How frequent did complications occur if you DID contract it?

—Was it treatable? If yes, how so?

—What were the death rates?

Then I went to the FDA website and pulled up the vaccine inserts, looked at adverse events from the vaccines. I looked up all ingredients and researched what they did to the body.

I was STUNNED to say the least. *We have been lied to for a century and our children have paid the price with their health, and some with their lives.* It is absolutely disgusting.

You wrote that you were “very PRO-vaccine”. During the time you were pro-vaccine, what did you think about the anti-vaxxers or ex-vaxxers?

I thought they were conspiracy theorists, or crazy.

What did your nurse and doctor colleagues think when you became anti-vaccination?

I didn't realize the truth of vaccines until after I'd retired, so I was only in touch through Facebook. They have either not said anything to me—or have come forward and said they have learned a lot from my education and now are no longer supportive of vaccines.

If an expected mother were to ask you, “Should I vaccinate my baby?” What would your reply be? And why?

I would say, “Absolutely not.” There has never been safety testing of vaccines on pregnant women or the developing baby in utero. In fact, epidemiological studies have shown women are at significantly increased risk of miscarriage or stillbirth if they vaccinate.

END OF INTERVIEW



Vaccine ingredients and the Vitamin K shot

Some of the most poisonous substances to the human body are in vaccines. Yet, they're being injected into newborns and toddlers.

Here is a partial list of ingredients found in most vaccines:

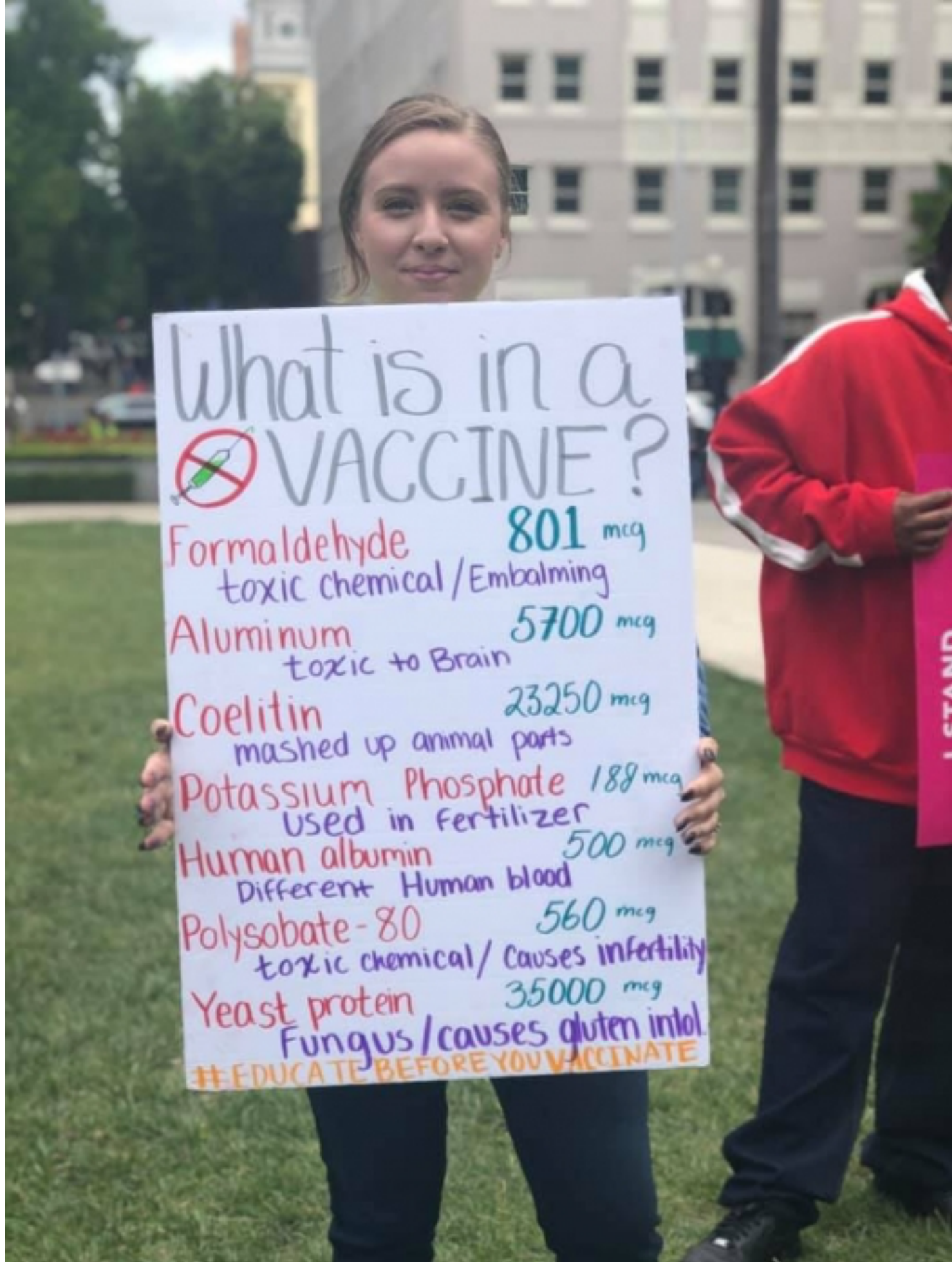
- Heavy metals, which are known to cause all types of diseases.
- Carcinogens (substances that cause cancer).

- Neurotoxins (things that cause brain damage).
 - Animal DNA and animal blood.
 - Human DNA, includes female and male DNA from aborted fetal parts.
- Human DNA in vaccines have been linked to the rise in gender confusion.
- Unknown substances. Due to "trade secret" laws, many ingredients don't have to be listed. It's been found that peanut was one of these trade secret vaccine ingredients.

The ingredients in vaccines are literally poisons and vaccine makers claim that vaccines are “safe and effective”. What we have in vaccines is a medical oxymoron: Vaccines are “safe and effective poisons”. Now, make the connection between the vaccine ingredients above and the side effects below.

Below is a partial list of vaccine side effects (aka adverse reactions) of most vaccines:

- paralysis (reclassified as polio, GBS—Guillain–Barré Syndrome),
- death,
- brain damage (brain swelling, autism, developmental delays, non-verbal, avoiding eye contact),
- cancer,
- ear infection,
- allergies,
- asthma,
- nerve control disorders (uneven eye levels, crossed-eyes),
- sleeping disorders,
- autoimmune diseases (Rheumatoid arthritis, lupus, inflammatory bowel disease, multiple sclerosis, Type 1 diabetes, chronic inflammation, psoriasis, Grave's disease, Hashimoto's thyroiditis, myasthenia gravis, vasculitis),
- mental disorders, and
- SHEDDING (spreading diseases).



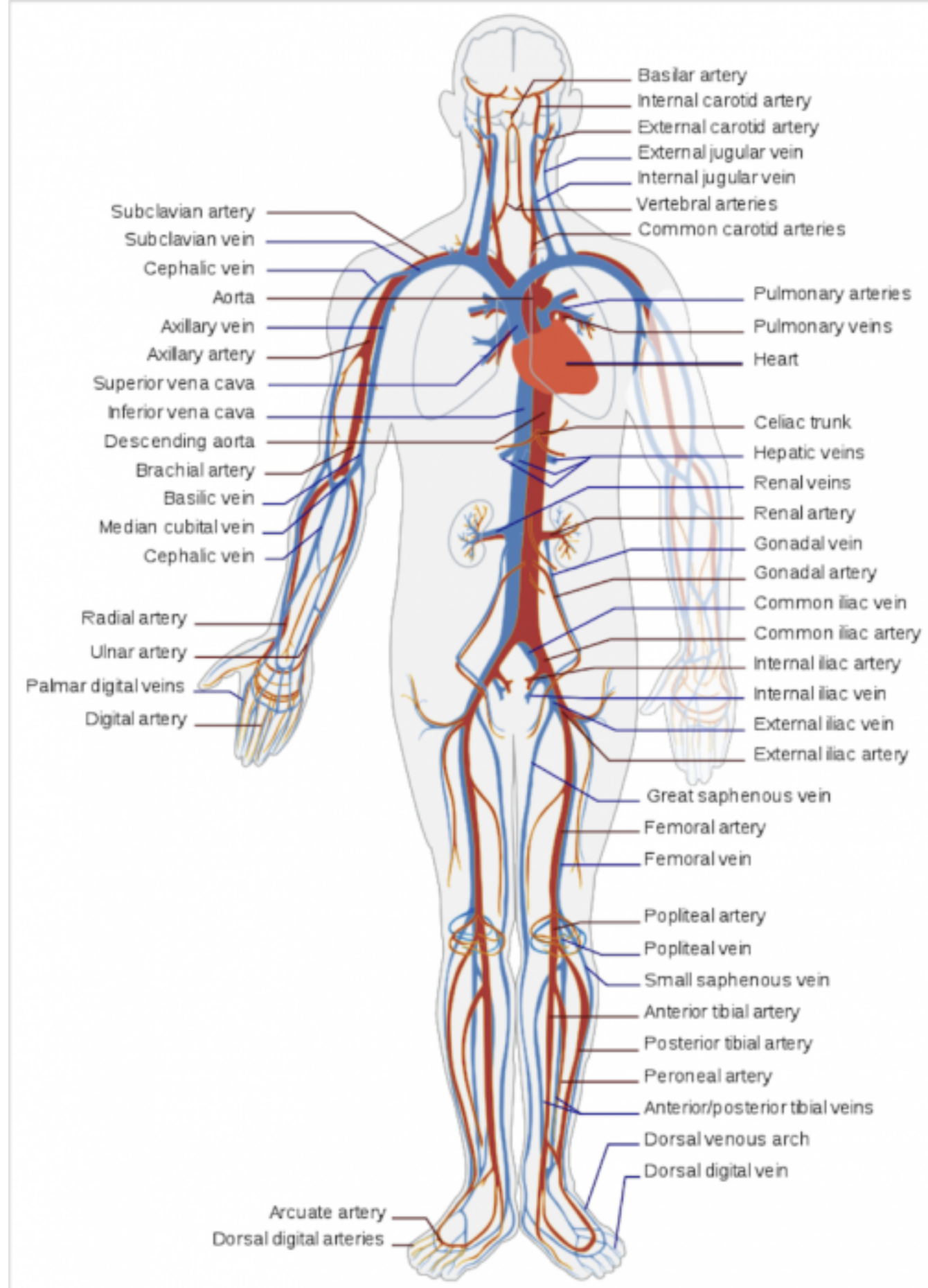
It doesn't require a scientist to make the connection between the vaccine ingredients and side effects. Common sense says that if you inject poisons, viruses, and diseases into the body, bad things happen. Take autism for example. The heavy metals in vaccines cause brain damage. Autism is a form of brain damage. The package inserts of the DTaP and MMR vaccines list autism as an adverse reaction. The courts have ruled, through rewarding money, that vaccines cause autism (Hannah Poling case as one example).

Saying vaccines don't cause autism is akin to saying cigarettes don't cause lung cancer.

Vaccines cause autism.

Vaccines Cause Diseases in All Body Parts

Vaccines cause diseases from toe-to-head because of the toxic ingredients that are injected indirectly into the bloodstream. Vaccine ingredients are not injected directly into the bloodstream—they are injected indirectly into the bloodstream.



The vaccine ingredients are injected into the muscles (intramuscular injection/intramuscularly). Then the ingredients are absorbed into the bloodstream. Through the muscular system and bloodstream (circulatory system), the toxins in vaccines reach every part of the body.

The bloodstream is part of the circulatory system. When vaccine ingredients

are injected into the muscles and absorbed into the bloodstream, the toxins are capable of reaching every part of the body through the muscular and circulatory systems.

–Through the bloodstream (part of the circulatory system), the toxins can pollute the blood cells (blood poisoning), causing cancer and autoimmune diseases.

–Through the muscular system, the toxins can cause paralysis (Guillain-Barré syndrome, GBS) and other muscular abnormalities.

–Through the bloodstream, the toxins can travel to the brain and cross the blood-brain-barrier, causing brain damage.

These are the mechanisms in which vaccines cause various diseases throughout the body. Vaccine ingredients have constantly changed since 1796. The only constant is the theory of vaccination: inject poisons, viruses, and diseases into the body to prevent disease. Basically, to prevent diseases, you inject diseases into the body.

As bizarre and unbelievable as it sounds, the theory of vaccination is to inject poisons, viruses, diseases into the body in order to prevent disease. How can something that causes a long list of diseases be used to prevent disease? Something intended to prevent disease shouldn't cause more diseases than it's supposed to prevent. It defies common sense and logic.

The Vitamin K Shot Is a Vaccine

The Vitamin K shot is a vaccine and not a vitamin. It contains aluminum and polysorbate 80. It is one of the most dangerous vaccines available and only a few that comes with a Black Box Warning, meaning that it can cause death. Also, babies are deficient in vitamin K for a reason. When a baby is born, its blood is thin to facilitate the transfer of nutrients and stem cells from the umbilical cord (connected to the mother's placenta). The baby starts

producing its own vitamin K in the 7-8th day. It's one reason to avoid the vitamin K vaccine. It's also a reason for delayed cord clamping.

"At the moment a baby's born, 1/3 of their blood is still outside their body. If you delay cord clamping 90 seconds, they get 60% more blood cells. They get enough iron to last them through their first year. They get white blood cells to fight infection. They get antibodies. They get stem cells to help repair their body." —Dr. Alan Greene, MD

DID YOU KNOW?

THE **VITAMIN K** SHOT IS SO DANGEROUS, IT
HAS THE HIGHEST LEVEL OF FDA WARNING...
THE INFAMOUS "BLACK BOX"

INJECTION

AquaMEPHYTON®

(PHYTONADIONE)

Aqueous Colloidal Solution of Vitamin K₁

WARNING - INTRAVENOUS AND INTRAMUSCULAR USE

Severe reactions, including fatalities, have occurred during and immediately after INTRAVENOUS injection of AquaMEPHYTON® (Phytonadione), even when precautions have been taken to dilute the AquaMEPHYTON and to avoid rapid infusion. Severe reactions, including fatalities, have also been reported following INTRAMUSCULAR administration. Typically these severe reactions have resembled hypersensitivity or anaphylaxis, including shock and cardiac and/or respiratory arrest. Some patients have exhibited these severe reactions on receiving AquaMEPHYTON for the first time. Therefore the INTRAVENOUS and INTRAMUSCULAR routes should be restricted to those situations where the subcutaneous route is not feasible and the serious risk involved is considered justified.

VITAMIN K₁ Inje
Phytonadione Injectable Emulsi

1 mg/0.5 mL

Neonatal Concentration

Protect from light. Keep ampuls in tray until
For I.M., S.C., or I.V. (with caution).

Each mL contains phytonadione 2 mg; polyoxyethylated fatty acid derivative 70 mg; dextrose, hydrous 37.5 mg; benzyl alcohol 9 mg added as preservative. May contain hydrochloric acid for pH adjustment. pH 6.3 (5.0 to 7.0). Usual dosage: See insert. Store at 20 to 25°C (68 to 77°F). [See USP Controlled Room Temperature.]

Manufactured by Hospira, Inc., Lake Forest, IL 60045 USA

N+ and NOVAPLUS are registered trademarks of Novation, LLC.



**Vitamin K shot contains
aluminum and
polysorbate 80 (opens
blood brain barrier)**

The vitamin K vaccine contains **SYNTHETIC** vitamin K. Synthetic vitamin K's molecular structure is different than natural vitamin K. For example, processed sugar (monosaccharide) is unhealthy, whereas natural sugars (polysaccharides) in fruits and vegetables are healthy. Synthetic vitamins are isolated and created in labs. Synthetic (manmade) vitamins are biologically different than their natural counterparts. So why don't drug companies use natural

vitamin K? Because there's no money in it for them.

Also, antibiotic eye drops for infants afterbirth are useless and dangerous. They should never be used. If you're an expected parent, you must research afterbirth medical procedures. Nearly every single afterbirth medical procedure is unnecessary and useless, intended to enrich the drug companies and hospitals. Many of them put your infant in harm's way, creating repeat business for the hospitals and drug companies.

Despite what you've heard about vaccines, online or in the mainstream media, when you drill down to the facts and data, the truth is hard to digest.

1) There has never been a standardized study showing vaccines are safe. Vaccines are not safe (they are dangerous).

2) There is never been a standardized study showing vaccines are effective. Vaccines are not effective (they don't work).

3) You cannot directly sue the drug companies (vaccine makers) if you or your children are injured or killed by vaccines. In the US, you must make claim in a special administrative vaccine court. The reward is capped at \$250,000. Claims can take 8 years. About 66% of the claims are rejected due to budget constraints. About \$0.75 of every vaccine sold goes into a special fund to compensate vaccine victims. As of May 2019, over US\$4.1 billion have been paid out by this special court to victims of vaccine injuries and deaths. Only about 1% of vaccine injuries are reported.

Because the vaccine makers and others who profit from vaccines have legal immunity, they can make false claims or parrot outright lies in their marketing and advertising campaigns. They know they can't be sued, because of a 1986 law passed by the US Congress and signed into law by then-President Ronald Reagan.

Automobile companies can be sued for defective products causing injuries

and deaths. Food companies can be sued for defective products causing injuries and deaths. For example, McDonald's was sued and lost \$640,000 for serving scalding hot coffee (Liebeck v. McDonald's). Every company can be sued for defective products causing injuries and deaths, except the vaccines made by the drug companies. Again, because of the 1986 National Childhood Vaccine Injury Act (NCVIA) that protects the vaccine makers from liability. The courts have established, through monetary compensation, that vaccines cause autism, SIDS (Sudden Infant Death Syndrome), and various types of brain damages.

Note that as of June 2019, there have been several unique circumstances in which the courts have awarded over \$1 million for vaccine injuries and deaths. The highest to date is a \$20 million lifetime reward for a single case—this was a special case because the father (Dr. Jon Poling) of the autistic child (Hannah Poling) was a neurologist and mostly likely proved to the administrative vaccine court the mechanism in which the vaccine ingredients caused autism in his daughter. These special \$1+ million reward cases are the exceptions, not the rule. Because in the U.S. administrative vaccine court, you cannot obtain lawyers and experts to represent you or present your case for you.

Now, the law is very complicated, especially commercial law, and particularly vaccine law because of the 1986 National Childhood Vaccine Injury Act (NCVIA) that protects vaccine makers from PRODUCT liability. In July 2018, a family of a child known only as "O.R." on public record was rewarded \$101 million lifetime for vaccine injuries. The court decided that the MMR (Measles, Mumps, Rubella) vaccine caused O.R. to have "seizures and cardiac arrest left O.R. with a severe brain injury, encephalopathy, cortical vision impairment, truncal hypotonia (low muscle tone), and kidney failure". O.R.'s family was represented by MCT Law attorneys. Similarly, Robert F. Kennedy, Jr., is looking to sue vaccine makers, not for product liability (because vaccine makers have legal immunity from product liability). Mr. Kennedy is looking to sue vaccine makers for FRAUD. For example, Merck scientists have

admitted that they used rabbit blood or rabbit blood mixed with human blood to obtain favorable lab results for Merck's MMR vaccine. Furthermore, the drug companies have exaggerated the effectiveness of their vaccines and fabricated vaccine safety information when they never performed standardized safety and efficacy studies.

It's obvious that vaccines cause injuries and deaths. All you have to do is study the vaccine side effects and look at the people you know: Someone you know is vaccine injured. Since you cannot directly sue the vaccine makers for product liability (injuries and deaths caused by vaccines), attorneys are now finding ways to sue the government organizations that promote and administer vaccines but haven't performed their own safety and efficacy studies. In the US, several cases have been won against the Secretary of Health and Human Services for vaccine injuries and deaths.

So why did the National Childhood Vaccine Injury Act (NCVIA) pass in 1986? At the time, the vaccine makers (drug companies) were facing massive lawsuits for injuries and deaths caused by vaccines. They were facing up to 12,000 lawsuits nationwide and several class action lawsuits at the same time. The vaccine industry was at risk of being bankrupted by the lawsuits. The drug companies got together and wrote the National Childhood Vaccine Injury Act (NCVIA), lobbied and bribed politicians, and the act was eventually passed by the US Congress and signed into law by then-President Ronald Reagan. The name of this act alone (Childhood Vaccine Injury) should tell people that vaccines are dangerous and not safe.

In summary,

The courts have established that vaccines cause autism through the Hannah Poling case (over \$20 million lifetime) rewarded.

The courts have also established that vaccines cause SIDS (Sudden Infant Death Syndrome) through the "BOATMAN & CUPID v. SECRETARY OF HEALTH AND HUMAN SERVICES" case. Over \$1 million was rewarded to

the family.

The courts have established that Merck's Gardasil vaccine causes death, via the Tarsell Family vs. Secretary of Health and Human Services.

Nearly every illness and disease listed on the package inserts as adverse reactions are caused by the vaccines. The vaccine courts have established causation with the vaccine ingredients and adverse reactions. Therefore, "adverse reactions" and "side effects" can be used interchangeably where vaccines are concerned.

There has never been a study that shows vaccines are safe.

There has never been a study that shows vaccines work.

How did the public come to the belief that "vaccines are safe and effective"? Through the drug companies' deceptive marketing and advertising. For example, Nike's marketing slogan is "Just Do It". The drug companies have crafted several marketing slogans for their useless vaccines: Vaccines are safe and effective, vaccine preventable diseases, and vaccines saved millions of lives. They are all lies. The truth is that vaccines are dangerous and useless. Vaccines never saved a single life. Vaccines never prevented a single disease. These statements are all backed by historical data and court documents. Here are several vaccine marketing slogans:

- Vaccines are safe and effective
- The science is settled
- Vaccines saved millions of lives
- Vaccine injuries are 1 in a million
- Vaccine preventable diseases

People who watch the mainstream media parrot these marketing slogans as if they're true without researching the drug companies.

"Anyone who tells you 'vaccines are safe and effective' is lying. The clinical

science does not support that." —Dr. James Meehan, MD, medical journal editor (The Journal of Ocular Immunology and Inflammation), June 2019

No safety study.

No efficacy study.

No mandatory vaccination.

Vaccines according to WOKE NURSES

"As a registered nurse and mother of vaccine injured children, I strongly oppose bill SB-276. I would do anything to go back in time and NEVER allow vaccines to be injected into any of my precious babies. Biggest regret in life!"

—Anita Nicole, RN

(SB-276 is California's mandatory vaccination bill that would remove all exemptions from parents, sponsored by (D) Senator Richard Pan, who purportedly received \$19 million from the drug companies in various forms since 2011.)

"As a RN, I oppose all vaccines." —Cassandra S. Dunn, RN

"I was an active RN and I have always opposed vaccines." —Anne LiConti, former RN

"As a nurse I was pro-vaxx. I respected the rights of those who didn't vaccinate, and grew up with many people who didn't. I became an Ex-vaxxer when my child was vaccine injured." —Amanda Rene'e, RN

"I personally know people who brought their kids in for vaccination, and they brought a different kid home...I have an autistic son...I know a lot about the mumps outbreak at Temple University, and almost everyone was vaccinated...My daughter was vaccinated and still got the mumps...My two sons were vaccinated for the mumps, they even got booster shots, and they still got the mumps." —Kami A. Schaal, RN, over 20 years

"The medical community is supposed to warn you on the side effects prior to medications and vaccinations. They don't. They lie. Period. I was trained as an RN. I was never told or trained in vaccines. Just to give them and taunt those who fall behind the vaccine schedule." —Dawn B. Ingold, RN

"As an RN for 4 decades I have warned people repeatedly NOT to trust in medication, but do research on whatever your doctor prescribes BEFORE you take it. Ask a Pharmacist, look it up and read about it. Ask others if they've taken it. Due diligence is important when it's your body or your child's body!" —Sandy Monahan, RN

"I have an associates degree in nursing and I will tell you we did not get vaccine inserts to read. We were taught how to give injections, which injections needed to be subcutaneous, intramuscular and so on. They taught us how to do it, the schedule, and that's it. I had a great law and ethics teacher, though, and that's where I began my own research. I did a paper on the HPV vaccine and after that paper I was very skeptical. Now I know, it is not skepticism. Sadly the medical field is lacking in the real information about vaccines. No disrespect taken. Look at it this way, doctors are taught to "Do No Harm". If they knew the truth, they wouldn't be doing vaccines. Vaccine ingredients weren't taught to us and the only side effect they taught us was how to deal with anaphylactic shock." —Daria Lyn, Associate Nursing Degree

"As a nurse, I never thought vaccines can kill. Until my son was a victim...I wish I knew then all the knowledge I have gained now about vaccines, and my kids would never be at the pediatrician. In my honest opinion, my pediatrician only saw 'well visit' children because she knew she would be compensated bonuses from the insurance companies for vaccinating her patients. I'm outraged. I can't go back, although I wish I could. I pray my Nicholas knows I would never do anything to hurt him, that I loved him with every ounce of my soul; that all we ever wanted were happy, healthy, strong and beautiful children, which God blessed me with, and our traditional

medical system took away. Madeline and my new baby will never be vaccinated. They will never see a pediatrician and they will be the healthiest children around. Loving you Nicholas and hoping you forgive me for something I knew nothing about." —Marjorie Madison-Catone, RN, whose son Nicholas Catone passed away after the DTaP vaccine

"We were taught the CDC (Centers for Disease Control and Prevention, a private corporation that markets and sells vaccines) schedule. They didn't go in-depth about any vaccine. We didn't go over ingredients, side effects, or anything. We were told vaccines were safe, they didn't cause autism, and they were required for school. It was literally about a 5-10 minute conversation." —Carrie Baugher, RN

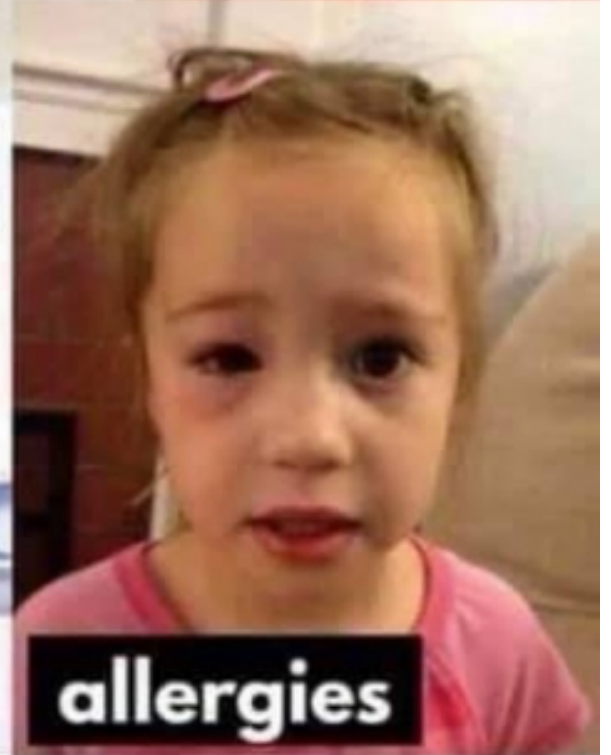
"The DTaP vaccine ended my nursing career. It's a potent vaccine. If vaccines were safe, they wouldn't have to force them on healthcare workers. Stay away from vaccines." —Frances Ruzicka, RN

"I've been a hospital nurse for 25 years. I got out of floor nursing because of vaccines. I was the charge nurse of 66 telemetry patients, 12 nurses, 3 halls, and I have over 400 stories. I'm not exaggerating about vaccine reactions. I've watched seizures, death, anaphylactic shock, abortions, patients collapsing to the floor because their legs won't work, and flaccid arms. Brilliant nurses in the profession for 20+ years are changing their views on vaccines. To be blunt, vaccines are toxic chemical cocktails. You want to debate me? I have 20 years of research behind me, I've been to court, and I've lived on the battlefield." —Gayle Gregg, RN

"As a medical professional, I was never trained in the side effects of vaccines. I was only trained on: This is what you give, this is when, and this is why. I NEVER KNEW. Only when I saw reactions did I start looking myself, and reading the vaccine inserts. I had no idea vaccines had mercury, aluminum, and formaldehyde. I didn't know that. I just thought these are good; these are good for you, because that's what I was told. And it was a sad day when I realized that everything I was doing that I thought was helping parents, I was

actually hurting them. And that's why I left nursing. I could no longer be responsible for hurting patients." —Gaelyn Goldsworthy, former pediatric nurse for 10 years

My kid is vaccinated and fine...



Below is a similar story from a medical doctor.

Don't Be Me

Dr. Mark Sibley, MD

I was wrong. I hurt my patients by forcing vaccines on them. I am so sorry.

I am an M.D.

My wife was an R.N.

My mother and sister were RNs

My 2 brothers were M.Ds

We believed our pediatrician who bullied us to get our son vaccinated. My 2 year-old son was injured by his 4 vaccines that contained mercury and neurotoxic aluminum that day. I was an eyewitness to that as his parent.

My baby brother died from paralysis (Guillain-Barre Syndrome, GBS) after his flu shot.

My mother was an R.N. who was the Head Nurse and ran the largest ER in our medical center. They had her take 8-9 vaccines to "catch-up" with the "updated" CDC schedule to keep her job. She got severe "brain fog" within days, then lost her ability to dial her phone or push the elevator buttons, or start her car. She went into diapers and then hospitalized and died a terrible, tragic death drooling and unable to walk, talk, eat or recognized any of her family.

None of the specialists and consultants could tell her or us what "just happened" but the told us it was "NOT" from those vaccines. It was called the "worst case of aggressive dementia of unknown cause the doctors had ever seen".

Folks, what killed our mother just weeks after her vaccines was all from her fatal doses of neurotoxic aluminum and mercury from those vaccines. She left behind her husband, 5 children, 4 grandchildren, and now 7 great grandchildren.

I have started a FB site called "Vaccine Support Group" in their name.

Before You Vaccinate, Ask Yourself These

Questions

Most people are clueless on vaccination. Don't be a sheep and be curious. Before you vaccinate, ask yourself these questions.

- 1) What diseases am I vaccinating for? Do I know what causes those diseases?
- 2) Who makes the vaccines? What's their track record as a company?
- 3) What are the ingredients and side effects of the vaccines?
- 4) What are the injury and mortality (death) rates of those vaccines? (The injury rate is significantly higher than "1 in a million" the drug companies claim. Even the death rate is significantly higher.)
- 5) What are the incident and death statistics of the unvaccinated versus the vaccinated for the diseases I am vaccinating for? That is, is it safer to vaccinate or not? (Not what your doctor, pediatrician, or the media says, but what the data says.)
- 6) Have I read a book on vaccination presenting the other side of vaccination? Or did I get my information from the mainstream media, my doctor and pediatrician?
- 7) Have I talked to parents of vaccine injured children? (Parents of vaccine injured children are the most reliable source of information.)
- 8) Do I know why the media, doctors, public figures, and pediatricians are pushing vaccines?
- 9) Do I know what mandatory vaccination is and what exemptions are?
- 10) If I or my child becomes injured or killed by the vaccines, who is legally responsible? Can I sue anyone for damages?

If you can answer all the questions above, you don't need to read the rest of

the article. You are woke and no longer a sheep. If you can't answer the questions above, then you'll be intimidated or influenced by the small army of big pharma trolls. You'll need to know how to respond to their fear, shame, and blame games.

NOTE: "Side effects" and "adverse reactions" practically mean the same thing in the vaccine world: unintended / unwanted events as the result of using vaccines that are reported. Normally, "side effect" means a causation has been established (eg, cigarettes cause lung cancer); while "adverse reactions" mean reported events without a causal relationship.

However, the US courts have established, through over \$4.1 billion of compensation to vaccine injured children, that the "adverse reactions" listed on the vaccine inserts matched those found by the courts. Thus, the compensations by the courts. In other words, there is causation between the listed adverse reactions and vaccines. That's the reason the vaccine courts compensated those vaccine injured children. The courts have established that adverse reactions ARE side effects with vaccines.

"Scamming young parents into believing that injecting heavy metals, animal DNA, human DNA, and aborted fetal cells into their little children will keep them healthy is the biggest crime against humanity." —Dr. Sherri J. Tenpenny, DO, AOBNMM, ABIHM

I will no longer vaccinate my children

Dr. Jim Meehan, MD

I will no longer vaccinate my children:

...because I am a well trained medical doctor and former medical journal editor that has studied the vaccine research and analyzed both sides of the evidence.

...because I know how to read the medical literature, recognize bias and

discern characteristics of good and fraudulent research.

...because I know that too much of the science supporting vaccines is fraudulent drivel bought and paid for by the vaccine manufacturers themselves.

...because I understand the risks of vaccination as well as the benefits of my children and grandchildren encountering and overcoming the wild type diseases naturally.

...because I know that diseases like mumps, measles, and chickenpox aren't dangerous and untreatable diseases that justify the risk of injecting toxic ingredients into the tissues of my children.

...because I have seen the evidence of neurotoxicity from ingredients like aluminum, polysorbate 80, human DNA and cellular residues from the human cells lines upon which many of the live viruses are grown.

...because I've seen vaccine manufacturers like Merck promote what they knew was bad medicine for profit, kill 60,000 patients with Vioxx, and I have no reason to believe that they wouldn't do the same thing with vaccines, especially when you consider they can't be sued when their vaccines maim or kill children.

...because I believe the vaccine industry has thoroughly corrupted the science and safety of vaccines.

...because I recognize the aggressive and unreasonable tactics of a multi-billion dollar pharmaceutical industry desperately working to maintain the illusion of vaccine safety, keep consumers consuming, grow their markets, and increase their profits.

...because I have met so many families whose children were stolen from them by the battery of vaccines administered at pediatric vaccine visits.

...because I believe the U.S. vaccination program has become a progressively dangerous assault on the health and lives of the children of America.

...because I am awake and aware, I will not vaccinate, nor will I remain silent as the pharmaceutical and medical industries pretend that vaccines are safe and effective."



Val Engen
7 mins · 🌐

They are called Well Baby Visits because if they were called Poison Baby Visits, you wouldn't go & they couldn't Bill the system & they'd lose money.

- ✅ DNA-damaging Ultrasounds
- ✅ Black box toxic Vitamin K shot
- ✅ Glyphosate-laden formula
- ✅ 72 toxic vaccines
- ✅ Male genital mutilation

Doc even wrote my baby a prescription for... get this: ✅ fluoride drops 🤢

DOCS can't make MONEY on HEALTHY PEOPLE

HE'S PERFECTLY HEALTHY DOCTOR



I AGREE. SO LET'S VACCINATE HIM AND GET HIM STARTED ON A LIFETIME OF MEDICAL TREATMENTS

Chris Kirckof
11 hrs

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The fact that we're poisoning our children daily is a big problem. The fact that we're conditioned to believe poison is healthy or benign for children is yet an...
[See More](#)

The medical industry (drug companies, doctors, hospitals, medical device companies) make money from sick people. If it makes people healthy, how does it make money? Getting people sick is a trillion dollar business.

I learned nothing about vaccines in nursing school

Lauren Novelli, RN

I am a Registered Nurse. I attended a top 10 university, where I received my Bachelor of Science, Nursing. With that being said, I learned nothing about vaccines in nursing school, merely the CDC schedule and administration guidelines. Furthermore, our program and I know many others, hype students up about giving vaccines. Specifically, their first flu clinic, which is held during their clinical rotation, where they get “good practice” giving people injections with the flu vaccine; they are told they are simultaneously and heroically saving lives.

By law, many hospitals and doctors offices are now using EMRS (Electronic Medical Recording Systems). Also by law, nurses are allowed to give vaccines with a standing doctors PRN (pro pre nata, as needed) order. Simply put, if you aren't up to date and “need” or want a vaccine, it's done with the click of a button by a nurse. The vaccine is then en route to the unit, in which the nurse will be prompted by the EMRS (Emergency Medical Retrieval Service) to give the vaccine until it's documented as given!

Example: When patients come into the ED (Emergency Department), they are greeted by a healthcare tech and then a registered nurse, who is prompted to ask a series of system lead questions (EMRS), one question of the first series asked is, “Have you had a flu shot and or are you up to date on your vaccines?”

Note: Often times, ED nurses are too busy to administer vaccines and wait for

the vials to come to the department from pharmacy, therefore this buck gets passed to the units.

When a patient is moved from the ED to the appropriate observational or overnight unit ie: Telemetry, Stepdown, any ICUs (Intensive Care Units), they are once again greeted by a nurse and sometimes a nurse's aid. As soon as the patient is assessed and set up, the nurse begins his/her admission, admitting the patient into the hospital. The priority questions in this admission are have you had a flu shot, if you click no you have to jump through hoops for the system to accept the answer, as no and I don't want one. Should you click no and follow the prompts to vaccinate, a vial is sent up automatically from the Pharmacy department, recognized by the click of an answer in an EMR system, to the unit, to be administered by the nurse to patient. On my unit specifically, the system also asked if the patient has had a pneumonia vaccine within the past 5 years, if they are 55 or older. Should you not answer this admission question within 24 hours of admissions, you will get a warning, written up or could potentially be fired. Nursing administrators and staff do not like incomplete admissions.

What's wrong here? Well, for starters, vaccines harm. There is no health or miracle in a vaccine. Second, these patients are coming to the unit because they are very very sick! The last thing their body needs while their immune system is compromised is heavy metals, carcinogens, toxins, foreign DNA and viruses! Another major issue is that there is no accountability for the damage or death caused by vaccines on admission as the very grounds that the patient was admitted on as well as risks from vaccines become blurred and lost, never to be documented. Lastly, this system doesn't take into account a patient's health history and comorbidities such as cancer and just how detrimental it is to vaccinate a cancer patient. This is the death-care system in a nutshell...

Every year is like groundhogs day. It's "flu season" and not long ago nurses and hospital employees were forced to take the needle or face losing their jobs. Also, every year, nursing and medical professionals alike start the same

banterers:

“I don’t want that toxic mix.”

“It doesn’t work.”

“I get sick EVERY. SINGLE. TIME. I take the flu shot.”

“I get the flu EVERY. SINGLE. TIME. I get this shot.”

“I feel like death after getting the flu vaccine for weeks or months.”

“I never felt the same after receiving that flu shot last year.”

Nurses spout the same phrases every year and subsequently get the flu every single year. You can hear doctors banter back and forth in the nurses station, “Like hell I’ll be receiving that garbage.” The doctors are FLAT OUT REFUSING to take this vaccine as they know it’s a crock of lies.

Each staff member, nurses, nursing assistants, transportation, house-keeping you name it, should they follow orders, gets rewarded with a sticker on their ID badge that says “Flu vaccine insert____ year” and well, the few who buck the system and refuse this hoax, they are forced to wear a mask their entire shift for the entire length of the flu season. That can be upwards of 12 + hours.

Some nurses and personnel run out to Walgreens and get their toxins. Other healthcare workers wait for nursing education to roll up with their medication cart loaded with flu vaccines and line up, like herd, as the educators inject the staff members one by one. You can hear the same remarks being made before and after as stated above. **Sadly, in the weeks to follow, the staff begin dropping like flies. They each begin to catch the flu followed by repeated colds and mystery illnesses for months to follow.** The perplexing part of it all, is that this magical injection is supposed to prevent the flu, protecting patients...yet it leads to the flu every single time...and guess what? These employees don’t call out because they often can’t or they’ll get written up, they come to work, with the flu, WITHOUT a mask, care for patients— all because the magical sticker they wear. It’s all ironic, isn’t it?...

We have it all wrong, backwards, immoral, unethical, many are blinded, ignorant, uneducated and have inferiority complexes. You are your first line of defense, learn the risk, be bold, be brave. Your body, your choice, make informed decisions. Neither your doctor nor your nurse can do that for you, as evidenced above, they know nothing about vaccines, they learn nothing about vaccines, they are praised and paid for vaccines.

You can have more degrees than a thermometer and still be blind and ignorant

Dr. Kayci Cleveland, DC

I graduated from chiropractic school a little more than one year ago and in that time, I've come to learn that the title "doctor" means nothing. You can have more degrees than a thermometer and still be blind and ignorant.

EDUCATED people don't cut off the foreskin from a penis without medical reason.

EDUCATED people don't push pharmaceutical, mind and hormone-altering drugs on infants and children.

EDUCATED people don't inject mutagenic, carcinogenic neurotoxins into tiny, organic bodies and expect favorable outcomes.

Look at where we, as a society, are. Our children are the sickest they have ever been in history. We have more pregnant women and children deaths than any other developed country on the planet. In fact, medical error is now the third leading cause of unnatural passing in the US. If our country was as thriving as those "calling the shots" want you to think, then our birth rate wouldn't be the lowest it has been in 30 years. The US fertility rate continues to drop and no one questions the role v-a-c-c-i-n-e-s play in that despite the fact the insert - literally- states "has not been evaluated for the impairment of fertility."

So I'm here to say that I AM A DOCTOR. I value the human form and respect

it's ability to self-regulate and self-heal. I don't believe health is dependent on the absence of symptomology, but rather, on the presence of a fully-functioning mind and body free from dis-ease. I am a true health and wellness supporter and advocate of medical sovereignty. I stand with MOTHERS who battle for their children. I am a DOCTOR. I've learned THAT much in one year!

It took multiple vaccine injuries to learn

@samantha.naturally, medical professional

I have been in the medical field 30+ years. I went to Nursing School, earned excellent grades, passed the NCLEX (National Council Licensure Examination) in 45 minutes and then went into surgical-orthopedic nursing 16 years ago. I was very, very pro-vaxx despite learning zero about the reality of vaccines.

At age 25, the DTaP (Diphtheria, Pertussis, Tetanus) vaccine nearly killed me. Did I learn? Nope.

At 27, I became a mother and my eldest had every "normal" vaccine reaction. Did I learn? Nope.

I trusted. Received 2 sets (4 shots) of the MMR (Measles, Mumps, Rubella) vaccine. I was (am) Rubella non-immune. Did I learn? Nope.

Eldest received kindergarten shots and becomes a child of darkness in 12 hours. HELLO! Wake Up Call!

YET, second child born and was told the eldest was a fluke...Second child begins seizing within 90 minutes, develops "colic", severe eczema and life threatening asthma.

Yep, vaccines are sure safe and effective! (heavy sarcasm)

NOW, we have had 3 more children, unvaccinated, perfectly healthy, rarely sick with immune systems that could take out the plague. They have zero issue! Our two oldest children STILL struggle.

There is no safe vaccine, there is no effective vaccine

Cassandra Dunn, RN

(To UFC MMA fighter Nick Catone, whose son, Nicholas Catone, died after receiving the DTaP vaccine)

I've been a nurse for 23 years, former Federal Medical Investigator and have looked into vaccines for over 4 years. There is no safe vaccine, there is no effective vaccine; they are most made in China with little to no oversight and no liability. All vaccines are contaminated (glass, or lead, Nagalase Enzyme, HCG, mycoplasmas, amoebas, Glyphosate, spirochetes, cancer virus, etc.)... I've spent hours a day volunteering for years educating others about the risks of vaccines to prevent injury, suffering, and even deaths.

The CDC is corrupt and there are 13 scientists voicing their concerns regarding the unethical manner in which the CDC is being run. What is going on is nothing short of horrific. Profiting off the suffering and deaths of our children. I cannot imagine the suffering you are going through... it's beyond words. Please, continue to share your story so that others can learn about how toxic vaccines are. I am so damn sorry. I'm at a loss for words to console.

It is because of the science that I choose not to vaccinate myself or my children anymore

Dr. Katie Beth, PhD, research scientist

I LOVE science! And it is because of the science that I choose not to vaccinate myself or my children anymore. Here's my story:

A few years ago I was in grad school and about to become a mom through adoption. I kept hearing parents talk about the damage vaccines were doing to their kids, and I wanted to understand it. So I turned to the science.

Being at a university at the time, I had access to all the medical journals the scientific papers are published in. So I started pulling up the original research on some of the vaccines, and I quickly started to see that the message being put out to the public did not match the data in the scientific literature.

Let's just say that after several years of nearly daily research into the vaccine issue I now understand vaccines to be much more harmful than helpful and my kids have not received a single vaccine since I adopted them.

Some of the things I learned were:

- the total inadequacy of the "safety" studies, as there are virtually no safety studies that use a true placebo and follow up is sometimes as short as 5 days, and never more than 30 days.
- there is a whistleblower within the CDC, William Thompson, who says his group committed fraud on the MMR-autism study to cover up the statistically significant relationship they found between MMR vaccine receipt and autism.
- the immune system has both a Th1 (cellular immunity) arm and a Th2 (humoral immunity) arm. True immunity is cellular immunity. Vaccines only stimulate the Th2/humoral arm of the immune system, doing nothing to promote cellular immunity.
- vaccines are not studied for their ability to cause cancer, mutate DNA, or cause infertility, despite the fact that some of the ingredients in vaccines are well known to cause cancer, mutate DNA, and cause infertility.
- certain vaccine ingredients, like aluminum and mercury, are known neurotoxins and are injected into children at levels well above what is known to cause harm.

Truly, as much as the media likes to repeat the refrain "vaccines are safe and effective" and "the science is settled," those are marketing slogans and not statements of scientific fact. Most people never look at the science for themselves, but those of us that do are appalled at what we discover.

I wish everyone luck on their quest for truth. Our children's health depends on it.

Once you wake up, you can never go back to sleep

Staci Joy, Board Certified holistic licensed public health nurse

I used to vaccinate people. I blindly trusted the habitual narrative that "vaccines are safe and effective and save lives". I trusted my Pediatrician and vaccinated my babies...all until my son was significantly injured by his MMR at 12 months.

The truth is that sanitation, plumbing, medicine and hygiene knocked the mortality rate of communicable infections down to nearly ZERO in the early 1900's. This was the time that eugenics (depopulation strategies among the elite circles) became popular and the Rockefellers began funding vaccines. We simply are no longer dying from diseases and infections that have a vaccine. This is a myth.

What we are seeing now is hundreds of thousands of vaccine-injured, autistic and dead babies who are creating hundreds of thousands of ex-vaxx parents who are WAKING UP after they open their minds and actually look at the vaccine pseudoscience, NOT the narrative. They are learning the ACTUAL CDC statistics, and not the narrative. They are reading vaccine inserts and seeing that mercury, aluminum, polysorbate 80, fetal DNA, bovine calf serum, monkey kidney DNA, hydrolyzed gelatin, neomycin, embryonic Guinea pig cell cultures are being injected into their babies and school kids.

This is the process that everyone has bought into...pHARMA pays billions to media networks to control the narrative. pHARMA pays billions to legislators to get them elected and pass laws. pHARMA and insurance companies pay doctors to vaxx their patients, making the Pediatricians a stable sales arm within their vaccine market.

Science is non-existent. Before 1986, pHARMA conducted tobacco science. This means that they would inject a group of kids with HIB and inject the control group with another vaccine or an adjuvant like aluminium. They are supposed to be giving an inert control agent like saline, but they never will. These two groups obviously create two bad outcomes that appear to be statistically insignificant so they get passed through FDA channels. In 1986, Reagan made pHARMA and doctors immune from liability and all junk science completely ceased. Bobby Kennedy, Jr. won a recent law suit against HHS proving that ZERO studies have been done or submitted to HHS by pHARMA in 34 years!! Since 1986, the recommended vaxx schedule has gone from 10 shots to 70 by 18 years old.

These parents are now discovering that vaccines don't work. Straight from the CDC stats, 95% of CA pediatric pertussis cases in 2017 were vaccinated. In 2017, half of CA measles cases were in vaccinated adults. In 2015, 85% of CA mumps cases were vaccinated. They are learning that vaccines are clearly ineffective. There is a navy ship of military (the most vaccinated group of all) that is stuck at sea because the entire ship has mumps and cannot come to shore. Why is the vaccine failing? Because they don't work!

Why are we so afraid of measles? There hasn't been a measles death in the US since 2015. It was an adult with other medical conditions. Measles is a contagious benign childhood infection, a 4 day fever and rash treated with Vitamin A, rest and fluids. Measles infections provide lifelong immunity, NOT fake false immunity that the MMR claims to give. MMR is giving kids measles. Measles was never eradicated and never will be. Polio was never eradicated and never will be, only renamed as Guillain Barre syndrome,

transverse myelitis, and acute flaccid paralysis.

I urge everyone to find a buddy, someone who is woke. Find somebody who has the facts and latch on to them and learn from them. The information is so vast and so big that it seems overwhelming at first. Once you wake up, you can never go back to sleep.



SCURVY

In the 1600 and 1700s, scurvy was a deadly disease that killed about 50% of sailors on long distance voyages. The scurvy death rate was significantly higher than the measles death rate of the 21st century.

A Scottish doctor, James Lind, discovered that scurvy was caused by a vitamin C deficiency. To prevent and cure scurvy, all you had to do was eat fruits rich in vitamin C (oranges, lemons, limes, etc.).

There was never a vaccine for scurvy.
There was never a drug for scurvy.
Scurvy was eradicated with nutrition.



Before 1963, measles was classified as a BENIGN ILLNESS with an extremely low death rate.

MEASLES

The measles death rate had declined by 98% in 1962. Measles was nearly eradicated with nutrition.

Then in 1963, the measles vaccine was introduced and the measles was reclassified as a DEADLY DISEASE.

The measles was chosen by the drug companies as the poster child of "vaccine preventable diseases" because of its grotesque markings, which made it scary and easy to sell the vaccine.

The measles is caused by a vitamin A deficiency (carrots, spinach, squash, lettuce, etc.)



Addelyn's Story and Why I Post About Vaccine Safety

Laura Minard, RN, BSN, NC-BC

I have had people ask me lately about how I knew that my daughters neurological episode lasting two weeks was caused by vaccines?

In my ER visit her neuro exam was normal, she would only start falling to the side when her fever would return. She had daily low grade fevers for 21 days before the brain swelling was enough to affect one side of her body.

My intuition knew that there was something wrong with her but a 100.8 degree fever on a well acting 20 month old isn't anything to worry about.

It was the "spacy" look in her eyes, the slower walking, and the microscopic changes in her neurological behaviors that sent this nurses hairs up in the back of my neck.

As an ICU nurse I was trained to watch the neurological status of my critical patients so closely that I could predict when they were going to stop breathing. My intuition and developed visual assessment skill was now being used at home watching my daughter.

It wasn't until I had heard about vaccine injury and googled it that I realized her fevers had started the day of injection. I looked back on my phone at pictures and videos of her before and after the shot and saw a difference.

As I researched further I became aware of the growing body of research focused on aluminum adjuvants in vaccines being bio persistent. When the aluminum is injected, white blood cells rush to the injection site causing redness and inflammation. Then the macrophage cells eat up the nanoparticles of aluminum and they travel around the body. In some kids, they seem to end up in the brain causing encephalopathy or brain swelling.

Why does it harm some kids and others are fine?

Part of the reason her body doesn't get rid of heavy metals efficiently is because she has a genetic mutation in the MTHFR snp which impairs her bodies ability to methylate.

Injecting aluminum causes damage. Every time.

Having an MTHFR mutation makes this risk higher.

When I asked my pediatrician at Kaiser about my hypothesis he said that we eat aluminum all the time and that injected aluminum is the same as consuming aluminum orally. In nursing school we learn about the importance of the route in a medication. The body has the ability to protect us against poison that is ingested orally. Injected medication goes directly into the muscle where there is no digestive process to brake the substance down. I couldn't believe I was arguing with a pediatrician that didn't think that the route of aluminum consumption mattered. That is when I found a new Pediatrician who was up to date on the science, and with my genetics, family history, and my daughter's reaction we became medically exempt from any more vaccines because the risk of reaction is way higher than the risk of any childhood infections.

Every vaccine causes damage but it can be imperceptible until it lodges in the body.

Why doesn't the FDA keep track of how much aluminum is in our vaccine program? If 25 mcg is considered safe..how come the HIB that injured my daughter has 225 mcg?

This is the area of vaccine science that "vaccine hesitant" parents are aware of.

They say without an autopsy I can't know for sure about the aluminum. So I looked at the study done by Christopher Exley and what he found in the

brains of autistic patients was the highest level of aluminum deposited into the brain.

What I didn't know then is that after this study gained attention, and implied that the aluminum content in vaccines may be linked to autism and vaccine injury is that this scientist would be vilified and discredited.

He wasn't vilified because his study was faulty or inaccurate. He was targeted because he had created science that could prove the mechanism of injury from vaccines

As there is a big push in the media to create hysteria about the measles, slowly the unvaccinated begin to lose their rights. The story of vaccine injury will never make the news because the media is 70% owned by pharmaceutical advertising dollars.

So some of you would only get this side of the story from Facebook, because they are pulling the books, videos, and proof about vaccine risk off of Netflix, Amazon, Pinterest etc.

When the censoring began earlier this year I felt called to speak up. I speak up because I want to keep kids safe.

I love science, and I love my kids...I actually love all kids which is why I don't stay silent.

The Science Is Settled: Vaccine's Don't Work and Cause Diseases

"The vaccine science isn't settled, it's corrupt." —Dr. James Meehan, MD

"I have over 13 000 children in my pediatric practice and I have to say, as unpopular as this observation might be, my unvaccinated children are by far the healthiest." —Dr. Paul Thomas, MD, integrative Pediatrics

"I scored in the top 1% and top 5% nationally on United States medical licensing exams, and I never saw a single question about vaccine side effects nor ever heard vaccine side effects mentioned during my medical training except when we were being told to give them at every opportunity. The formula is: ignorance + coercion = indoctrination." —Dr. Alex Vasquez, DO, DC, ND, FACN

"I'll talk about vaccines. Number one, vaccines make people sick. They don't work. They don't protect. The use of vaccines is totally wrong! It's perfect nonsense based on fear. They are dangerous. One child out of five has overwhelming disabilities from vaccines—neurological problems, seizures. I've got a whole list. There are plenty of books on this subject. Doctors don't even read about this...We are taught by the authorities that vaccines protect us against eventual aggressive viruses and microbes, and, therefore, prevent contagious illnesses and epidemics. This lie has been perpetuated for 150 years despite the ineffectiveness of vaccines in protecting against illnesses." — Dr. Guylaine Lanctot, MD

"You'd think there would be loads of studies showing that vaccinated kids are healthier than non-vaccinated kids. There's not a single study showing that. Not one. There are increasing studies showing the reverse is true. It's the vaccinated kids with autism. It's the vaccinated kids with allergies; with asthma, with neurological problems; with weaker immune systems; with personality disorders; with cancer. Not the non-vaccinated children...Childhood vaccines are giving us a world of chronic illness: autism, developmental disorders, Asperger's Syndrome, brain tumors, leukemia, cancers, information processing disorders, impulsive violence, allergies, asthma, diabetes, Crohn's disease, intestinal disorders, are just some of the vaccine associated disorders." — Dr. Tedd Koren, DC

"The greatest threat to our health today is the medical community, and one of their most dangerous tools is vaccination - particularly the horrific procedure of injecting foreign protein into newborn infants!" —Dr. Daniel H. Duffy, DC

"Vaccination is the most dangerous medical practice in the history of classical medicine." —Dr. Sladjana Velkov, MD

"Antibiotics and vaccines have unleashed autoimmune disorders, allergies, Parkinson's, Depression, and Autism on the populace." —Prof Ruth Ley, April 10 2018, BBC.com

"As physicians, we place our trust in organizations such as the CDC to give us the information we need to keep our patients safe. It changes you when you find that those you thought you could trust could not be trusted...There is a definite link between the MMR vaccine and autism. Children are being damaged and something needs to be done. As an OB/GYN, I strongly encourage you to educate yourself about vaccines before you get vaccinated during pregnancy or vaccinate your children...There is much that I have learned recently that I was not taught in medical school and is not part of my Continuing Medical Education. Don't be afraid to ask questions. Don't settle until you have an answer. Don't presume that physicians know everything there is to know about vaccine safety." —Dr. Kathryn A. Hale, MD, MPH, FACOG, (Awards and Honors received by Dr. Hale: Castle Connolly 'Top Doctor' Award, 2017 & 2018, Alpha Omega Alpha Honor Medical Society, Kaplan Medical Honor Society, Legacy of Excellence, International Honor Medical Society, Dean's List, St. George's University, Sir Henry Tucker Education Grant)

"My greatest fear has been realized unfortunately, and that is we have a whole generation of children who are vaccine damaged. Every day is a huge challenge." —Dr. Toni Bark, MD

"As measles vaccination rates rise in a population, measles becomes a disease of vaccinated persons." —Dr. Gregory A. Poland, MD, 2019

"What people don't know about vaccines, that most doctors don't know, but is well demonstrated in medical literature is that the vaccines shift your immune system to an immune suppression type state called the TH2 shift.

That's what most vaccines do: They shift your immune system to a weaker anti-viral type immune system. If you're injecting people with so many vaccines, you're keeping them in this constant state—that you're switching everybody to this TH2 immune suppression, then everybody in the United States becomes more susceptible to infectious diseases. No one is talking about that. Now, a lot of scientists know that, but they're afraid to speak out because their careers would be ruined." —Dr. Russell Blaylock, retired neurosurgeon, former medical journal editor

"Not only are human fetal contaminated vaccines associated with autistic disorder throughout the world, but also with epidemic childhood leukemia and lymphomas." —Dr. Theresa Deisher, PhD, President of Sound Choice Pharmaceutical Institute (SCPI)

"I used to vaccinate my own children and one of them, my oldest daughter, was severely damaged and that led me to question whether or not what I'd been told by doctors was accurate. I was told time and time again to to back and keep vaccinating her despite the reactions she was having. Eventually the penny dropped and I realized that there was a direct cause between the symptoms that she was experiencing. She went from a completely healthy young child, to someone who she wasn't. The symptoms were intensifying after each vaccine." —Dr. Isaac Golden, PhD (MA), D.Hom, ND, B.Ec

"I explained that in a subset of children, vaccine-induced fever and immune stimulation did cause regressive brain disease with features of autism spectrum disorder." —Dr. Andrew Zimmerman, MD, neurologist

"Vaccination is based on the long-discredited theory that stimulation of antibodies in the human body equals protection from disease. This theory has not only failed to be proved, but has been repeatedly disproved. Stimulation of antibodies does not equal immunity and certainly does not equal permanent immunity. The presence of antibodies is merely a sign of exposure to a disease, which is just one small aspect of what makes up the immune system. Children, with underdeveloped and immature immune systems,

receive today about 25 separate vaccines by the age of 13 months. There is no doubt this irresponsible vaccination disrupts and can even destroy the development of their immune systems forever." —Dr. Majid Katme, MBBCh, DPM

"I'm absolutely sure that no antibody test in medicine has any absolute meaning. Especially in HIV antibody testing, it is clear that the antibodies that are detected in the test are present in everybody. Some people have them in higher concentrations, and some in lower concentrations, but only when you reach a very high level of antibodies—much higher than in any other antibody testing—are you considered to be 'positive.' This is a contradiction in terms because in other antibody tests, the lower your level of antibodies, the higher your risk for a symptomatic infection. But with HIV they say you are 'positive' only when you have reached a very high level of antibodies. Below this level, you are said to be negative." —Dr. Stefan Lanka, virologist, molecular biologist. (The German Supreme Court upheld Dr. Lanka's claim that the measles virus does NOT exist. Dr. Lanka is offering 100 000 Euros to anyone who can prove that the measles virus does exist.)

"Vaccines are highly dangerous, have never been adequately studied or proven to be effective, and have a poor risk/reward ratio." —Dr. Allan Greenberg, MD, Dec. 24, 2002

“Note that live virus inoculations can actually cause recently vaccinated individuals to shed the vaccine virus for uncertain lengths of time. Therefore, the recently vaccinated can be contagious to close contacts. Post-vaccination contagion has been observed following measles, mumps and live polio vaccinations to last for months in some cases. There are no tests to determine which recent vaccinees are shedding live vaccine viruses. Therefore, recently vaccinated persons should actually be considered to be far more likely to be contagious than the asymptomatic, non-infected, non-vaccinated children that are so irrationally feared and often forced to be vaccinated against their wills.” —Dr. Gary G. Kohls, MD

“My suspicion, which is shared by others in my profession, is that the nearly 10,000 SIDS (Sudden Infant Death Syndrome) deaths that occur in the US each year are related to one or more of the vaccines that are routinely given to children. The pertussis (whooping cough) vaccine is the most likely villain, but it could also be one or more of the others.” —Dr. Robert S. Mendelsohn, MD, pediatrician

"All children primed by DTaP vaccines will be more susceptible to pertussis (whooping cough) throughout their lifetimes and there is no easy way to decrease this increased lifetime susceptibility." —Dr. James Cherry, MD, MSc. (Translation: You are more likely to get whooping cough if you vaccinate.)

"Whenever I have a doctor who I talk to who says ‘I alternate the schedule,’ I say, ‘Would you share that, can I use your name?’ and they say ‘I don’t want to lose my job or I don’t want people to know or I’m choosing not to do these vaccines, because I know they’re not effective or I know they’re not necessary but you can’t let anybody know.’ " —Dr. Jennifer Margulis, PhD

“All vaccines are and have been causing ischemic (impaired blood flow) damages—to all—creating a plethora of chronic illnesses, diseases, and in some instances, death. The injury from vaccination is additive; each vaccination furthers injuries...When you impair the brain blood flow by vaccination, you can impair the respiration control center which can result in death. We call it SIDS (Sudden Infant Death Syndrome).” —Dr. Andrew Moulden, BA, MA, MD, PhD

"The chemicals found in vaccines cause autism, period. The only people and organizations that say otherwise are paid to say so. We know the truth and we won't vaccinate our children to death!" —Dr. Alvin H. Moss, MD, Nephrologist, West Virginia University

“We need to stop calling it autism and call it what it is! Vaccine Induced Brain Injury.” —Dr. Brian Hooker, PhD, PE

"Official data have shown that the large scale-vaccinations undertaken in the US have failed to obtain any significant improvement over the diseases against which they were supposed to provide protection." —Dr. Robert Sabin, MD, creator of the oral polio vaccine 2, December 7, 1985 in a lecture to Italian medical doctors in Piacenza

"I got polio from the polio vaccine when I was four years old." —Dr. Kenneth Stoller, MD, FACHM

"They're not the same immunity: natural immunity and vaccine-induced immunity. With vaccines, you will never get lifelong immunity. Therefore, you will never get herd immunity from vaccinations." —Dr. Tom Cowan, MD

"There was an interesting study done in Australia. They had four groups:

1) Breast-fed and unvaccinated.

2) Breast-fed and vaccinated.

2) Bottle-fed and unvaccinated.

3) Bottle-fed and vaccinated.

They looked at respiratory illness. The lowest instance of respiratory illness was in breast-fed and **unvaccinated**. What was interesting was the second lowest: bottle-fed and **unvaccinated**. That was shocking. This said that breast feeding wasn't as important as NOT vaccinating your child." —Dr. Mayer Eisenstein, MD, (Translation: 1. Breast feeding reduces respiratory illness in infants, 2. Vaccines contribute to respiratory illness)

"The public is woefully uninformed on vaccine risks due to government and mainstream media censorship." — Dr. Mark Geier, MD

"Crib death was so infrequent in the pre-vaccination era that it was not even mentioned in the statistics, but it started to climb in the 1950s with the spread of mass vaccination." —Dr. Harris L. Coulter, PhD

"In my medical career I've treated vaccinated and unvaccinated children. The unvaccinated children are far healthier than the vaccinated ones." —Dr.

Philip Incao, MD

"Never was there such a commercial vaccine as this one, and never has there been such a gigantic hoax...The failure of vaccines to affect the disease in any but an adverse manner is thus explained. As we all know vaccines have invariably been found useless or worse than useless in septicemias." —Dr.

J.W. Browne, BA, MB, "The Dream & Lie of Louis Pasteur", 1942

"By vaccinating a healthy person you don't introduce health. You introduce disease." —Dr. J. Compton Burnett, MD, 1884

"Recent evidence indicates that routine childhood vaccinations contribute to the emergence of chronic allergic problems such as eczema, ear infections, and asthma. A growing number of scientists and physicians maintain that most standard vaccinations permanently disturb the developing immune system, setting the stage for hypersensitive reactions to foods and other common substances. In fact, childhood illnesses such as measles, mumps, and whooping cough may actually reduce the risk of allergy." —Dr. Konrad Kail, N.D.

"Vaccination is the single most prevalent and most preventable cause of infant deaths." —Dr. Viera Scheibner, PhD, micropaleontologist

"We look at these unvaccinated kids as bright and chipper, and they have good personalities, and they're easy-going and easy to get along with, and we look at them like they're just something magical...When really that's what normal is supposed to look like." — Dr. Sherri Tenpenny, DO

"Probably 20% of American children—one youngster in five—suffers from 'development disability'. This is stupefying figure we have inflicted on ourselves...'development disabilities' are nearly always generated by encephalitis. And the primary cause of encephalitis in the USA and other

industrialized countries is the childhood vaccination program. To be specific, a large proportion of millions of US children and adults suffering from autism, mental retardation, hyperactivity, dyslexia... owe their disorders to one or another of the vaccines against childhood diseases.” –Dr. Harris Coulter PhD, "Vaccination, Social Violence & Criminality: The Medical Assault on the American Brain"

“One vaccine decreases cell-mediated immunity by 50%, two vaccines by 70%... all triple vaccines (MMR, DTaP) markedly impair cell-mediated immunity, which predisposes to recurrent viral infections, especially otitis media, as well as yeast and fungi infections.” – Dr. Herman Hugh Fudenberg, M.D., Ph.D. (Immunology)

“Autism may be a disorder linked to the disruption of the G-alpha protein, affecting retinoid receptors in the brain. A study of sixty autistic children suggests that autism may be caused by inserting a G-alpha protein defect, the pertussis toxin found in the D.P.T. vaccine, into genetically at-risk children.” – Dr. Mary N. Megson, M.D.

"The well-defined autoimmune diseases that may occur after vaccination include: arthritis, lupus, diabetes mellitus, thrombocytopenia, vasculitis, dermatomyositis, Guillain-Barre Syndrome (GBS, paralysis), and demyelinating disorders. Almost all types of vaccines are associated with the onset of AISIA (Autoimmune Inflammatory Syndrome Induced by Adjuvants)." —Dr. Yehuda Shoenfeld, MD, FRCP

"There is no evidence that the HPV vaccine has prevented a single case of cervical cancer, anywhere in the world." —Dr. Sin Hang Lee, MD, Connecticut Hearing for HB 7199, March 2019

"There is no causal relationship between HPV and cervical cancer. If the microbe is there at all, it is just a passenger virus. It does nothing." — Professor Peter Duesberg, molecular biologist at Berkeley University

“Vaccine-compromised children are the most invisible disabled portion of our society.” —Dr. Robert Sears, FAAP, pediatrician

"I've been doing this for 15 years now. I will share with you that the vaccinated kids are the sickest, the partially vaccinated kids are not as sick, and the unvaccinated kids are the healthiest." —Dr. Bob Zajac, MD, former vaccine bully

“Take a group of vaccinated children and compare them with a matched group of unvaccinated children. If the groups are well-matched and large enough and the length of time the children are observed following vaccination long enough, then such a study is deemed the ‘gold standard’ of vaccine research because its data is as accurate a reflection as medical research is capable of achieving of how vaccinations are actually affecting our nation’s children. Incredible as it sounds, such a common-sense controlled study comparing vaccinated to unvaccinated children has never been done in America for any vaccination. **This means that mass vaccination is essentially a large-scale experiment on our nation’s children.**” —Dr. Philip Incao, PhD, testimony to the Ohio State House of Representatives, 2019

"We've got to stop calling chickenpox and measles diseases, because they're not. They're infections, and infections come and go in a week to ten days, and leave behind a lifetime of immunity. A disease is something that comes and stays, and frequently can't be cured. So when you vaccinate to avoid an infection, what you potentially are doing is causing a disease." —Dr. Sherri J. Tenpenny, D.O., Board Certified in Emergency and Osteopathic Medicine

"I don't believe in vaccines, period. I think at this point in my life, I would say that no one should be getting any vaccine." —Dr. Stephanie Seneff, PhD, senior research scientist, MIT

“The only safe vaccine is one that is never used.” – Dr. James A. Shannon, MD, former director of the National Institutes of Health (1955-1968)

Natural Immunity is superior to artificial vaccine immunity

Dr. Andrew Wakefield, MB

According to the mainstream media, Dr. Andrew Wakefield is "discredited" British doctor. There is a backstory for that. At the request of vaccine injured parents, Dr. Wakefield had performed a study that suggested vaccines caused gastrointestinal issues, and may be linked to autism. The drug companies didn't like that it came from an accomplished doctor so they ran a smear campaign against Dr. Wakefield to discredit him, and to serve as an example to other doctors who may be thinking about speaking out against the drug companies' cash cow: vaccines. The mainstream media (up to 70% funded by the drug companies through advertising) blamed Dr. Wakefield and Jenny McCarthy for starting the anti-vaxx movements, when anti-vaxx movements have been around since the 1850s.

EVERY subsequent study has reaffirmed Dr. Wakefield's initial findings. Dr. Wakefield was also exonerated by the courts and cleared of any wrong doing. Those who discredited Dr. Wakefield have publicly apologized or were guilty of slander and defamation. But the mainstream media won't mention those important issues. When you learn about Dr. Wakefield and his work, you'll find that he's a caring and honorable person. He has been using his voice as a doctor to present vaccine information to parents. He is presenting information and letting the parents decide.

“You ask pediatricians, ‘Where do you get your information from?’, ‘We get it from the CDC.’ We now know from the CDC whistleblower, William Thompson, that they’ve been lying about the MMR vaccine in the context of autism, for 14 years.” —Dr. Andrew Wakefield, MB

"There was a time less than one hundred years ago when antibiotics were a miracle. They were the best thing we've ever done. They were used in the same language as vaccines now. Then antibiotics became a disaster. Now, the

public health doctors describe vaccines as the antibiotic apocalypse we live in now. That the genetics selection pressure on bacteria from antibiotics has created a resistant, dangerous bacteria for which we have no treatment. We are going exactly the same way with vaccines. Just in the last four weeks, a paper was published describing the emergence of a strain of a measles virus that is completely resistant to the immunity produced by the vaccine: a D4 escaped mutant. That is a very dangerous situation." —Dr. Andrew Wakefield, MB, June 6, 2019; Padua, Italy

The Mechanisms In Which Vaccines Cause Disease And Illness

Dr. Rebecca Carley, MD

Bypassing the mucosal aspect of the immune system by directly injecting organisms into the body leads to a corruption in the immune system itself where IgA (Immunoglobulin A) is transmitted into IgE (Immunoglobulin E), and/or the B cells are hyperactivated to produce pathological amounts of self-tracking antibody as well as suppression of cytotoxic T cells 'stealth adapted.' These are formed when vaccine viruses combine with viruses from tissues used to culture them, or when bacteria lose their cell walls when a person takes antibiotics and transform them into 'L forms,' leading to a lack of some critical antigens normally recognized by the cellular immune system.

The mechanism by which the immune system is corrupted can best be realized when you understand that the two poles of the immune system (the cellular and humoral mechanisms) have a reciprocal relationship in that when the activity of one pole is increased, the other must decrease. Thus, when one is stimulated, the other is inhibited. Since vaccines activate the B cells to secrete antibody, the cytotoxic (killer) T cells are subsequently suppressed. In fact, the 'prevention' of a disease via vaccination is, in reality, an inability to expel organisms due to the suppression of the cell-mediated response.

Thus, rather than preventing disease, the disease is actually prevented from ever being resolved. Thus, the autoimmune disease you develop is determined by which tissues in the body are attacked by auto-antibodies. If the inside lining of the gastrointestinal tract (the mucosa) is attacked by auto-antibodies, you can develop leaky gut syndrome. Crohn's disease and colitis are also caused by auto-antibody attack of the GI tract itself. If the islet (insulin producing) cells of the pancreas are attacked by auto-antibodies, you develop insulin dependent (juvenile) diabetes.

If the respiratory mucosa is attacked by auto-antibodies, you develop 'leaky lung' syndrome where, just as with leaky gut, antigens recognized as foreign to the body which are inhaled are unable to traverse the lining of the respiratory tract, causing the creation of antibodies against those antigens (usually dust, mold, pet or pollen antigens). If the components of the articular surface of the joints are attacked by auto-antibodies, you develop rheumatoid (or juvenile) arthritis. If the kidney tissue is attacked by auto-antibodies, you develop one of the many types of nephritis.

If you develop auto-antibodies against the very DNA in the nucleus of all cells, you develop systemic Lupus (thus, the autoimmune potential of DNA vaccines being developed now is self-evident: worse yet, DNA components from these vaccines can be incorporated into your DNA, leading to actual genetic changes which could cause extinction of all vaccinated life on the Earth). And on and on and on.

The brain and spinal cord can also be attacked with auto-antibodies (vaccine induced encephalitis), leading to a variety of neurological diseases. The most severe of these, leading to death, are sudden infant death syndrome (SIDS) and most cases of 'shaken baby syndrome.'

If components of the myelin sheath (the insulating covering of nerve fibers which allows proper nerve conduction) or the actual neurofilaments themselves are attacked by auto-antibodies, the resultant condition is determined solely by the location of the damage done. Such neurological

conditions include but are not limited to minimal brain dysfunction, ADD/ADHD, learning disabilities, mental retardation, criminal behavior, the spectrum of pervasive developmental disorders (including autism), multiple sclerosis, Parkinson's disease, Lou Gehrig's disease, Guillain-Barré, and seizure disorders.

Top 10 Reasons I Don't Vaccinate

Ashley Everly, Toxicologist

These are my top ten.

What are yours?

1. Toxic substances and fragments of human DNA from aborted fetal cells used in vaccine production can irreparably harm the body, increase the risk of infections, cause anaphylaxis, chronic neurological or autoimmune illness, or worse (e.g. SIDS / death). Independent, unbiased medical research from scientists, doctors, and experts in countries around the world supports these statements, as does VAERS, the VICP, and tens of thousands of parents in the US alone who are aware of the risks of vaccination and have experienced their own children being harmed or killed by vaccines. Three million or more adverse events from vaccines occur each year in the US. #wedid
#hearthiswell

2. Vaccines can cause the very illnesses they're supposed to prevent (measles, mumps, meningitis, paralysis, rotavirus, chicken pox...). Read the vaccine inserts, these are all listed. Live virus vaccine shedding is real and we may never truly know the extent of the problem, due to the fact that doctors do not document post-vaccination measles - as measles, for example, or because they claim adverse events are unrelated to the vaccines received just days or weeks prior (for example, if a previously healthy child is hospitalized with an infection after receiving several vaccines). Post-vaccination measles is typically downplayed as a "measles-like rash and a fever" (which is measles) and is considered a "normal" or "common" response to the vaccine. One

study suggested that around 5% of MMR-vaccinated individuals develop measles symptoms post-vaccination, and that wild type measles is indistinguishable from vaccine-associated measles.

3. Vaccines did not save us from dying of these diseases. Disease mortality dropped prior to the introduction of vaccines, due to improved nutrition, sanitation, clean water, environmental regulations, food safety practices, and more. Improved nutrition is largely what began to improve outcomes and prevent death or complications from these diseases. Not vaccines. For example, 99.9998% of the 180.7 million people living in the US in 1960, did not die of measles, even though there was no vaccine for measles and it is estimated that 4-5 million people contracted the infection that year.

4. The diseases we vaccinate for are treatable and typically not deadly for anyone living in developed nations. We now know through research that vitamin A prevents measles complications and may help treat mumps and chicken pox. It was known long ago that vitamin C can help reduce the severity and longevity of whooping cough. Vitamin C has also been found in scientific research to help treat tetanus, hepatitis, and more. All infections can be deadly in developing nations, due to severe malnutrition. While there is research confirming all of the above, is not well known because it would undermine the vaccine program.

5. Vaccine manufacturers cannot be sued if your child is harmed by a vaccine. They are protected by the law. You are not. You are responsible for what happens to your child after they are vaccinated - not the manufacturer, not the clinic, not the doctor, not the nurse... you. No one else is. The 1986 National Childhood Vaccine Injury Act was created to protect vaccine manufacturers and the medical professionals who administer them... not your child.

6. Fraud. Every single vaccine manufacturer has been convicted of fraud. They have been caught fabricating and omitting data for clinical trials, creating fake medical journals, bribing doctors, promoting untested products

that they knew were going to cause serious and severe harm to thousands upon thousands of people... The CDC is also untrustworthy and owns vaccine patents. Whistleblowers at the CDC - senior scientists who work there - have come out attempting to expose the widespread corruption within the organization. #cdcspider #vaxxed

7. Vaccines do not provide herd immunity. A percentage of individuals do not respond to vaccination at all (they do not develop antibodies), and some vaccines and their boosters do not sustain the production of antibodies for more than a few years (“waning immunity”). This is why many outbreaks occur in populations with near complete vaccine coverage or in fully vaccinated populations. The vaccine program has actually left infants - our most sensitive population - even more vulnerable to infection. Before vaccines, children contracted many of these temporary illnesses around 8-12 years of age, when it was much safer to do so. The girls would have lifetime immunity, grow up, and transfer passive immunity to their newborns through the placenta and breastmilk. This passive immunity would protect infants at their most vulnerable age. The implementation of the vaccine program has eliminated this natural protection.

8. Lack of true placebo clinical studies. There are no studies on the CDC schedule as is (72+ vaccine doses by age 18). No long term safety studies, no studies on carcinogenicity or mutagenicity. All of the manufacturers’ clinical studies for childhood vaccines approved for use in the US, use either another vaccine or the aluminum adjuvant as the control group. Never a true saline, harmless placebo. They often only monitor for less than a month, or even less than four days post-vaccination. When the administration of both the test (new vaccine) and control groups (old vaccine or aluminum adjuvant) result in the same number of adverse events and deaths, they claim the new vaccine is “safe”.

9. Lack of scientific research proving safety of vaccine ingredients. No safe limit of injection of aluminum has EVER been scientifically determined. The

FDA granted it "GRAS" (generally recognized as safe) status in 1975 without any real science to support this move. No safe limit for injection of thimerosal (or ethylmercury) has ever been determined. These are considered "safe" based on ingestion of these substances or similar ones, which cannot be compared to injecting them. Route of exposure determines toxicity, not dose alone.

10. Medical doctors have professed that they do not learn about vaccine ingredients and their toxicity, the true range and diversity of vaccine adverse events, and much more regarding this issue. Medical education is highly manipulated by the pharmaceutical industry and doctors are financially compensated by insurance companies to administer vaccines in a timely manner.

Vaccines Are Poisons And Don't Work

"The Big Vaccine Cartel and its Wholly-owned Subsidiaries at the CDC, the FDA, the NIH, the AAP and the AMA. They are NOT your Friends." —Dr. Gary G. Kohls, MD, April 2019

“From the time vaccination became a financially lucrative enterprise, what the public has been told by the mainstream media sources has often directly contradicted the information contained in government health records and private medical reports.” —Sue Martson, “The Vaccination Connection”, 1993

“Congress is owned by pharma. The pharmaceutical industry pours millions of dollars into the legislative branch every single year. In 2016, they put \$100 million into the elections. That’s a ton of money.” —Dr. Raeford Brown, MD, pediatrician

“It is simply no longer possible to believe much of the clinical research that is published, or to rely on the judgment of trusted physicians or authoritative medical guidelines. I take no pleasure in this conclusion, which I reached slowly and reluctantly over my two decades as an editor of the New England

Journal of Medicine." —Dr. Marcia Angell, Harvard University professor, longtime editor-in-chief of the New England Journal of Medicine

You've probably heard the mantras,

- Vaccines are safe
- Vaccines are effective
- Coke Is It
- Just Do It
- Vaccines saved millions of lives
- Vaccine-preventable diseases

The above are marketing slogans parroted by the media, which in 2019 received over \$5 billion in advertising from the drug companies. Those mantras are not based on facts. In fact, when you examine the data, it shows that,

- Vaccines are NOT safe. They are dangerous.
- Vaccines are NOT effective. They are useless and don't work at all.
- Vaccines NEVER saved a single life. Not one.
- Vaccines have never prevented a single disease. Not one.

For example, as of March 2019, over \$4.1 billion has been paid to those injured and killed by vaccines. Furthermore, in 2011, the US Supreme Court agreed that "vaccines are unavoidably unsafe." —U.S. Supreme Court, *Bruesewitz vs. Wyeth*, (Docket No. 09-152, Op. Below: 3d Cir., Opinion: Feb. 22, 2011, Vote: 6-2, Author: Scalia)

Vaccines are not safe. Therefore, if anyone states that "vaccines are safe", immediately label that person as a quack or a crook.

There has never been a study that demonstrates vaccines work using the gold standard in medicine. That is, vaccines have never undergone a "double blind saline placebo control" study administered by an independent third party.

One reason is that vaccines are classified as "biologics" and not drugs. Currently, vaccine studies are performed by the drug companies that make the vaccines, and new vaccines are compared to older vaccines, which is akin to allowing the poison makers to compare their new poisons to their old poisons. The result is obvious and biased: The new vaccines are always safe and effective according to the drug companies that make and study their own vaccines.

Furthermore, vaccines are based on "prevention" medicine. The only way to know vaccines work is if you get the flu (or any disease), you get vaccinated and the flu/disease is cured—you're no longer sick after vaccination. But that's not how vaccines work. Vaccines work on the promise that they will "prevent" disease. The only way to show that prevention works is to compare the vaccinated against the unvaccinated. This is something the drug companies won't publicly do (they've most likely done the studies in private but won't share the results). They cite ethical reasons for not comparing the vaccinated to the unvaccinated. But the reason is obvious. The drug companies won't compare the vaccinated to the unvaccinated because they already know the answer: vaccinated people have higher death and disease rates related to vaccines.

Independent studies (those not financed by the drug companies) have shown that vaccinated people have higher illness and disease rates. Not surprising considering all the heavy metals and poisons used in vaccines.

Are *Unvaccinated* Children *Healthier*?

In May 2017, the *Journal of Translational Science* published a study evaluating nearly 700 homeschooled children discovering that vaccinated children were overall **unhealthier** than unvaccinated children. Compared to unvaccinated children, vaccinated children experienced:

Allergies
30x more

Ear infections
300% more

Chronic Illness
2.5x more

ADHD
300% more

Learning Disorders
4x more

Ear Drainage Tubes
700% more

Autism
3x more

Pneumonia
340% more

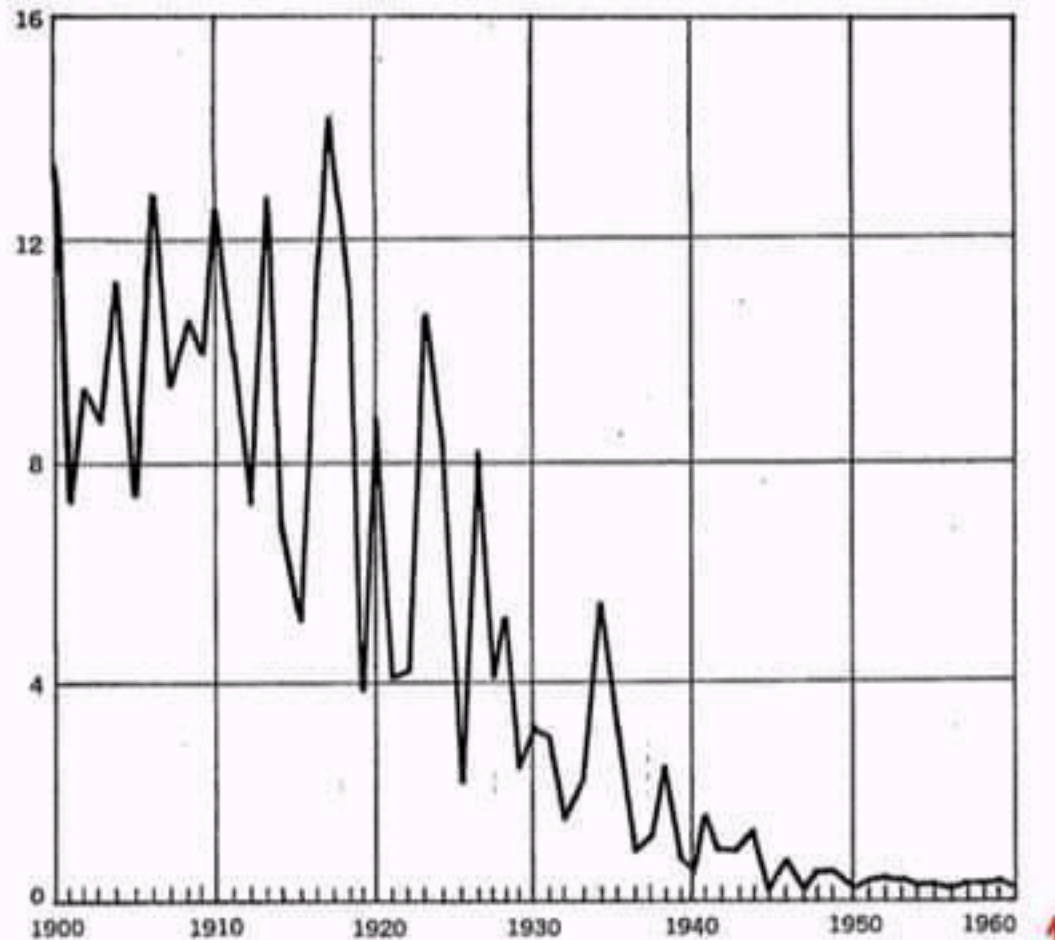
Allergy medications
22x more

Resource: Mawson AR, et al. Pilot comparative study on the health of vaccinated and unvaccinated 6- to 12-year-old U.S. children. *J Transl Sci*. 2017; 3(3):3-12.

Here's an example: The drug companies claim that the MMR (Measles, Mumps, Rubella) vaccine is 88% effective. Now, what is the efficacy rate for not vaccinating? It's about 99.99%. In other words, if you get the measles vaccine, you are more likely to get the measles than if you don't vaccinate. It's not just the measles vaccine that works this way, it's with ALL vaccines. When you get vaccinated, you are more likely to get the disease you're vaccinated for. This is because vaccines contain viruses and diseases, and once injected into the body, they cause diseases.

Figure 19.—Death Rates for Measles: Death-registration States, 1900–32, and United States, 1933–60

(Rates per 100,000 population).



Measles vaccine introduced in 1963.

In 1962, the measles death rate had declined by 98%. In 1963, the measles vaccine was introduced. Read that again.

<https://www.cdc.gov/nchs/data/vsus/vsrates1940.60.pdf>

Vaccines are not effective (vaccines don't work). Anyone who claims vaccines are effective is either a quack or a crook.

As for the marketing ploys of "herd immunity", "vaccinate to protect others", they're also based on lies. Vaccines don't work. Any further argument is fallacious.

"After I came out of med school I vaccinated thousands of children. It's one of my biggest regrets in life." —Dr. Joseph Mercola, D.O.

“Any well-informed parent knows more about vaccinations than the average doctor.”—Dr. Eva Snead, MD

"I'm currently litigating against the four companies that make all 72 vaccines currently mandated for American children via CDC recommendations. All four of these companies are convicted of felons who have paid \$35 billion since 2009 for lying to and defrauding regulators and doctors in order to promote their pharmaceutical products.

"Our trial team coalition includes the country's largest plaintiff firms—all of them veterans of the Monsanto litigation. These firms have won the largest pharmaceutical cases in history. It's not surprising that we have uncovered proof that the four Vaccine makers' fraudulent and reckless conduct with their other pharmaceutical products pales in comparison to their crimes in testing, manufacturing, and marketing vaccines. Since, in this arena alone, they are immune from liability.

"We can show with scientific certainty that certain vaccines—DTaP, MMR, Hep B—are killing and injuring far more children than were ever harmed by the diseases they are marketed to prevent. This information will soon be public. It would be good for you to see it before you mandate these shots for children. I'm happy to share it in person with you and your staff and whatever experts you choose to include." —Robert F. Kennedy, March 2019

"I saw firsthand that certain government agencies and certain universities were manipulating the data in order to protect the sales of vaccines and to cover up any adverse effects." —Dr. David Lewis, MD, microbiologist

The table below clearly shows that there is no reason for anyone to get vaccinated. You are more likely to be struck by lightning than dying from those "vaccine preventable diseases".

U.S. DISEASES BY THE NUMBERS: **BEFORE** VACCINES

Vaccines were gradually introduced between 1945 and 1995. Have you ever wondered just how many people died or suffered permanent harm from each disease before the vaccine was implemented?

DISEASE NAME (VACCINE INTRODUCED)	FATALITY/HARM (BEFORE THE VACCINE)	POPULATION NOT HARMED (BEFORE THE VACCINE)
POLIO (1955)	1 in 100,000 (fatalities/paralysis) <i>people in the population</i>	99.999%
MEASLES (1963)	1 in 500,000 <i>people in the population</i>	99.9998%
PERTUSSIS (late 1940s) <i>whooping cough</i>	1 in 77,000 <i>people in the population</i>	99.9987%
TETANUS (late 1940s)	1 in 200,000 <i>people in the population</i>	99.9995%
MUMPS (1967)	1 in 2,000,000 (fatalities/sterility/deafness) <i>people in the population</i>	99.99995%
RUBELLA (1963)	1 in 1,000,000 (fatalities/birth defects) <i>people in the population</i>	99.9999%
DIPHTHERIA (late 1940s)	1 in 83,000 <i>people in the population</i>	99.9988%
CHICKEN POX (1995)	1 in 2,300,000 <i>people in the population</i>	99.999957%
HEPATITIS B (1991)	1 in 1,400,000 <i>population without high-risk behavior</i>	99.999929%
HIB (1985)	1 in 600,000 (fatalities/brain injury/deafness) <i>people in the population</i>	99.999833%

The date the vaccine was introduced refers to the first widespread use in the United States for each vaccine.
The fatality/harm rate reflects the number of people who died or suffered permanent harm from each disease out of the total population at that time.

Source: CDC-Reported Cases and Deaths from Vaccine Preventable Diseases, U.S., 1950-2011; Vital Statistics Rates in the U.S. 1940-1960 - Online database

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Using Fear to Sell Vaccines

“Vaccination: A business based on FEAR.” —Dr. Gerhard Buchwald, MD

The biggest fear of any parent is to lose their child, especially if that loss can be prevented. Increasingly doctors, nurses, and pediatricians are bullying, shaming, and coercing new parents into vaccinating their newborns. Those medical personnel may say, “You’re being irresponsible. It’s child abuse not to vaccinate your baby. I’m a doctor. I know more than you and what’s good for your baby. Your baby will die if you don’t vaccinate it. You need to vaccinate that baby before it dies. You will be held responsible.”

If you are informed, you should be thinking, or replying, “Before I make a decision, I would like to practice my right to informed consent. I would like to know what vaccines you’re recommending, and their ingredients and side effects. I would like to read the vaccine inserts, so please provide them for me.

“I would also like to study all safety and efficacy studies of the vaccines you’re recommending—those studies must be independent and not from the drug companies that make the vaccines. I would like to see the injury and death rates of those vaccines.

“I would like to know the incident rate and mortality rate of those diseases—of the vaccinated versus the unvaccinated.

“And if you’re willing to sign a legal document guaranteeing that the vaccines you’re recommending are 'safe and effective'.

“I also want to know who will be legally responsible if my child is injured or killed by the vaccines.

“I also want to know if there’s any conflict of interest, that you may be receiving bonuses based on vaccination quotas.”

Or a simple, “This is an important decision. Let me think about it and get back to you, doctor,” will do.

There have been instances in which parents, even stated in writing, outright refused to vaccinate their infants but those infants were vaccinated when the parents weren't around. Always stay with your infant because of the vaccination issue, and more importantly, **medical kidnapping is becoming common in the US**. Even when your baby is vaccinated without your permission and it is injured or killed, you will be blamed for the mistakes of the medical industry. This is to deter you from suing them. Modern medicine is a business, it has nothing to do with making people healthy. If people are healthy, the medical industry doesn't make money.

You are the employer and the doctor is the employee. YOUR DOCTOR WORKS FOR YOU. YOU DON'T WORK FOR YOUR DOCTOR. Your doctor's income depends on the services and products that you purchase from them. The onus is on them to prove that vaccines are safe and effective, not the other way around. You have nothing to prove to your doctor about vaccines, the doctor has to prove to you why you should get vaccinated. Vaccines are consumer products dressed as disease prevention and under the guise of public good. Purchase vaccines like you would a major purchase.

Understanding Disease Outbreaks: INCIDENT RATE vs. MORTALITY RATE

To understand how selling “disease outbreaks” work, we need to understand the difference between the incident rate and the mortality (death) rate.

INCIDENT RATE. The incident rate is the number of times something occurred. As examples,

- 250 million confirmed cases of people crossing the street
- 90 million confirmed cases of people driving vehicles
- 60 million confirmed cases of people walking the stairs
- 50 million confirmed cases of people falling down
- 10 million confirmed cases of people swimming
- 556 confirmed cases of the measles

-1 500 confirmed cases of the measles

The incident rate tells us the number of times an event happened. We know that people die crossing the street, driving, swimming, falling down the stairs, falling out of bed, and they even die from the measles. Of those “confirmed cases”, how many died?

According to the CDC (a private corporation that sells and markets vaccines) guideline, an INCIDENT rate of 3 (three) can be considered an “outbreak”. See how ridiculous that is?

MORTALITY (DEATH) RATE. The mortality rate (aka the death rate) is the number of people who died based on the incident rate. For example, if 250 million people cross US streets everyday, how many died a day? Or if 90 million drive in the US everyday, how many died? Now, you can scare people by flashing death statistics and gruesome pictures of those who died driving, swimming, crossing the street, or falling down the stairs. Most will be horrified because they don’t understand the difference between the incident rate and the mortality rate.

When you watch the mainstream media, they always use the “confirmed cases” for the incident rate, not the mortality (death) rate. In other words, during all the disease outbreaks, the media has not named a single unvaccinated person who has died, because not a single unvaccinated person has died during these disease outbreaks that is “threatening national security/health”. Essentially, if unvaccinated, you have a higher chance of dying from a lightning strike than those “vaccine preventable diseases”. In other words, don’t get vaccinated. It is always the vaccinated who have higher illness, disease, and death rates.

Vaccines often cause the very disease they’re supposed to prevent, because the person is injected with viruses and diseases. If we examine every “disease outbreak” reported in the mainstream media dating back to the 1850s, we find that the vast majority of those affected had been vaccinated. As

examples,

—The Disneyland measles “outbreak”, Dec. 2014. About 59 “confirmed cases”. The majority were vaccinated and the vast majority who were ill were vaccinated. Mortality rate: 0 (no confirmed deaths).

—Oregon measles outbreak, Jan. 2019. Up to 80 “confirmed cases”. Mortality rate: 0 (no confirmed deaths). Some politicians called for mandatory vaccination with no philosophical, medical, or religious exemption.

—Temple University “mumps outbreak”, March 2019. About 74 “confirmed cases”. Nearly every student had been vaccinated. Mortality rate: 0 (no confirmed deaths).

—University of Florida "mumps outbreak", June 2019. 24 cases of mumps; all 24 students were vaccinated with the MMR vaccine. More proof that vaccines don't prevent diseases, but they cause diseases and spread them.

VACCINATING CAUSES OUTBREAKS!

THE FOLLOWING LIVE VIRUS VACCINES SHED:

- MMR: UP TO 5 WEEKS
- VARICELLA: 28 DAYS
- YELLOW FEVER: UP TO 6 MONTHS
- ROTAVIRUS: 21 DAYS
- INFLUENZA (NASAL): 28 DAYS
- POLIO (ORAL): UP TO 4 WEEKS
- VACCINIA (SMALLPOX): 21 DAYS

When you vaccinate, you are being injected with poisons, viruses, and diseases. You communicate those viruses and diseases to others through a process called "shedding". That's the reason disease outbreaks are caused by vaccinated people. Healthy unvaccinated people cannot spread diseases they don't have. However, the unvaccinated are blamed because they don't make money for the drug companies, hospitals, doctors, pediatricians,

and media. Getting people sick is a big business for the medical industry, especially for the drug companies

—Rockland County, New York, measles outbreak, March 2019. About 186 “confirmed cases”, but later revised to 5 cases because the 186 cases were since October 2018. Mortality rate: 0 (no confirmed deaths). The government (politicians who received campaign contributions from the drug companies) threatened door-to-door vaccination, but was overturned by the court. Rockland County, New York, was predominantly Orthodox Jews and had the lowest vaccination rate. The county was the healthiest in New York state. Lowest vaccination rate, highest health rate. Coincidence?

—USS Fort McHenry amphibious warship mumps outbreak, March 2019. The ship had been quarantined in the Persian Gulf for two months due to a “mumps like illness” viral infection. All 703 personnel aboard were vaccinated for the mumps, and got the mumps anyway. It cannot return to port until 30 days after the last reported case. This is the perfect example of those who vaccinate get the disease they’re vaccinated for. Sample size: 703, 100%.

—New York City “measles outbreak”, April 2019. Up to 626 “confirmed cases”. Mortality rate: 0 (no confirmed deaths). More people die crossing NYC streets than the measles and other diseases. The city targeted Yiddish Jew community because of their low vaccination rate and high health index. The city planned to fine anyone \$1,000 if they refused vaccination.

—Indiana University mumps “outbreak”, April 2019. About 20 confirmed cases. All cases (students) had been vaccinated. The MMR vaccine failed so the students were asked to get “booster shots”, some even a third time. This is nonsense because they were vaccinated and got the disease they were vaccinated for, and were asked to vaccinate again when vaccines, in theory, are meant to prevent disease.

Again, the CDC guideline states that an INCIDENT rate of 3 (three) can be

considered an “outbreak”. See the silliness of all this fraud in order to sell vaccines and enrich the drug companies?

"When I was working at one of the oldest lung illness treatment centers in Germany, by chance I looked at the files of those who had fallen ill during the first German smallpox epidemic in 1947...We had always been told the smallpox vaccine would protect against smallpox. Now I could verify, thanks to files and papers, that all those who had fallen ill had been vaccinated. This was upsetting to me." –Dr. Gerhard Buchwald, MD

But the media will ignore the fact that it's the vaccinated who spread diseases and blame the unvaccinated for the “outbreaks”. Furthermore, the media even encourages the unsuspecting to get vaccinated, when vaccines caused those outbreaks. In 2018, the media received over \$5 billion of advertising from the drug companies. The reason why the media keeps parroting “vaccines are safe and effective” is obvious. Unvaccinated people are informed and don't make money for the drug companies, media, hospitals, doctors, pediatricians, and pharmacies. So the unvaccinated are scapegoated. But more people are becoming informed (awakened) because they are vaccine injured, or their children are vaccine injured, or they know someone who is vaccine injured.

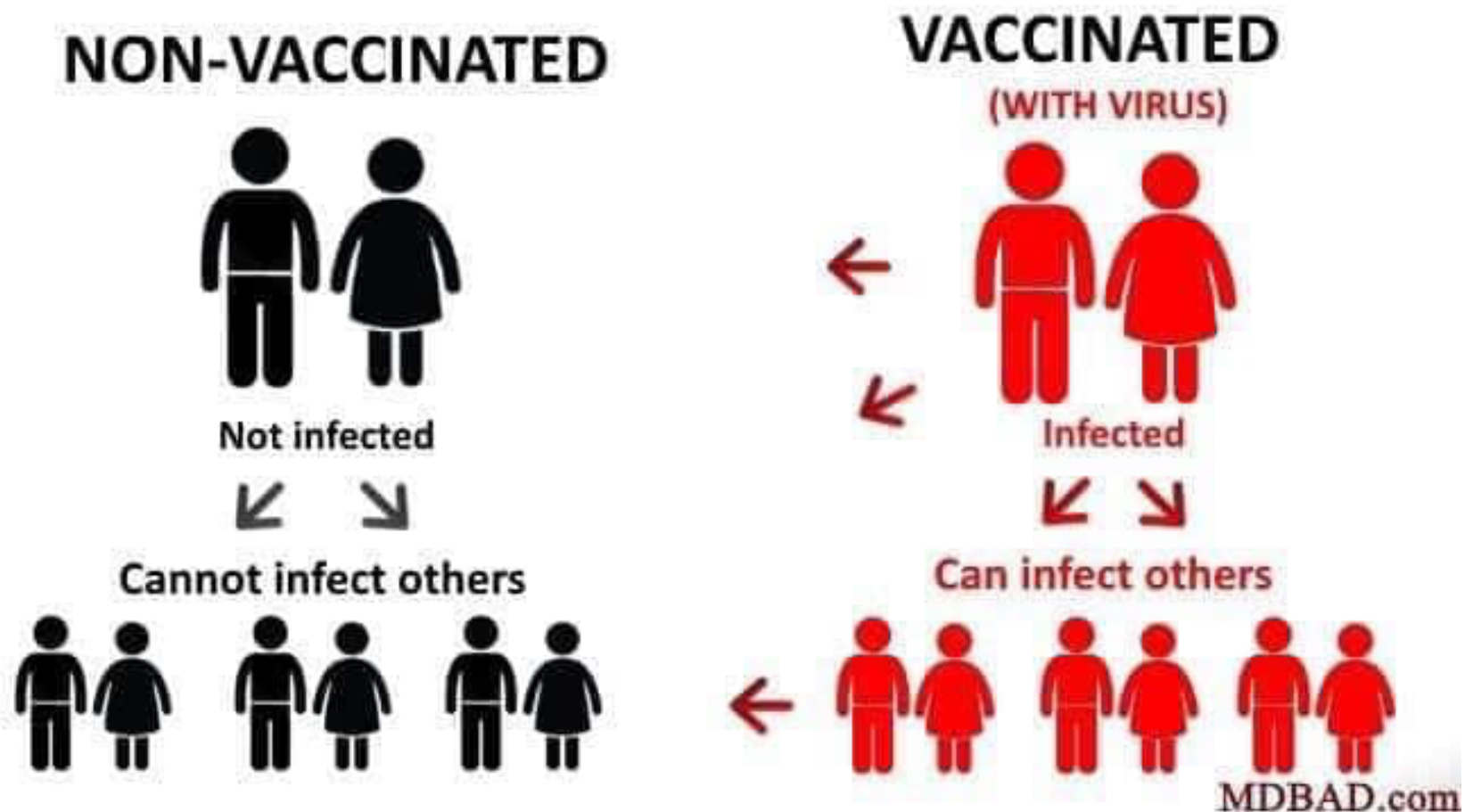
During these disease outbreaks, the media has failed to,

1) Name an unvaccinated person who has died during these disease “outbreaks”.

2) Name an unvaccinated person who has infected a vaccinated person and caused that vaccinated person to die.

Again, don't vaccinate and you'll be fine during these outbreaks that threaten national health and security.

WHO IS THE REAL THREAT?



"I have lectured all over the world...I have always had a special interest in newspapers. All of them have one thing in common, there is always some reference made to some epidemic in some part of the world. For instance, two years ago, one paper referred to a polio epidemic in Holland. For the past three years, our newspapers have commented on the diphtheria epidemic in Russia. By these means, the population is constantly threatened with epidemics, they have been made to fear them, and the reports always conclude: Go and get vaccinated...To create fear among parents to strengthen their motivation to vaccinate is an important part of the publicity used to promote vaccinations. A whole branch of research is examining the question: What level of fear needs to be created to appear as convincing as possible?" — Dr. Gerhard Buchwald, MD

Excuses used when vaccines fail

Vaccines are based on fraud. They don't work. They've never worked. These are some of the asinine excuses the drug companies use when vaccines fail.

- 1) The person needs to get a second shot or third shot or booster shot for the vaccine to work.
- 2) The mother was breast feeding her child so the vaccine didn't work.
- 3) The person had a prior medical condition so the vaccine didn't work.
- 4) Herd immunity. Over 95% of the people need to get vaccinated or the vaccines won't work.
- 5) The vaccine people had years ago wore off.
- 6) Unvaccinated people are causing the ineffectiveness of vaccines.
- 7) We got the wrong flu strain this year and that's why the flu vaccine didn't work.
- 8) Those students got a bad vaccine batch and that's why the vaccines didn't work.
- 9) The hospitals and nurses improperly prepared the vaccines and that's why the vaccines didn't work.
- 10) That vaccine wasn't designed to prevent the disease. It was designed to lessen the symptoms if you get the disease. That's why you got the disease.
- 11) The most asinine excuse of all: Vaccines don't work on immuno-compromised children. Think about that. Vaccines are supposed to strengthen the immune system but people with weak immune systems shouldn't be vaccinated. Nearly every single "immuno-compromised" child was vaccinated. That's how they became immuno-compromised in the first place. On top of that, people should vaccinate themselves to protect these immuno-compromised children, when vaccines don't work in the first place.

Excuses, excuses, excuses. The real reason vaccines don't work: Vaccines are based on fraud and don't work. They've never worked. It's hard to argue with

over 150 years of historical data. Vaccination is all risk and no benefit.

Is Big Pharma pushing for mass vaccination so that we aren't able to compare deaths between the vaccinated and unvaccinated?

Dr. Christiane Northrup, MD

March 8, 2019

For the record and for those of you who haven't been around as long as I have, here it goes..

For my entire career as a physician, I have attempted to educate my patients and my community about issues that were not mainstream at all at the time... Examples: routine circumcision, over diagnosis of DCIS from mammograms, the need for DHA fats for brain health in infants that is in Breast milk and was not in baby formula until the last few decades, the need to supplement with folate in pregnancy to prevent neural tube defects, the fact that HPV is cleared Naturally by the body 90% of the time, the role of optimal levels of vitamin D, and the fact that hormones not native to the female body (like Provera) have untoward effects that can be dangerous and that there are far safer alternatives for menopausal relief.

None of these views were popular or well accepted at the time. One radiologist spit at me on stage and told me how dangerous I was when I suggested (years ago) that mammograms were overdiagnosing so-called cancer and resulting in too much unnecessary and dangerous treatment. Over time my views on these things have become far more accepted by the mainstream as public opinion and increasing numbers of studies have shifted beliefs.

My position on vaccines hasn't changed in 40 years. I advocate optimal immunity and all the ways we can improve it, not ever increasing numbers of vaccines (now up to 72 by age 18 according to the CDC schedule). Congress

excused vaccine manufacturers from all liability back in 1986. No other industry has ever had this unquestioned support to do whatever they want without adequate testing or oversight.

The CDC recommended number of vaccines has tripled since then. And the CDC is paid millions by vaccine manufacturers to promote them. It is NOT an unbiased organization, at all. Most people don't know this.

And since then, the Vaccine Adverse Event Reporting System (VAERS) points out that 4 billion dollars has been paid out to families of vaccine injured children. This organization reports that only about 1% of vaccine injuries are ever reported. Why are we so quick to dismiss the suffering of those who have been harmed by vaccines? And vilify those of us who question their safety... especially at the current rate?

Read the package inserts on vaccine ingredients and the potential adverse effects. It is all right there in plain sight. And none have ever been studied in combination or cumulatively. Yet, infants are being given 5-11 at one time!

My home state of Maine, like so many others, is about to hear a bill making many vaccines mandatory for school, day care, etc. Yet there hasn't been a single case of measles reported here (except one Canadian visitor) in 17 years. This narrative... that we're all about to die from a major epidemic... is being drive by fear and also huge amounts of money being paid to push the Pharma agenda.

And for the record, China has a 99% vaccination rate. Yet they, like the US, have pockets of measles outbreaks, 26,000 cases reported In one study. Why? Because no vaccine is 100% effective.

Lifetime immunity from getting a disease is entirely different. You are protected for life. When it comes to measles, mumps, etc, evidence shows that vaccines don't give you lifetime immunity. I believe this is connected to the fact that more than 50% of children in the US now have a chronic disease. All

these vaccines have messed up our natural immunity. And studies have verified this as you can see in the post from the immunologist below.

Back in the late 80's, early 90's, women were banned from some doctors practices if they refused to take conventional hormone replacement. The belief that hormones were the key to heart disease prevention was so strong that doctors pushed it on everyone. (And the Pharma position was huge then, too) If you questioned the narrative, you were shamed. The huge women's health initiative changed all that, however... when a well designed study (finally) showed that when Premarin and Provera were used for hormone replacement, the risks outweighed the benefits.

We need these same kinds of studies with individual vaccines. They are not likely to be done given the current political and medical climate. But simply pointing this truth out is now increasingly being censored.

Human fetal contaminated vaccines associated with autistic disorder, epidemic childhood leukemia, and lymphomas

**Dr. Theresa Deisher, PhD, President of Sound Choice
Pharmaceutical Institute (SCPI)**

DNA MUTATIONS

The scientific community now knows that children with regressive autism have hundreds of de novo and diverse gene mutations. That means that regressive autism is not genetic. It must be triggered by an external event that can create hundreds of different DNA breaks and mutations. That has been clear to us at SCPI since we were founded.

Since 2008, SCPI has been ahead of the field, doing the cutting edge biology, molecular modeling, computational informatics, and ecology to figure out what is causing so many DNA breaks and mutations in our children, long

before the 2011 and 2012 publications put the hundreds of de novo mutations together. That's because we knew that a condition associated with hundreds of different genes could not possibly be genetic. We knew that DNA and retroviral contaminants are present in some childhood vaccines and that these types of contaminants are known to cause DNA breaks and mutations.

Have we created the perfect storm for DNA breaks, mutations, and regressive autism in our children? In 1979 we started injecting our children with vaccines that are contaminated with human fetal DNA fragments and a retrovirus, and autism began to rise. Then we added more jabs with aborted fetal vaccines and thimerosal, which can also cause DNA breaks, to vaccines in 1988, and autism rose more. Then in 1995, we added much more aborted fetal DNA contaminants to the chickenpox vaccine, and autism really rose. And now we have children born to older dads who have sperm with very breakable DNA. Aborted fetal contaminated vaccines plus thimerosal plus older dads result in more DNA breaks, thus more de novo mutations, in our children.

Drugs and vaccines are too large to produce in a test tube, and therefore, they must be manufactured using cell lines. The final products contain contaminants from the cell line used to manufacture the drug or vaccine. When animal cell lines are utilized, these contaminants are recognized by our immune systems as 'foreign' and are eliminated from our bodies. However, when primitive human cell lines (such as an aborted fetal cell line) are used, these contaminants have the potential to trigger autoimmune diseases or genomic instability. When we use human fetal produced vaccines or cosmetics, we are also injecting or transferring DNA and viruses from the human fetus used to create the cell line into our own bodies.

SCPI is applying extensive bodies of literature from the study of meiotic recombination, DNA repair mechanisms, and gene therapy to determine the impact of aborted fetal DNA contaminants on autoimmune responses and genomic instability. During meiotic recombination, genetic material from the

chromosomes of the father and mother is 'exchanged' so that the offspring have genetic material that is an intermixing of maternal and paternal material, creating a completely unique genetic individual. Exchange of genetic material during meiotic recombination is a beneficial process, designed to generate diversity in our offspring. However, inappropriate activation of the proteins involved in meiotic recombination can lead to genomic instability, cancer, and other diseases.

DNA repair is a process that our cells use to correct mistakes introduced into our genes on a daily basis, simply by the fact that we use our genes to make proteins and new cells during cell division. When DNA repair goes awry, genomic instability and disease can be the result. Gene therapy studies have shown us what can happen when inappropriate insertion of external genetic material occurs in our genes: 4 of 9 boys developed cancer in one of the first gene therapy trials.

The contaminants found in vaccines and drugs that are manufactured using human fetal cell lines present the perfect storm of contaminants to cause genomic instability. Some childhood vaccines contain very high levels of short human fetal DNA fragments, which gene therapy studies have taught us are the perfect size to insert into our genes. Some childhood vaccines also contain a retroviral contaminant called HERVK, which is in the same family of retroviruses as the one that caused cancer in 4 of 9 boys.

SCPI does laboratory and computer based experimentation to determine the contribution of a protein called PRDM9, the impact of 13 nucleotide long DNA sequences that bind PRDM9 (called 13 mers), the position of meiotic recombination 'hotspots' (areas where mom's and dad's genetic material exchanges the most), the amount of uptake of short human DNA fragments by varied human cells and cell lines, and the impact of this human DNA uptake on cell survival and function.

What Big Pharma Trolls Say and How to

Respond

Rest assured that as more people awake to the vaccination fraud, vaccine sales will plummet, and you'll be inundated with these disease outbreaks that threaten national health and security. The solution: arm yourself with knowledge. Turning off the mainstream media would also help.

Here is the gist of vaccines: If you believe vaccines work, get vaccinated. You're protected. Period. Don't bother anyone else, even those with diseases—they can't infect you with those diseases because you're protected by the vaccines. Unvaccinated people don't fear other unvaccinated people infecting them with diseases. Only vaccinated people fear getting diseases. Why? Conditioning by the drug companies: to blame unvaccinated people because unvaccinated people don't make drug companies and hospitals money.

SELLING VACCINES	
FEAR	FACT
In the first four months of 2019 , there were daily reports on mainstream media about the measles and mumps outbreaks threatening national security and public health.	The drug companies drafted several mandatory vaccination bills. They wanted to pass those bills in California, Oregon, Colorado, Texas, and New York. When those bills were decided and concluded, the "outbreaks" were suddenly declared over by the media. The incident rates of those diseases had not changed in prior months, and no one died during those outbreaks. The timing of the outbreaks coincided with the mandatory vaccination bills drafted by the drug companies.
The drug companies hired an army of online trolls to insinuate that unvaccinated parents were killing vaccinated babies and their own babies by not vaccinating.	<p>SIDS (Sudden Death Infant Syndrome) is the leading cause of infant deaths in the US. SIDS is listed as a side effect of childhood vaccines.</p> <p>Vaccinated people carry diseases because they've been injected with viruses and diseases. They spread those diseases through SHEDDING.</p> <p>Healthy unvaccinated people cannot communicate a disease you don't have.</p>
<p>Get ready for the flu epidemic next. Rinse and repeat.</p> <p>Vaccination is the biggest medical fraud in history.</p> <p>The vaccine makers have been fined \$35 BILLION since 2009, mostly for fraud and false advertising. Now you know how they operate.</p>	

As the Anti-vaxx movement has increased, the drug companies have hired a small army of online trolls (aka “pro-vaxxers”) to counter it. These trolls have created fake grass root groups to push vaccines. They mostly use fear tactics, hit the laughing emoji, ask to cite a source, or discredit parents with vaccine injured children.

If you don’t have time, you can overcome EVERY objection by a big pharma

troll by demanding, “Show me the vaccine ingredients and side effects!”

“The Anti-Vaccinators, firm in their convictions, remain unmoved by the stale sophistries, bogus statistics, and stupid taunts thrown at them.” —Dr. Walter Hadwen, JP, MD, LRCP, MRCS, LSA, “The Case Against Vaccination” 1896

Anti-vaxxers are ignorant and stupid.

According to over 150 years of official data from the US, UK, Australian, and Canadian governments, vaccines never prevented a single disease. Not one. Sanitation, hygiene, and nutrition eradicated diseases. An ignorant person is one who doesn't read and refuses to learn. They'll believe anything if it's in the newspapers and on TV.

Your children will die if you don't vaccinate them. They won't live to age 3.

Using fear to sell vaccines. Every independent study (those not funded by the drug companies) has shown that vaccinated people have higher illness, disease, and death rates. Read the vaccine ingredients and side effects and you'll understand why. SIDS (Sudden Infant Death Syndrome) is common among vaccinated infants.

Anti-vaxxers and the people who believe their drivel shouldn't have kids for the betterment of society.

Many vaccines, especially the tetanus and HPV vaccines, contain sterilization ingredients that cause infertility. Read the ingredients and reports. In addition, the flu vaccine was shown to increase miscarriages (fetal deaths) by 4,250%.

“Documentation received from the National Coalition of Organized Women (NCOW) states that between 2009 and 2010 the mercury-laden combined flu vaccinations have increased Vaccine Adverse Events Reporting Systems (VAERS) fetal death reports by 4,250 percent in pregnant women. Eileen

Dannemann, NCOW's director, made abundantly clear that despite these figures being known to the Centers for Disease Control (CDC), the multiple-strain, inactivated flu vaccine containing mercury (Thimerosal) has once again been recommended to pregnant women as a safe vaccination this season."

Anti-vaxxers should move to their own island.

Good idea. The vaccine insert states that vaccinated people spread diseases through SHEDDING because they've been injected with poisons, viruses, and diseases.

Anti-vaxxers are idiots. Doctors and scientists recommend vaccination. Trust doctors and scientists, not anti-vaxxers.

No doctor, no scientist, no politician has ever, never, signed a legal document guaranteeing that "vaccines are safe and effective". They never will sign a legal document because vaccines have never safe and effective. When examined further, every doctor, scientist, and politician who have pushed vaccines have received money from the drug companies. The whole system is corrupt. There are thousands of nurses, doctors, and scientists against vaccination.

You trust the concerned parents who are voicing stories of their vaccine injured children. You don't trust the corrupt politicians and criminal drug companies.

I was vaccinated and nothing happened to me.

Are you the picture of health? Probably not. Vaccine ingredients have drastically changed over the years. Vaccines now include animal DNA, human DNA, animal blood, aborted baby parts, polysorbate 80, and some even glyphosate (the same ingredient used in pesticides). Also, children are being vaccinated more because the number of recommended vaccines have

increased from 4 in 1940 to 74 in 2018.

Anti-vaxxers are are not scientists! Scientists have done studies and those studies have shown vaccines don't cause autism!

First, the DTaP vaccine insert and the MMR vaccine insert state that autism is a side effect (adverse reaction) of those vaccines. There has never been an independent, randomized double-blind placebo controlled study that shows vaccines work or that they don't cost autism. An independent study means one NOT funded by a drug company. One control group must be unvaccinated—a group that has never been vaccinated.

In 2019, Swiss drug company Novartis (U\$ 194 billion market value as of May 2019) funded a large scale study proving that the MMR vaccine didn't cause autism. This was the news headline: “Study on 657, 461 Children Finds No Link Between Vaccines And Autism”. However, when examined closely,

1) Novartis is a drug company and vaccine maker. Regardless of what the company claims, there are obvious conflicts of interest and biases involved with the study.

2) The study was done comparing a group of FULLY VACCINATED vs. a group of FULLY VACCINATED + MMR VACCINE. They called the “fully vaccinated” group the UNVACCINATED group. See how silly that is? The second group is also fully vaccinated but also had the MMR vaccine. Even using fraud, the MMR group had slightly higher autism rates. They said it was “statistically insignificant.”

When we think of “unvaccinated”, we think of someone who has never been vaccinated. To the drug company that funded the study, unvaccinated means “fully vaccinated”, and fully vaccinated means “fully vaccinated and the vaccine in question”.

Why aren't there large scale studies comparing truly unvaccinated people

versus fully vaccinated people? The answer is obvious. Read the vaccine ingredients and side effects.

The National Childhood Vaccine Injury Act (NCVIA) was passed in 1986. The act prevented parents from directly suing the drug companies for injuries and deaths caused by vaccines. The parents had to go through a special administrative court. Since NCVIA was passed, the numbers of vaccines has increased, and so has the autism rate. Vaccines contain heavy metals that cause brain damage. Autism is a form of brain damage. So, do vaccines cause autism? Does smoking cause lung cancer?

AUTISM RATE

1 in 10,000.....	1970
1 in 2,500.....	1985
1 in 500.....	1995
1 in 250.....	2001
1 in 166.....	2004
1 in 110.....	2009
1 in 68.....	2012
1 in 45.....	2016
1 in 36.....	2018
1 in 2.....	2030 (CDC estimate)

Don't be selfish and vaccinate for the immuno-compromised and elderly. And do it for herd immunity.

These are marketing strategies based on shame. Vaccines don't work. Over 150 years of data and independent studies have shown that. Any further argument is fallacious.

Also, if vaccines are supposed to make people healthy and are "safe", then the sick and elderly should benefit from them, right?

Herd Immunity doesn't mean what most brainwashed people think it means. Read up on it. Anyone who believes in "herd immunity" is part of the Herd Stupidity.



You're irresponsible and a bad parent if you don't vaccinate your kids.

You vaccinate your kids against benign illnesses and put them at risk for brain damage, cancer, and death. You're the irresponsible parent. You don't even know the mortality rate of the vaccinated vs. unvaccinated of the diseases you vaccinate for.

Not vaccinating is child abuse. Your children should be taken from you if you don't vaccinate.

You inject your kids with heavy metals, carcinogens, animal DNA, animal blood, human DNA, and neurotoxins. You're the one who's abusing your kids.

You can't get autism if you die from polio and smallpox.

1) Vaccines don't work.

2) About 99% of polio was caused by the oral polio vaccine, even the inventor of the oral polio vaccine, Jonas Salk, admitted this to the US Congress in the early 1970s. This oral polio was discontinued because it was causing thousands of injuries and deaths.

3) Vaccines never eradicated smallpox. Sanitation, hygiene, and nutrition eradicated smallpox. This was clearly demonstrated by the official statistics of the time.

"There was a big epidemic of smallpox in the Philippines and this was a very important epidemic in many ways because statistics were kept for the first time. It was clearly demonstrated that the only people who got smallpox twice were the vaccinated and that there were far more cases of smallpox among the vaccinated than among the unvaccinated. These statistics are available if people want to see them. Now I think these are the most glaring examples of how people are being misled." —Dr. Archie Kalokerinos, MD, PhD, AMM, MBBS, FAPM, pediatrician for over 30 years

Your unvaccinated children are walking diseases. Keep them away from my children.

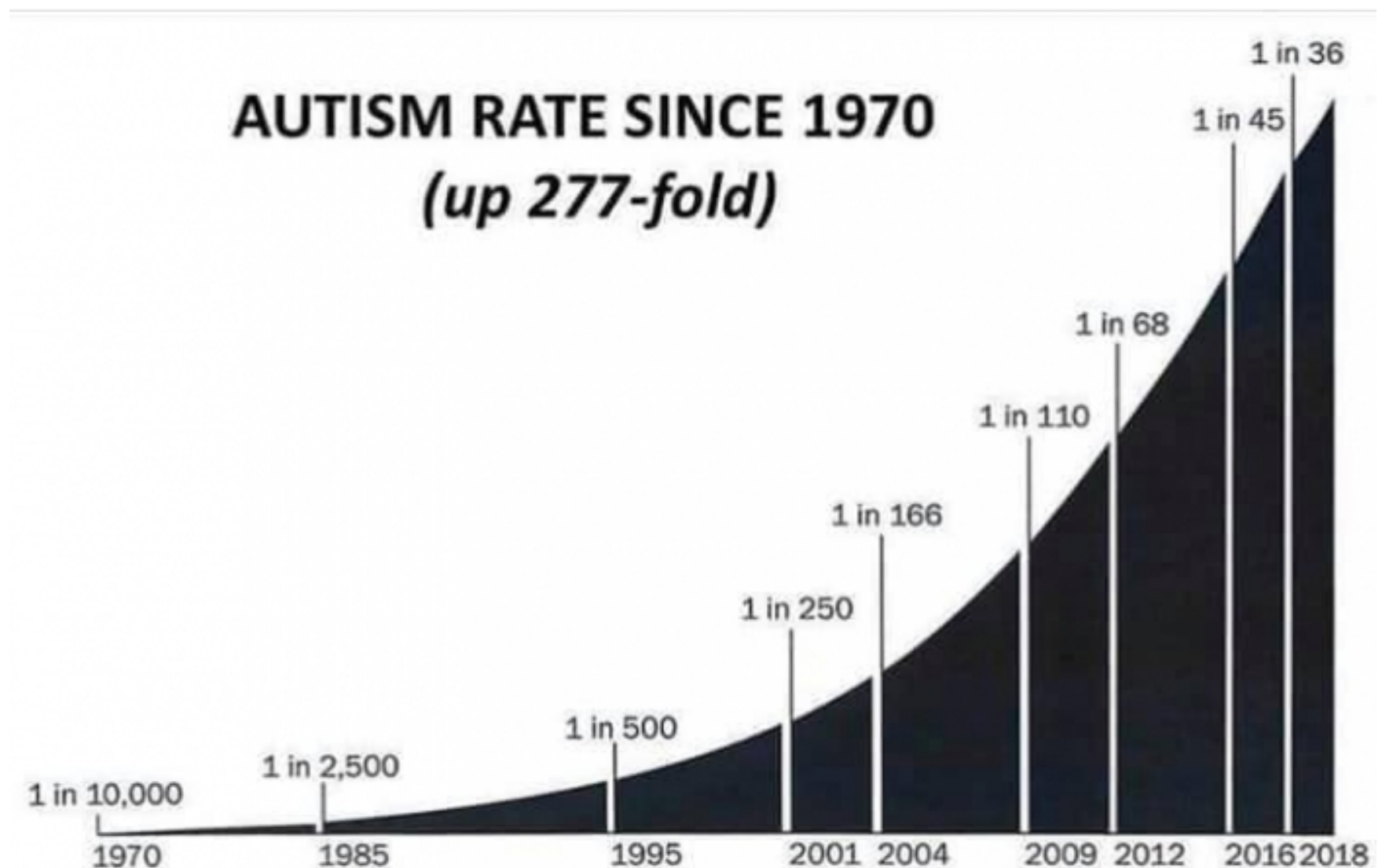
Great idea because, 1) Vaccines don't work, 2) Vaccinated people spread diseases through SHEDDING because they've been injected with poisons, viruses, and diseases.

Vaccines are safe and effective. Vaccines saved millions of lives.

"Vaccines are safe and effective" and "Vaccines saved millions of lives" are marketing slogans created by the drug companies. Other popular marketing slogans: Coke Is It, Just Do It.

Vaccines make you healthy and prevent diseases. Are you really that dumb not to vaccinate your kids?

Drug companies (vaccine makers) make money from sick people. If vaccines make you healthy, how do drug companies make money?



My son gets his one year round of vaxx tomorrow always up to date, my entire family.

That's great. Vaccines are safe and effective. You love vaccines. Your doctor loves vaccines. Now, show us videos of the needle going in each time you're vaccinated. You can say anything online. It doesn't make it true, especially if you're paid to say things online or your job is tied to vaccines. If vaccines are so great, why don't doctors and pharmacies allow you to video being vaccinated, just in case something goes wrong you have evidence to show the court how safe and effective vaccines are.

Vaccination is an important, life-changing event. Then ask the doctors and

pharmacists to document the monumental occasion like a wedding. Oh, they won't let you.

Mandatory vaccination should be law!

Mandatory vaccination violates medical ethic of informed consent, the Nuremberg Code, and the Universal Declaration of Bioethics and human rights.

How did you make it to adult without vaccines?

Hominids have been around for 4.4 million years and did fine without vaccines. The first vaccine was introduced in 1796.

Moreover, over 150 years of data shows that vaccines are based on fraud. There are about 200 countries on Earth. India, China, and the continent of Africa were multiplying like rabbits BEFORE vaccines. If you live in the US, UK, Canada, or Australian, you are a tiny minority who have been conditioned (brainwashed) into believing vaccines saved lives. Every study has shown that when there is clean running water, the birth rate always exceeded the death rate.

Anti-vaxxers are conspiracy theorists and stupid. Anti-vaxxers are child killers.

Vaccination is a serious topic, so leave your tin foil hat home. Vaccinated children are more likely to die than unvaccinated children. Every independent study has shown this. Ever heard of SIDS (Sudden Infant Death Syndrome). It's listed as a side effect of many vaccines. The US has the highest infant vaccination rate in the developed world; it also has the highest infant death rate in the developed world. Must be something in the vaccine ingredients, eh? (VACCINATORS ARE BABY KILLERS!)

CRAZIES WHO THINK VACCINE INGREDIENTS MAKE THEM HEALTHY.

VACCINE INGREDIENTS: Heavy metals, carcinogens, neurotoxins, animal DNA, animal blood, human DNA.



Only crazies think vaccine ingredients make them healthy.

The drug companies have been fined \$35 BILLION since 2009, mostly for fraud. In 2018, they collectively made \$100 billion in profit on one year. Their collective stock market value is over \$1 TRILLION. It's not about conspiracy. It's about increasing revenue, profit, and shareholder value.

The drug companies have an army of lawyers. If you slander or defame their products, they could sue you. However, I can say,

“Vaccination is the biggest medical fraud in history.”

“Vaccines are poison.”

“Vaccines cause brain damage, cancer, and death.”

I can't be sued because those statements are true. They are backed by court

documents and historical data.

“The science and the experiences are actually on our side, but the propaganda is against us. The power of the dollar has negated all moral responsibility. The majority of the public are victims of a propaganda campaign that permeates all the mediums that are coming to their senses; that’s the TV, the movies, the internet, and the most respected people in our society. It’s for this reason that I decided to start a political party to address the neglected, to get political representation, to the hundreds and thousands of Australians who are currently experiencing distress and fear due to their choice to raise their children in a chemical- free environment”. — Michael O’Neill, IMOParty founder and NSW senate candidate.

Common Tactics Trolls Use

FEAR. The drug companies are petrified of people learning the truth. Knowledge is spreading to the masses that vaccination is based on fraud. This affects sales and the drug companies will do whatever it takes to use FEAR (fake vaccine outbreaks) to create vaccine demand. They have gone as far as pushing mandatory vaccination. If their “safe and effective” products are so great, there would be no anti-vaxxers and they wouldn’t have to force it on the people.

HITTING THE LAUGHING EMOJI. When you present overwhelming facts, they cannot counter and take the lazy way out by hitting the laughing emoji. Hitting the laughing emoji when someone presents facts is a sign of intellectual laziness.

CITE YOUR SOURCE. When you cite sources from nurses, doctors, and scientists, they hit the laughing emoji. Again, a sign of ignorance or stupidity. Or ask them to cite sources that show vaccines are safe and effective. They’re trying to sell you a product. The onus is on them to prove to you the product works.

DISCREDIT PARENTS OF VACCINE INJURED CHILDREN. Parents are now connecting the dots between their sick or dead children to vaccines. Many simply read the vaccine ingredients and side effects and immediately made the connection. Drug companies don't want informed parents.

MY FAMILY IS ALWAYS UP TO DATE WITH THEIR VACCINES. That's awesome. Please post the vaccine ingredients and side effects. Also, post the mortality rate of the vaccinated vs. unvaccinated of the illness/disease you're vaccinating for.



Drug companies influence medical education

"The medical profession is being bought by the pharmaceutical industry, not only in terms of the practice of medicine, but also in terms of teaching and research. The academic institutions of this country are allowing themselves to be the paid agents of the pharmaceutical industry. I think it's disgraceful." — Dr. Arnold S. Relman, MD

"The drug industry controls medical education, medical research, medical practice, and medical laws." —Dr. Andrew Saul, PhD

“Honest doctors can no longer practice medicine. We have a complete healthcare system failure and an epidemic of misinformed doctors and misinformed and harmed patients.” —Dr. Aseem Malhotra, MD, cardiologist, Academy of Medical Royal Colleges; April 2018, European Parliament

Meghan and Dr. Sibley’s stories are similar to the tens of thousands in the medical field: pharmacists, nurses, doctors, and pediatricians aren’t taught the basics about vaccines. That is, they aren’t taught about the ingredients and side effects (adverse reactions) of vaccines. In medical school, it is drilled into them that vaccines are “safe and effective” and that vaccines saved millions of lives. However, according to historical data, vaccines never prevented a single disease and they never saved a single life. Not one. This can be verified with over 150 years of official data dating back to 1850.

Herd Immunity Is Grossly Misunderstood

Dr. John Dorman, PhD, microbiologist

Vaccines were never intended to be the first-line of defense against infectious disease nor were they intended to be provided under such an aggressive immunization schedule.

As most of you are aware, the development of modern sanitation has contributed far more to limit the spread of disease than the vaccine.

My greatest issue with the current vaccine schedule is that it fuels the fire of viral mutation. Consider the 2015 measles outbreak at Disneyland. It had nothing to do with the un-vaccinated, but rather a very simple process of an accelerated morbillivirus mutation.

Why do you think we alter the flu vaccine every year? Viruses mutate naturally, but do so at a greatly accelerated rate when threatened by the

antigens provided through the vaccination process. At some point the rate of mutation will surpass our ability to develop a vaccine. If this occurs there will be nothing left to stem the advance of the disease.

And herd immunity is grossly misunderstood. True herd immunity can only result from a healthy, fully functioning immune system. Vaccines cannot confer “herd immunity” because vaccines only stimulate one of the two essential elements of the immune system. In the vaccinated, the body’s natural immune response is impaired, and the antibodies are not as strong as they would have been had the virus passed through the immune system in a ‘natural’ manner, therefore leading to an ever-increasing reliance on developing more vaccinations. Unfortunately, the immune response mounted by the vaccine is enough to trigger mutation in the attacking virus. I too want herd immunity, but it will never be achieved through vaccination.

Why are so many booster shots necessary to bring antibody titers up to serologically acceptable levels? Does this not indicate that our current science does not yet allow us to formulate an injection that mimics naturally acquired and lifelong immunity?

The current truth is it is impossible to create permanent immunity through the artificial induction of a vaccine. Many of the infectious diseases we immunize against are simply a result of poor hygiene and or septic recycling systems, unnatural diets, metabolic congestion (especially liver) and persistent immune suppression via pharmaceuticals.

These infections are natural in these environments and in many cases, designed and created by and within the body itself to carry out a janitorial duty by infecting and removing all cells of poor integrity so the body can be revitalized by their new replacements.

There is enough evidence to prove that vaccines diminish the integrity of every cell in the body and exacerbate the need for a deeper, more widespread infection at a future time. Mass vaccination is, in my opinion, bad science at

best and will eventually lay waste to any natural immunity of humans at worst.

The only way to ensure lasting and permanent immunity is through a truly healthy “herd” which is the complete antithesis of a drug dependent population that find themselves unable to fight any infection naturally.

First, we abuse the antibiotic and witness the birth of the super bug. A mutated strain 100% drug resistant and now through the abuse and overuse of the vaccine we are forcing the antigenic drift and accelerated mutation of the virus. And for proof?

I have compiled much research over the years, but it is not possible to point you to a single study or a ‘smoking gun’. It took me several years to unravel the dogma that I was taught and accepted early in my career. I don’t know all the answers, but I am certain we are not asking enough of the right questions.

I know many doctors, nurses, researchers, chemists and fellow microbiologist who do not “tow the party line” when it comes to the “science” of vaccines. The science is not settled and anyone in the medical community who attempts to convince you otherwise is either willfully deceitful or woefully ignorant.

We have chosen to roll the dice and gamble with our health. What will save us from disease when this Ponzi scheme of mass vaccination and symptom management collapses? I fear we will be left with nothing to defend ourselves against invading pathogens because we all chose to remain ignorant rather than integrate the truth while we still had a chance.

Because we chose to consume antibiotics like candy and prescribe them for everything under the sun...we chose to believe that vaccination would magically provide us immunity because many of us were too lazy to learn how to build immunity naturally through diet and lifestyle or to learn the symptoms of environmental poisoning.

We chose to numb the pain instead of addressing the cause of the pain. All of these shortsighted decisions will eventually circle back around and bite us all in the collective arse. I truly hope we all wake up soon.”

This is a chronic disease epidemic

Robert F. Kennedy, Jr.

June 2019

Thank you for coming on such a rainy day. The pharmacist walked by and I don't blame him for being angry because this is the biggest threat to their business plan. The vaccine industry when I was a boy was \$270 million dollars. I got three vaccines and was fully compliant. Today it is a \$50 billion dollar industry and 20% of pharmaceutical revenues.

But that's at the front end.

At the back end are all the chronic diseases that the FDA says they think are associated with vaccines. A hundred and fifty diseases are now listed on the product inserts. The reason they're listed on the product inserts is because the FDA has made the determination that these injuries are more likely caused by a vaccine.

This is the chronic disease epidemic.

I have six kids. I had eleven brothers and sisters. I had over fifty cousins. I didn't know a single person with a peanut allergy. Why do all my kids have food allergies? Because they were born after 1989.

If you were born prior to 1989, your chance of having a chronic disease, according to HHS (Health and Human Services) is 12.8%. If you are born after 1989, your chance of having a chronic disease is 54%. And the FDA has said to the vaccine companies, you need to take a look at these diseases.

And what are these diseases?

They're the neuro-developmental diseases, ADD, ADHD, language delays, speech delays, tics, Tourette Syndrome, ASD, and autism. The auto-immune disorders, Guillan-Barre, multiple sclerosis, juvenile diabetes, and rheumatoid arthritis. The anaphylactic diseases, food allergies, rhinitis, asthma, and eczema. All of these exploded in 1989.

Congress ordered the EPA (Environmental Protection Agency) to find out which year this disease epidemic started. And EPA did that study. They said it started in 1989. There are a lot of culprits. Many new things. We have cell-phones. We have PFOA (perfluorooctanic acid). We have ultra-sound. We have glyphosate. We have many other things. Our kids are swimming in a toxic soup.

We're not saying all of those illnesses came from vaccines. But there is no intervention that is so exquisite and precisely timed as what happened when we went in 1989 and changed that vaccine schedule and raised the levels of aluminum and mercury, tripled and quintupled them. We went from the 3 vaccines that I had, to the 72 my kids had, and to the 75 that kids are going to get next year. And there are 273 new vaccines in the pipeline.

I went in and met with Adam Schiff. I've been a democrat all my life. What's happening in the democratic party disturbs me greatly. But I was astonished when one of the leading democrats in our country, Adam Schiff, went to the internet titans, to Facebook, to Google, which has a \$668 million dollar partnership with GlaxoSmithKline, the biggest vaccine maker in the world. They make drugs and mine your personal data so they can sell you more drugs. Schiff went to Pinterest, Facebook, Instagram, Amazon, all of them, and told them they need to start censoring information and complaints about a pharmaceutical product.

I said to Adam Schiff, "You know these are greedy companies. You know they're homicidal." Any democrat will tell you that. The four companies that produce all 72 vaccines that are mandated for American children, every one of them is a convicted felon. Since 2009, those four companies collectively

have paid \$35 billion dollars in criminal penalties and damages and fines for defrauding regulators, for falsifying science, for bribing doctors, for lying to the public, and for killing lots and lots of people.

Vioxx, a drug made by Merck, they knew it would cause heart attacks. They sold it as a headache pill. They didn't tell people, you won't have a headache, but you might have a heart attack. Of course, if they had, not too many people would have bought it.

So, they decided to keep it a secret. They killed a hundred and twenty thousand people minimum, probably five hundred thousand people. So I said to Adam Schiff, "What kind of cognitive dissonance does it require, to believe that this company, which is lying and cheating and killing with every other pharmaceutical product it makes, has found Jesus when it comes to vaccines?" Everybody knows you can't sue a vaccine company. That's why we had this gold rush explosion of vaccines beginning in 1989.

They have no incentive to make their product safe, other than their moral scruples, of which we know they have none.

What most people don't know is that vaccine companies have an even more important exemption.

They are exempt from safety testing their products. It is the only medical product. The reason is that it's an artifact of the CDC's legacy as the public health service, which was a quasi-military agency. The CDC took it over in the late 1970s. That's why people at the CDC often have military rank, like the Surgeon General. The vaccine program was initiated as a national security defense against biological attack. Because of that they wanted to make sure we could get vaccines out to the public very quickly if Russia sent anthrax over here. They wanted to remove all the regulatory impediments that would prevent the quick deployment of that product.

So, they said, if we call it a medicine, all medicines have to be safety-tested

under the law, double-blind placebo, and follow-up for five years. They said, we can't do that. We're going to call them something different. We're going to call them "biologics." And we're going to make it so they don't have to be tested at all.

And when the industry exploded in 1989, they took advantage of this loophole when they brought all of these new products to market. Not one of the 72 vaccines on the schedule mandated for our children, have been tested with a placebo.

That means that nobody can scientifically tell you what the risk profile of that product is. Nobody can tell you that product is going to save more lives than it will take. There is no scientific basis whatsoever. How can we as a society, a government, a democratic party, be mandating products for our children when we cannot tell what the risk is of that product?

Now, all of the vaccines on the schedule, and all medical products, are required to list whatever safety testing they do. Not one of these has ever used a placebo. But some of them do safety testing anyway, like the polio vaccine, for maybe 48 hours.

The hepatitis B vaccine that is given to every child in this country on the day it's born, they observe for 5 days. That means if a child dies on day 6, it never happened. If a child has a seizure on day 6, it never happened. If the baby gets food allergies and is diagnosed three years later, or autism or an autoimmune disease, it never happened. That way they can say it's safe.

The weird thing is that there was one vaccine, the MMR vaccine, that all of this hoopla is about, it's the only vaccine that has no safety testing listed on the insert. And for many years, Del Bigtree and I have been saying, "That's weird." Do any exist? What happened? So we sued HHS. We said, "where is it?"

Three weeks ago they gave us the safety testing. There were 800 kids.

Normally you have 20,000 kids or subjects in one of these. There were 800 kids in 8 different categories. For a drug they are going to give to billions of people. The testing lasted only 42 days.

But 50% of the kids who were involved in that study had gastro-intestinal illnesses, serious ones, some of them for the full 42 days. 50% had respiratory illnesses, some of them for 42 days. This is a product that is worse, according to its own record, than the illness it's pretending to prevent.

Maybe there are people here who are anti-vaxx. I am not anti-vaxx. I just want safe vaccines. And I want robust science. And I want transparency in government. And I want independent regulators who are not owned by pharma.

At the FDA, which is supposed to protect us against these products, receives 75% of its budget from the industry. The World Health Organization (WHO) receives 50% of its budget from pharma. The CDC is a pharmaceutical company. It has about \$5 billion dollars a year that it buys and sells vaccines. And individuals within HHS who worked on those vaccines at taxpayer expense, if they worked on them, they're allowed to get royalty payments.

Every vial of Gardasil that's sold, there are people within HHS, high-level individuals, who are collecting \$150,000 a year in royalties. And HHS and NIH own part of that patent and are collecting money every year. These are not regulatory agencies. They are appendages of the industry.

They don't want to hear about this. The reason they call you and me anti-vaxx is it's a way of shutting us up. So they don't have to debate these very serious issues about vaccine safety. So they don't have to debate the science.

And they've bought off the press. They put \$25 billion dollars a year into advertising. We're the only nation in the world, other than New Zealand, that allows pharmaceutical advertising on television. And they've been able to buy the press in this country. They're not only selling ads for their drugs, but

they're also dictating content.

Now they're telling us they're going to censor Facebook because they want to get rid of misinformation about vaccines. We're just talking about science. We're giving them peer-review. You'll never hear peer-review from a vaccine proponent. What you'll hear are appeals to authority. What does that mean? It means that vaccines are safe because CDC or WHO says they're safe.

But do you know who the ultimate authority is? It's the Institute of Medicine. That is why Congress named the Institute of Medicine to be the ultimate authority on vaccine safety. And do you know what the Institute of Medicine says? It says there are 150 diseases that they think are caused by vaccines, and the CDC has been directed to study them. They said that in 1994. CDC refused. They said it again in 1998. CDC refused. They said it again in 2011. They say it every year.

The Institute of Medicine says we have no idea whether these vaccines are causing this huge chronic disease epidemic. That is the ultimate authority. Not WHO. Not CDC. And the only way they can deal with these arguments is by shutting us up.

The vaccine misinformation is not coming from us, it's coming from them. How many of you have heard the networks report that 80,000 people died of flu last year? You know what CDC's data said? And CDC told the networks that number. I don't blame them, but the press is supposed to check. My father told me, people in power lie. And you're supposed to check on it. You know what CDC's own data said? 2300 people died of flu, not 80,000.

How many of you have heard that the death rate for measles is 1 in 1,000? CDC told them that. CDC's own data says that it's 1 in 10,000 people and 1 in 500,000 Americans. That's what CDC's data says. But that's not what you'll hear from the networks.

Any of you who watched NBC the other night saw Lester Holt. All of the news

shows have become advertisements and they're all part of this orchestrated frenzy that we're terrified of measles. And we've got to get this vaccine and we've got to pass this mandate. Lester Holt is sponsored by Merck, which makes the vaccine. Lester Holt showed a frightening picture on his show of a baby that was afflicted by these terrible measles bumps. It turns out it was fake. He had to fake it. He's never apologized. NBC never apologized. That is misinformation.

And Lester Holt is sitting there saying we've got to shut down this misinformation about vaccines while he is the primary promoter of that information.

This industry has been able to disable all of the institutions of our democracy that stand between a greedy corporation and a vulnerable child. As Del pointed out, they are the biggest lobbyists on Capitol Hill. There are more lobbyists than Congressmen and Senators combined. They give double the amount of oil and gas. They give four times what defense and aerospace give.

They own Congress. That's why Congress will not subpoena Bill Thompson, the chief scientist at CDC who says they've been lying to us for all these years. They've been destroying data. And they won't call him in and question him.

They have been able to disable the regulatory agencies through capture. Those agencies are now sock-puppets for the industries they're supposed to regulate. They've been able to neutralize the lawyers by making it illegal to sue a vaccine company. The lawyers and the courts are gone.

They've been able to neutralize the press, all press scrutiny. Now, they're neutralizing the internet. They're shutting us down so we cannot speak. So that nobody has to listen to the truth. So that nobody has to read the peer-reviewed science. So nobody has to listen to the questions.

The last thing standing between the corporation and that little baby is the mom and the dad. And this greedy industry cannot stand that mother who is

going to stop her little baby from being vaccinated. From buying their product and then being hooked for the rest of their lives on Adderal, Epi-Pens, Ritalin, the anti-seizure medications, and the Prozac they get at the back end of this insane industry.

And what do the democrats say? Well, there is no such thing as vaccine injury. It's all an illusion and these women are hysterical. And they're so easily deluded. But these women know what happened to their child.

I would say it's time for the Democratic party to start listening to women. And what happened to the central, fundamental plank of the democratic party? My body, my choice!

And why is our party advocating censorship?

And why is our party in bed with one of the dirtiest industries in the history of mankind?

We need to take our children back. We need to take our country back. We need to take our democracy back...

Those of you who have been involved in the past in the battle to protect our children from poorly made vaccines or toxic chemicals in our food or in our water know the power of these industries and how they've undermined every institution in our democracy that is supposed to protect little children from powerful, greedy corporations. Even the pharmaceutical companies have been able to purchase congress.

They're the largest lobbying entity in Washington D.C.. They have more lobbyists in Washington D.C. than there are congressman and senators combined.

They give twice to congress what the next largest lobbying entity is, which is oil and gas. Imagine the power they exercise over both republicans and democrats. They've captured them (our regulatory agencies) and turned them

into sock puppets. They've compromised the press, and they destroy the publications that publish real science.

Thank you.

Vaccine Ingredients Are Literally Poisons

"They don't teach us about the ingredients. They don't teach us about the studies. I almost feel like an ass. I just blindly followed through with vaccination with no real data, didn't know what was in them." —Dr. Rachel Ross, MD

Vaccine ingredients have changed from decade to decade. It is unreasonable to compare someone who was vaccinated in 1940, 1965, 1980, 1990, 2000, to someone who is vaccinated in 2019. There are more ingredients in vaccines now and they're more toxic. When someone says, "I was vaccinated and nothing happened to me." Again, the ingredients have changed. Moreover, the amount of vaccines children are receiving before the age of 18 have also changed.

1940.....4 vaccines

1960.....15 vaccines

1983.....24 vaccines

2015.....37 vaccines

2018.....74 vaccines (many of them combo vaccines, such as MMR, DTaP)

As the number of childhood vaccines increased over the decades, so has the autism rate

NUMBER OF VACCINES

RATE OF AUTISM

Based on **9** vaccines in 1980 = 1 in 10,000

Based on **15** vaccines in 2002 = 1 in 250

Based on **32** vaccines in 2008 = 1 in 88

Based on **49** vaccines in 2013 = 1 in 50

Based on **74** vaccines in 2017 = **1 in 36**

Before vaccinating your child, ask your doctor for 3 things:

- 1. A vaccine package insert for every vaccine they want to give your child. Even though it's your right to request this information, your doctor or nurse will suddenly turn hostile and make excuses why you can't have them.**
- 2. The study that shows that every vaccine they want to give your child has been proven safe in combination with all other vaccines they want to give your child.***
- 3. The medical justification for 74 vaccines.***

The first smallpox vaccine was conceptualized in 1796. Since that time, the ingredients in vaccines have radically changed. In the 1800s to early 1900s, the vaccine ingredients were from animal and human diseases. Basically, they used to take diseases from animals (mainly cowpox) and human diseases (mainly smallpox) and injected them into humans. Modern day vaccine ingredients are no better.

If the average person was shown the ingredients in modern vaccines, they would have second thoughts about vaccination. Some of these ingredients

are,

- mercury (thiomersal, shown to cause brain damage)
- brain damage can be temporary or permanent and takes many forms: autism, non-verbal, speech delay, developmental delay, ADD, ADHD, bipolar, schizophrenia and other mental disorders
- formaldehyde (a carcinogen used in floor covering)
- aluminum (shown to cause autism, Alzheimer's, and other brain damage)
- human DNA (Italian scientist, Gian Paolo Vanoli, linked female DNA in vaccines to the rise in male homosexuality and transgenderism)
- animal DNA
- MSG (Monosodium Glutamate)
- animal blood
- polysorbate 80 (opens the blood-brain-barrier for heavy metals to penetrate the brain)
- aborted human baby fetal cells
- unknown substances. Due to "trade secret" laws, many ingredients don't have to be listed; it's been found that peanut was one of these trade secret ingredients

"Every vaccine is contaminated. I have stopped vaccinating myself." —Dr. Stephen Frantz, scientist, pathobiologist, John Hopkins, CDC

"Vaccines are heavily contaminated. Some vaccine lots are more contaminated than others, some doses of the contaminated lot are more contaminated than others, so if you happen to get the contaminated dose, then guess what happens to your immune system? It goes down. You're weakened, you're susceptible to infectious diseases. In addition, the multiple drugs and vaccine reaction wreck havoc on your body. This is what they aren't telling you. The game is to manipulate through fear...some people are so brainwashed, they're braindead." —Dr. Leonard Horowitz, MPH (Master of Public Health), DMD, MA, Harvard University graduate

Vaccine ingredients are literally a mix of poisons and don't belong

in the body

WHAT'S IN A VACCINE?

NONE OF THESE SHOULD BE INJECTED INTO YOUR BODY.

ALUMINUM

Known to cause brain damage at all doses, linked to ALZHEIMER'S DISEASE, dementia, seizures, autoimmune issues, SIDs and cancer. This toxin accumulates in the brain and causes more damage with each dose.



GENETICALLY MODIFIED YEAST, ANIMAL, BACTERIAL AND VIRAL DNA

Can be incorporated into the recipient's DNA and cause GENETIC MUTATIONS.

FORMALDEHYDE [formalin]

Formaldehyde [formalin]
Known to cause CANCER in humans. Banned in Europe. Probable gastrointestinal, liver, respiratory, immune, nerve and reproductive system POISON.

HUMAN AND ANIMAL CELLS

Human DNA from aborted BABIES, pig blood, rabbit brains, dog kidneys, cow hearts, & more. Linked to childhood leukemia and diabetes.

MERCURY [thimerosal]



One of the most toxic substances known. Tiny doses will damage the brain, gut, liver, bone marrow, nervous system and/or kidneys. Linked to autoimmune and neurological disorders.

Polysorbate 80 & 20

Known to cause CANCER in animals and linked to numerous autoimmune issues and infertility.

MONOSODIUM GLUTAMATE [MSG]

A toxic chemical that is linked to birth defects, developmental delays and infertility.

www.march-against-monsanto.com

If vaccines worked, they wouldn't have to change the ingredients.

"Why in the world are we mandating the MMR vaccine when the scientists

who designed it said we lied about it. Merck told us to lie about it. Because we couldn't produce the antibodies of the mumps portion of the vaccine, they told us to inject the mumps virus into rabbits, take the antibodies out of those rabbits, put them into the human lab files, and lie to the FDA about what we found." —Robert F. Kennedy, Jr., June 2019. [Merck is the company that killed 60, 000 Americans with its Vioxx drug; some estimate as high as 500,000 people worldwide. Merck also makes the MMR (Measles, Mumps, Rubella) vaccine. As of July 2019, Merck is facing US federal fraud lawsuits for its Shingles, Gardasil, and MMR vaccines].

Aborted Fetal Tissue in Vaccines	
Hep A/Hep B (Twinrix)	formalin, yeast protein, aluminum phosphate, aluminum hydroxide, amino acids, phosphate buffer, polysorbate 20, neomycin sulfate, MRC-5 human diploid cells
Hep A (Havrix)	aluminum hydroxide, amino acid supplement, polysorbate 20, formalin, neomycin sulfate, MRC-5 cellular proteins
MMR (MMR-II)	Medium 199, Minimum Essential Medium, phosphate, recombinant human albumin , neomycin, sorbitol, hydrolyzed gelatin, chick embryo cell culture, WI-38 human diploid lung fibroblasts
Varicella (Varivax)	sucrose, phosphate, glutamate, gelatin, monosodium L-glutamate, sodium phosphate dibasic, potassium phosphate monobasic, potassium chloride, sodium phosphate monobasic, potassium chloride, EDTA, residual components of MRC-5 cells including DNA and protein , neomycin, fetal bovine serum, human diploid cell cultures (WI-38) , embryonic guinea pig cell cultures, human embryonic lung cultures
Zoster (Shingles – Zostavax)	sucrose, hydrolyzed porcine gelatin, monosodium L-glutamate, sodium phosphate dibasic, potassium phosphate monobasic, neomycin, potassium chloride, residual components of MRC-5 cells including DNA and protein , bovine calf serum
CDC Source http://www.cdc.gov/vaccines/pubs/pinkbook/downloads/appendices/B/excipient-table-2.pdf Facebook.com/RageAgainstVaccines	

“We’ve been looking at aluminum, which is common in many vaccines...We injected aluminum hydroxide, the same stuff in vaccines and we injected it into mice, into the muscles to see what would happen if we tried to mimic the vaccine schedule. We were quite surprised to see how quickly the behavioural symptoms emerged—they showed behavioural deficits, and they definitely showed cognitive deficits. Once we sacrificed the animals and started looking

inside their brains and spinal cords, we found massive damage to motor neurons. We may be creating the conditions for disease. Even, 20, 30, or 40 years down the road.” —Dr. Dwight Lindholm, MD, pediatric neurologist

'Everyday millions of children are lined up and injected with toxic putrid substances grown on animal organs, cancer cells, aborted fetuses and other toxic substances. Few people are questioning how those viruses were obtained and how they were grown in a laboratory. If one would ask these sensible questions, one would become very enlightened about vaccine production...I warn you now, discussing vaccine-production will turn your stomach. Vaccines are made from the most vilest and filthiest substances on the earth. Since the definition of abomination is "anything that is filthy", the term describes vaccinations adequately and truthfully. The vaccine "cauldron" is full of putrid junk from bodies exposed to disease and excreting morbid purulence. Science gathers this junk up in hopes of making vaccines for "preventing" disease; and we are being fooled while vaccinations cause increases in diseases.' —Dr. Joseph Mercola, MD

Autism is listed as a side effect of the MMR (Measles, Mumps, Rubella) combo vaccine.

The drug company that makes the M.M.R. vaccine (Merck) publishes an extensive list of warnings, contraindications, and adverse reactions associated with this triple shot. It may be found in the vaccine package insert that is given to doctors administering M.M.R., and inside the Physician's Desk Reference (PDR)(8,9). However, this information is never given to patients or parents. The original M.M.R. insert is quoted immediately below.

An Excerpt from the Original M.M.R. Drug Insert

The following afflictions affecting nearly every body system -- blood, lymphatic, digestive, cardiovascular, immune, nervous, respiratory, and sensory -- have been reported following receipt of the MMR shot: encephalitis, encephalopathy, neurological disorders, seizure disorders, convulsions, learning disabilities, subacute sclerosing panencephalitis (SSPE) demyelination of the nerve sheaths, Guillain-Barré syndrome (paralysis), muscle incoordination, deafness, panniculitis, vasculitis, optic neuritis (including partial or total blindness) retinitis, otitis media, bronchial spasms, fever, headache, joint pain, arthritis (acute and chronic) transverse myelitis, thrombocytopenia (blood clotting disorders and spontaneous bleeding) anaphylaxis (severe allergic reactions) lymphadenopathy, leukocytosis, pneumonitis, Stevens-Johnson syndrome, erythema multiforme, urticaria, pancreatitis, parotitis, inflammatory bowel disease, Crohn's disease, ulcerative colitis, meningitis, diabetes, **autism**, immune system disorders, and death (Figure 49).(10,11).

The M.M.R. vaccine manufacturer has begun censoring autism from the package insert for its second version of the M.M.R. vaccine ("M.M.R. 2"). Most of the above indications continue to be present in the package insert, but only in private

Vaccine Side Effects (Adverse Reactions)

Adverse reactions is a deceptive way of saying you're being poisoned. When those toxins and poisons in the vaccines are injected into the body, the body has abnormal reactions to them. Basically, the reactions are telling your body that it's being poisoned.

If the consumers were shown some of the side effects (adverse reactions), it's unlikely they'll want to vaccinate their children. The side effects of vaccines are stated in the product inserts (10-30 pages long and not the 1 page handout doctors pharmacists give when you ask) provided by the drug companies (vaccine makers) themselves. Some of the side effects are,

- chronic ear infection
- redness, swelling, uncontrolled screaming, seizures

- allergies (particularly food: peanuts, dairy)
- asthma
- paralysis (Guillain-Barr Syndrome—GBS)
- brain damage (autism, behavioural problems, learning disabilities, mental orders, non-verbal, speech delay)
- SIDS (Sudden Infant Death Syndrome, which is actually VIDS—Vaccine Induced Death Syndrome)
- cancer (in 2018, cancer was the leading cause of death by disease in children)
- death (SIDS—Sudden Infant Death Syndrome—which is actually VIDS—Vaccine Induced Death Syndrome)
- nerve control disorders (sleepy eyes, droopy face, crossed eyes, loss of eye contact)
- autoimmune diseases (celiac, Diabetes Type 1, arthritis, Hashimoto's disease, inflammatory Bowel disease, multiple sclerosis, psoriasis, rheumatoid arthritis, chronic fatigue syndrome, narcolepsy, Crohn's disease, fibromyalgia, juvenile arthritis, lyme disease, vitiligo, rheumatic fever, Meniere's disease, scleroderma, ulcerative colitis, Addison's disease, thyroid disease)

The DTaP (Diphtheria, Tetanus, Pertussis) vaccine insert clearly states that one side effect is autism and SIDS (Sudden Infant Death Syndrome).

Blood & Biologics

es, Blood & Biologics • Vaccines • Approved Products

Tripedia

Proper Name: Diphtheria and Tetanus Toxoids and Acellular Pertussis Vaccine Adsorbed

Tradename: Tripedia

Manufacturer: Sanofi Pasteur, Inc. License #1725

Indications: For active immunization against diphtheria, tetanus, and pertussis (whooping cough) as a five-dose series in infants and children 6 weeks to 7 years of age (prior to seventh birthday).

Product Information

- Package Insert - Tripedia (PDF - 167KB)

Supporting Documents

- March 7, 2001 Approval Letter - Tripedia
Preservative-free, single dose vial presentation.
- August 24, 2000 Approval Letter - Tripedia
5th dose at 4-6 years of age after 4 prior doses of Tripedia.
- September 27, 1996 Approval Letter - Tripedia
For the reconstitution of Haemophilus b Conjugate Vaccine (Tetanus Toxoid Conjugate).

A few cases of demyelinating diseases of the CNS have been reported following some tetanus toxoid-containing vaccines or tetanus and diphtheria toxoid-containing vaccines, although the IOM concluded that the evidence was inadequate to accept or reject a causal relationship.³⁷

Adverse events reported during post-approval use of Tripedia vaccine include idiopathic thrombocytopenic purpura, SIDS, anaphylactic reaction, cellulitis, autism, convulsion/grand mal convulsion, encephalopathy, hypotonia, neuropathy, somnolence and apnea. Events were included in this list because of the seriousness or frequency of reporting. Because these events are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequencies or to establish a causal relationship to components of Tripedia vaccine.²

Reporting of Adverse Events

The National Vaccine Injury Compensation Program, established by the National Childhood Vaccine Injury Act of 1986, requires physicians and other health-care providers who administer vaccines to maintain permanent vaccination records of the manufacturer and lot number of the vaccine administered in the vaccine recipient's permanent medical record along with the

"Every single vaccine causes encephalitis (brain swelling). How bad does that brain swelling get? It varies depending on the child's diet, the mother's diet, whether the child is breast fed. But every single vaccine causes encephalitis, or brain swelling." —Dr. Michael D. Farley, ND, Forensic Pathology Consultant, 2019 interview, author of "The Definitive Guide on Medicinal Herbs: How to Survive the Coming Pharmaceutical Monopoly"

Vaccines also cause the very diseases they're intended to prevent. For example, measles is a side effect of the measles vaccine and polio is a side effect of the polio vaccine.

As you can deduce from ingredients and side effects: Vaccine ingredients are more poisonous than those used to make meth. Vaccine have more and deadlier side effects than cigarettes.

The U.S. is the highest vaccinated country in the world; it also happens to have the highest infant mortality rate in the developed world.

Within the U.S., the state of Mississippi has the highest vaccination rate; it also happens to be the unhealthiest state in the U.S. According to the CDC, Mississippi had the highest rates of SIDS (Sudden Infant Death Syndrome), cancer, Alzheimer's, flu and pneumonia (despite having the highest flu and pneumonia vaccination rate). Highest vaccination rate equals to unhealthiest—this is the constant refrain of vaccination. You only need to look at the vaccine ingredients and side effects to know why.

Within the states, Rockland County, New York, has the lowest vaccination rate; it happens to be the healthiest in New York. These are not coincidences, but statistics.

If vaccines work, they wouldn't have to change the ingredients so often. If vaccines are safe, they wouldn't cause an extensive list of illnesses and diseases.

The US had the highest infant vaccination rate in the developed world; it also had the highest infant mortality rate in the world. SIDS (Sudden Infant Death Syndrome) is listed as a side effect of some vaccines, and the majority of SIDS occur several hours or days of vaccination

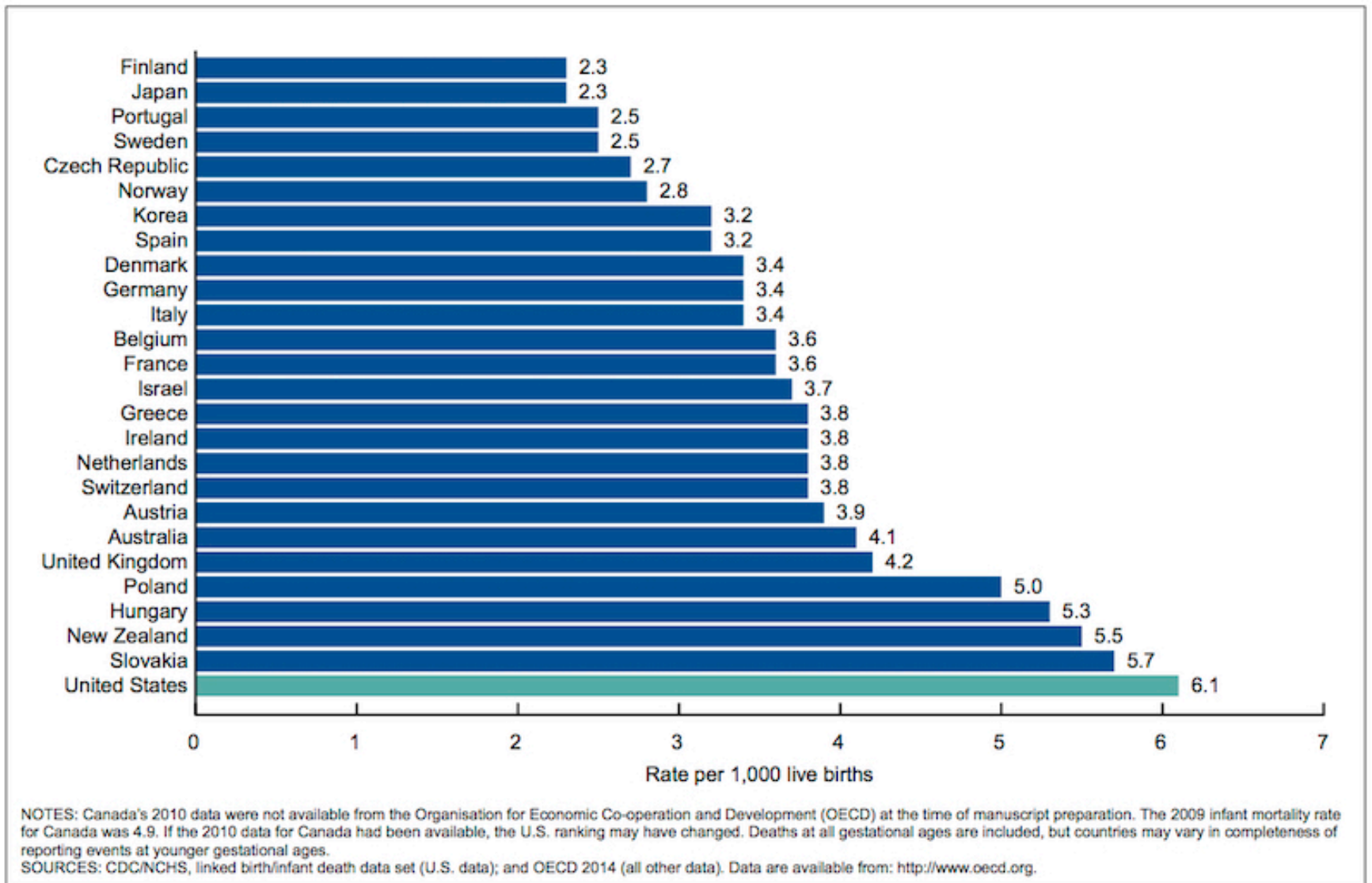


Figure 1. Infant mortality rates: Selected Organisation for Economic Co-operation and Development countries, 2010

Vaccinated people spread diseases

Some vaccines contain live, attenuated (weakened) viruses. The MMR (Measles, Mumps, Rubella) combo vaccine is one. People who receive a live-virus vaccine are likely to "shed" (through the SHEDDING PROCESS) their diseases to other people. That is, the virus is being communicated from the vaccinated to those around them. It is the vaccinated who spread diseases, because healthy unvaccinated people cannot spread diseases they don't have. To get around this issue, the drug companies are claiming that unvaccinated people are spreading diseases "they don't know they have". Unvaccinated people are a threat—a threat to drug company profits. You cannot spread a disease you don't have. The idea that you can have a disease and not know about it (no physical symptoms) is as valid as the "vaccines are safe and effective" mantra. Again, the drug companies skirt around this issue by fabricating the theory of the "incubation period"—the disease is being incubated inside of you and you don't know about it. However, there has

never been anyone whose disease was in the "incubation period" communicating their disease to another person. Not one. Ever.

Studies Show that Vaccinated Individuals Spread Disease - The W...

 <https://www.westonaprice.org/studies-show-that-vaccinated-individuals-spread-disease/>

Studies Show that **Vaccinated** Individuals Spread **Disease**. Should the Recently **Vaccinated** be Quarantined to Prevent Outbreaks? WASHINGTON, D.C. -February 2, 2015- [GlobeNewsWire] — Health officials are blaming unvaccinated children for the recent measles outbreak that started at Disneyland.

Can vaccines cause or spread diseases? | Northern Rivers Vaccina...

 <https://nrvs.info/faqs/can-vaccines-cause-or-spread-diseases/>

Can vaccines cause or spread **diseases**? What about cell lines? Injection vs ingestion: is there a difference? Isn't vaccinating a personal choice? Why are my unvaccinated children a threat? Which vaccines are most important? Aren't these illnesses just a right of passage for kids? Why might you get the **disease** even though you are **vaccinated** ...

Public Health Officials Know: Recently Vaccinated Individuals Spre...

 <https://www.cnbc.com/2015/03/03/globe-newswire-public-health-officials-know-recentl...>

Mar 03, 2015 · Washington, D.C., March 3, 2015-- Physicians and public health officials know that recently **vaccinated** individuals can spread **disease** and that contact with the immunocompromised can be especially ...

Measles being spread by VACCINATED children, research confirm...

 <https://thedailycoin.org/2019/03/15/measles-being-spread-by-vaccinated-children-resea...>


Measles being spread by **VACCINATED** children, research confirms By Ethan Huff for News Target Mainstream media reports are brimming with condemnation against parents who make the informed decision not to vaccinate their children, claiming that unvaccinated individuals are directly responsible for...

Vaccine-Injury: Studies Show Vaccines Spread Disease

 <https://www.vaccine-injury.info/studies-show-vaccines-spread-disease>

Population studies universally show that **vaccinated** populations experience more **disease** outbreaks than those with no vaccinations. In a 1992 New Zealand study comparing 226 **vaccinated** to 229 unvaccinated children, the results overwhelmingly showed that the unvaccinated children suffered far less from chronic childhood illnesses including tonsillitis, sleep apnea, hyperactivity, ear infections ...

Vaccinated Population Contracting and Spreading Disease They w...

 <https://healthimpactnews.com/2012/vaccinated-population-contracting-and-spreading-d...>
Vaccinated Population Contracting and Spreading Disease They were Vaccinated For By Dr. Mercola Recently published research in the New England Journal of Medicine 1 investigated the reasons behind, and potential solutions, for mumps outbreaks reported to the CDC during the past several years.

Despite their training, pharmacists, nurses, doctors, and scientists have had to learn the hard way about vaccines. The reason is that the drug companies profit from vaccines and it is the drug companies that decide what is taught in allopathic medical schools.

“The entire vaccine program is based upon nonsense, fear, and concocted fairy tales.” —Dr. Russell L. Blaylock, M.D., neurosurgeon, editorial staff of Journal of American Physicians and Surgeons

“There is no evidence that any influenza vaccine thus far developed is effective in preventing or mitigating any attack of influenza. The producers of these vaccines know that they are worthless, but they go on selling them anyway.” —Dr. J. Anthony Morris, Former Chief Vaccine Control Officer, US FDA

Contains:

- 25 mcg of Mercury
- Squalene MF59
- Polysorbate 80
- Egg Protein
- Sodium deoxycholate
- Ethanol
- Formaldehyde
- a-tocopheryl hydrogen succinate
- Triton x100
- Disodium hydrogen phosphate heptahydrate
- Dog Kidney Cells

Like ALL vaccines...It may not "protect" all individuals & has never been tested in pregnancy.

Side Effects Listed on the Inserts:

- Blood & Lymphatic Disorders
- Gastrointestinal Disorders
- Eye Disorders
- Influenza-type Illness
- Respiratory Infections
- Metabolism & Nutrition Disorders
- Musculoskeletal & Connective Tissue Disorders
- Nervous System Disorders
- Psychiatric Disorders
- Guillain-Barre Syndrome
- Death

There have been reports of other neurological illnesses, including:

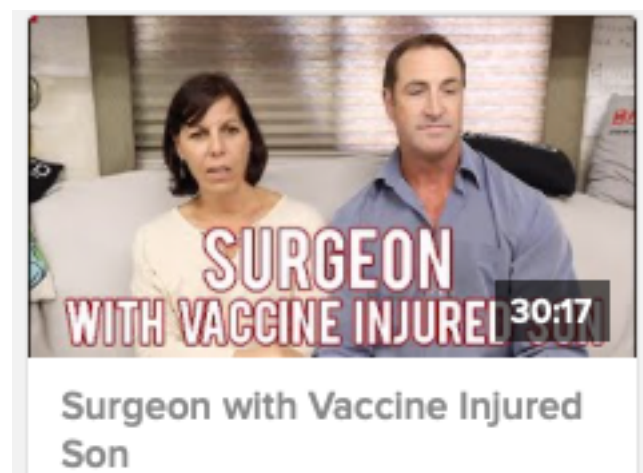
- Facial Paralysis
- Encephalitis (brain swelling)
- Encephalopathy (brain damage)
- Demyelinating Disease
- Labyrinthitis

Does this sound healthy to you?
Educate before you Vaccinate

For more info go to: www.AreVaccinesSafe.org

“...most ‘flu’ appears to have nothing to do with influenza. Every year, hundreds of thousands of respiratory specimens are tested across the US. Of those tested, on average 16% are found to be influenza positive.” –Dr. Peter Doshi, MD, former British Medical Journal editor

“71 people would need to be treated with the flu vaccine to prevent one case. In other words, the flu vaccine did nothing for 70 out of 71 who received it. That means this study found the flu vaccine failed 99% (70/71).” — Dr David Brownstein, MD

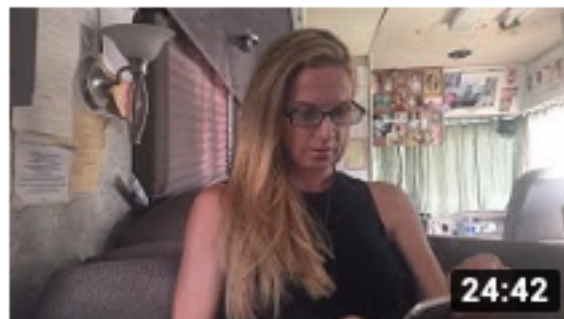




**My Vaxxed child versus my
unvaccinated child**



Brain Damaged By Vaccines



**I am a doctor and I now know
the truth about vaccines...**



**I am an RN and I will never
vaccinate again**



I'm a pharmacist and I will
never vaccinate again



I was a scientist and will now
never vaccinate my...

In the US, less than 1% of vaccine injuries are reported because people aren't aware.

"Adverse events from drugs and vaccines are common, but underreported. Although 25% of ambulatory patients experience an adverse drug event, less than 0.3% of all adverse drug events and 1-13% of serious events are reported to the Food and Drug Administration (FDA). LIKEWISE, FEWER THAN 1% OF VACCINE ADVERSE REACTIONS ARE REPORTED." —Dr. Ross Lazarus, MBBS, MPH, MMed, GDCompSci, Vaccine Adverse Event Reporting System (VAERS)

LESS THAN 1% OF VACCINE INJURIES ARE REPORTED

2018 VAERS (Vaccine Adverse Event Reporting System) U.S. STATISTICS	IF ALL VACCINE INJURIES WERE REPORTED
60, 544 REPORTS	6, 054, 400 REPORTS
443 DEATHS	44, 300 DEATHS
1, 267 PERMANENT DISABILITIES	126, 700 PERMANENT DISABILITIES
4, 414 HOSPITALIZATIONS	441, 400 HOSPITALIZATIONS

There is no other product that causes these many injuries and deaths and continued to be sold and marketed as "safe and effective." Drug companies are protected from direct liability by the 1986 H.R.5546 National Childhood Vaccine Injury Act. Save for rare circumstances, vaccine injured victims must make claims through NVIC (National Vaccine Injury Compensation Program). Vaccines have never been safe and effective.

"Adverse events from drugs and vaccines are common, but underreported. Although 25% of ambulatory patients experience an adverse drug event, less than 0.3% of all adverse drug events and 1-13% of serious events are reported to the Food and Drug Administration (FDA). LIKEWISE, FEWER THAN 1% OF VACCINE ADVERSE REACTIONS ARE REPORTED." —Dr. Ross Lazarus, MBBS, MPH, MMed, GDCCompSci, Vaccine Adverse Event Reporting System (VAERS)

The stats above are for ONE YEAR: 2018.

More patients/parents declining vaccination

Dr. Ray Andrew, MD

I am running into an increasing number of patients/parents who decline to receive vaccinations. I don't call them "anti-vaxxers" because that is the most immature way I can imagine to refer to another human being with an opinion, whether I consider it informed or not. Name-calling is what people do in politics when they don't have an intelligent response to an opposing party's argument or viewpoint. This is supposed to be science, not politics.

Based on my experience, those who choose not to vaccinate care just as much about their children as you and I do. But they are looking for information. They no longer consider the AAP and the CDC as unbiased sources of information because the former has ties to the drug industry and the latter actually owns vaccine patents.

These parents want me to show them long-term safety studies, which I am unable to find. They are bothered by the ingredient lists of vaccines, knowing that there are EPA-listed toxins in many of them.

Some don't like knowing that cells and DNA from aborted fetuses as well as animals are used in vaccine production. Some demand true double-blind, randomized, placebo-controlled (using saline controls, not adjuvants) trials proving efficacy, which simply do not exist, even though we keep telling everyone that this is the gold standard in medicine.

Some ask why—if informed consent exists for every other procedure in medicine—doctors and governments are trying to force vaccination on them, throwing informed consent (a legal right, I was taught) out the window.

Some make the argument that, if vaccines are so effective, the vaccinated shouldn't worry about getting sick from the unvaccinated.

And they ask me for scientific proof of the theory of herd immunity. I don't

remember being shown any evidence of this in medical school. It was simply taught as a self-evident fact. But my patients don't accept "facts" anymore, not without seeing some proof.

So, when I receive all of these communications from different organizations telling me how I am supposed to combat the growing threat of vaccine deniers, I feel like a straw man because these communications never present actual evidence to respond to the questions of these parents. They're just talking points, empty claims, and official pronouncements.

In conclusion, some of my patients vaccinate, and some don't. I respect both kinds. They are both intelligent and care for their children. Last I checked, the Hippocratic oath doesn't require me to insult people with whom I don't agree. I present what evidence I can find, and let them choose based on their values, not mine. Maybe that's not allowed anymore. Maybe I'm supposed to kick them out of my practice if they disagree with me. Maybe they should be kicked out of school. Out of the country, even. If that's the America of the future, that's not a country I would want to live in.

History of Vaccination

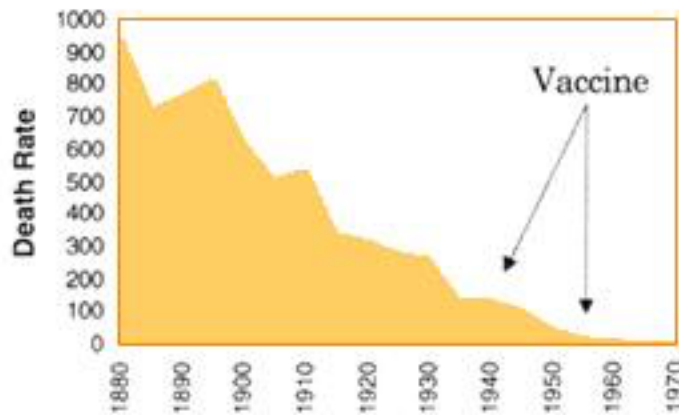
"What the vaccinators don't tell you is that communicable diseases have been declining at a steady rate for 150 years and that there is no relationship between the various diseases and the onset of immunization. Without exception, the vaccine program for each of the childhood diseases was inaugurated after that particular diseases had begun to disappear. Contrary to what you have been told, this includes polio. What the vaccines have done is cause the various childhood diseases to become adulthood diseases—with far more serious implications, mumps in men and rubella in women for example." —Dr. William Douglass, MD

"Vaccines have never had the proclaimed preventive effect on infections. The regression of infectious diseases started over 200 years ago, which means long before the introduction of vaccination, and it was due to the improved

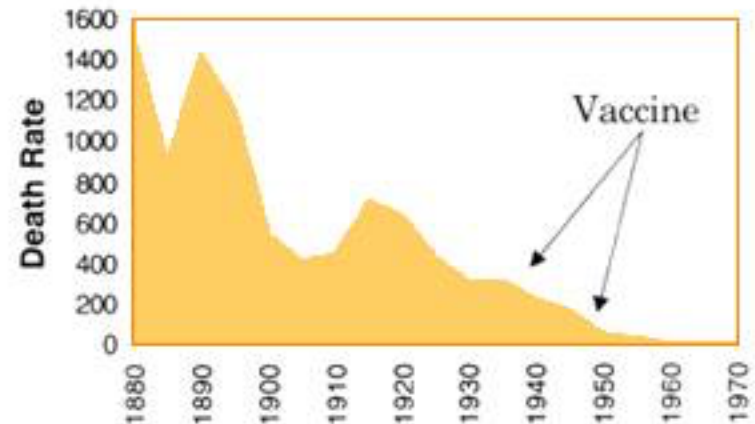
social conditions of the population: nutrition and hygiene." —Dr. Gerhard Buchwald, MD, 1989

The graphs below clearly show that diseases were on a sharp decline, then the drug companies introduced vaccines to take credit for what sanitation, hygiene, and nutrition achieved.

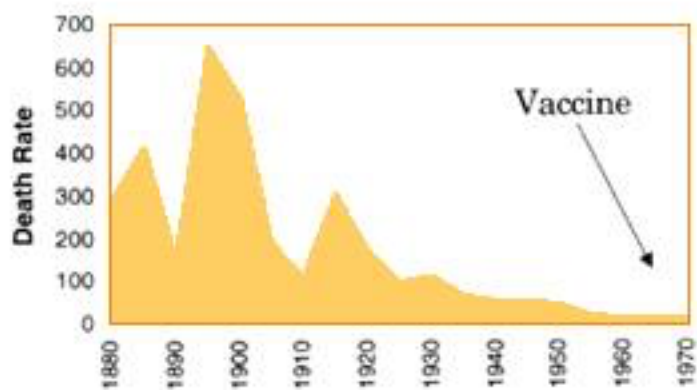
Whooping Cough



Diphtheria



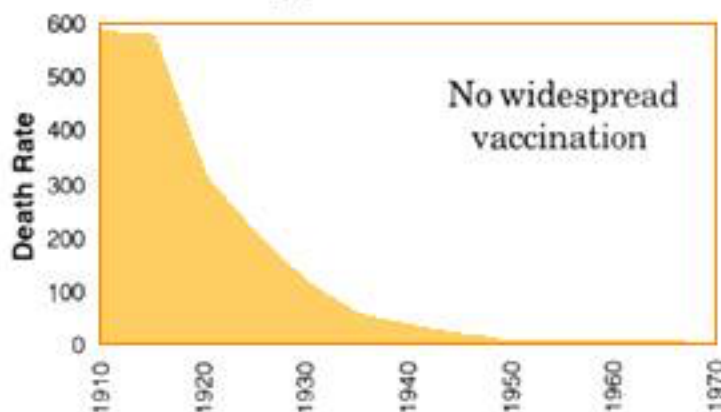
Measles



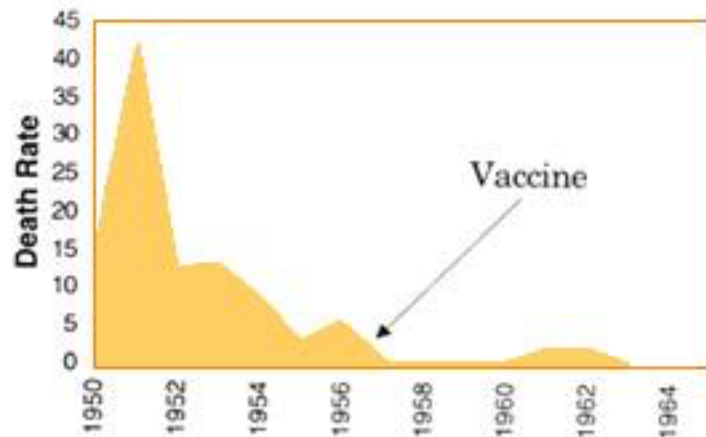
Scarlet Fever

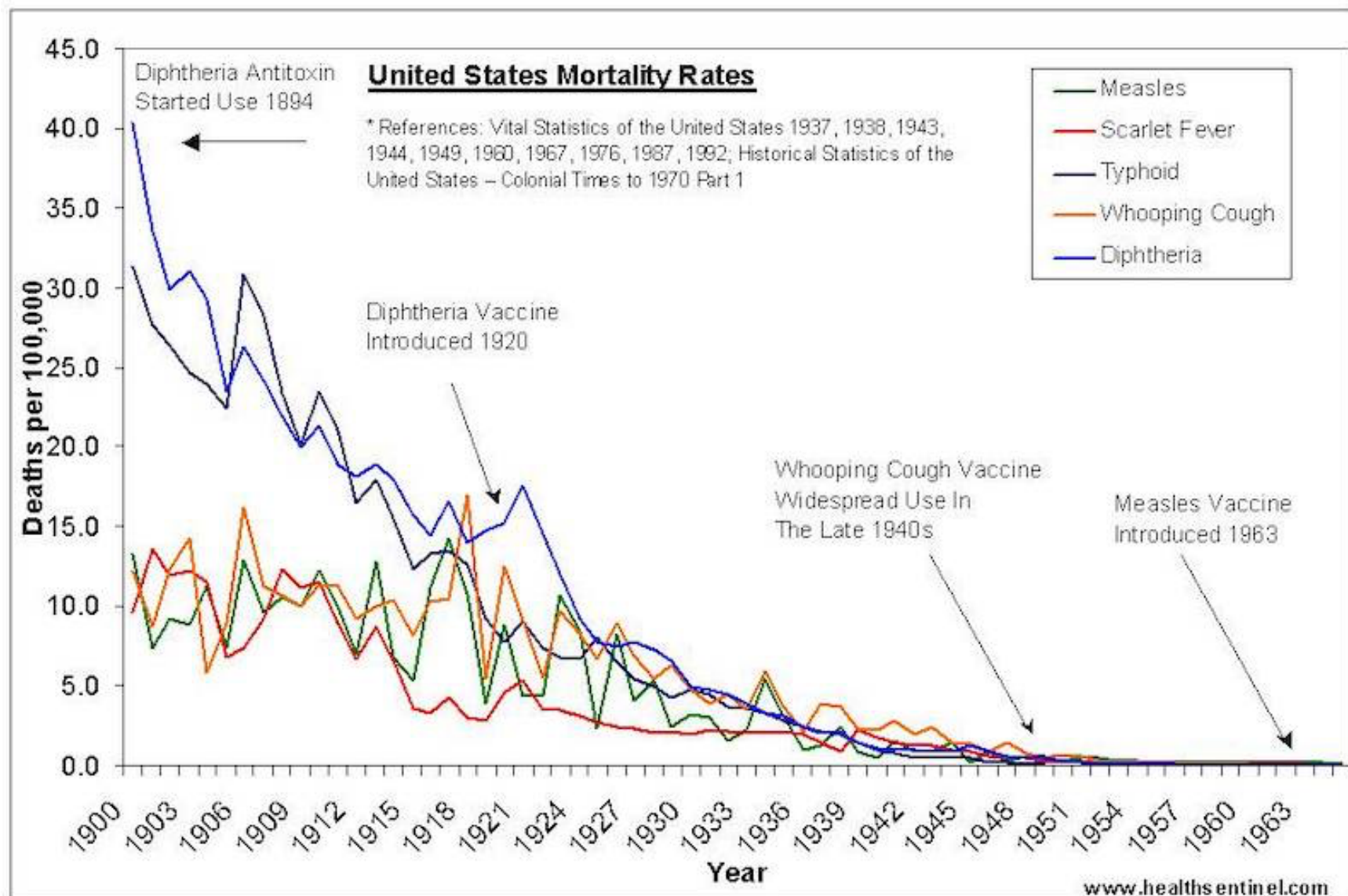


Typhoid Fever



Polio





As said earlier, vaccinations never prevented a single disease and never saved a single life. Vaccination caused diseases wherever it was practiced. This has been documented since 1850, in 25 books. I have read and restored these books to modern digital formats and I can say without reservation that **VACCINATION IS THE BIGGEST MEDICAL FRAUD IN HISTORY**. Take measles for example, by 1962 the measles death rates had declined by 98%. Then the next year, 1963, the drug companies introduced the measles vaccine. The drug companies have claimed that their measles vaccine nearly eradicated measles, when measles death rate had declined by 98% **BEFORE** the measles vaccine was introduced in 1963. In other words, by 1962 the measles death rate had declined by 98%. then the measles vaccine was introduced in 1963.

THE MEASLES THROUGHOUT THE DECADES

Prior to 1963, before the measles vaccine was introduced.

The measles was classified as a benign ILLNESS that conferred health advantages, such as lifelong immunity and fighting cancer later in life.

The measles was mostly caused by a vitamin A deficiency, just like scurvy was caused by a vitamin C deficiency.

No one feared the measles.

After 1963, when the measles vaccine was introduced

The measles was reclassified as life threatening DISEASE.

The measles death (mortality) rate had declined 98% BEFORE the measles vaccine was introduced.

People were made to fear the measles by the drug companies after the measles vaccine was introduced.

2019, when the drug companies and corrupt politicians began pushing mandatory vaccination.

The measles suddenly became a public health and national security threat.

During the "measles outbreaks that threatened public health and national security", the media failed to name a verified unvaccinated person who died from measles.

More people die from lightning strikes than the unvaccinated die from the measles.

"Measles is a self-limiting infection of short duration, moderate severity, and low fatality." —Dr. Alexander Langmuir (1910-1993), former head of the CDC, the father of infectious disease epidemiology

Furthermore, measles was classified as a benign illness (not a disease) before the drug companies introduced the measles vaccine in 1963. After the measles vaccine was introduced in 1963, the public was made to fear the measles, which was essentially a mild fever accompanied by a rash. This pattern of propaganda and historical revision can be seen with every disease and vaccine introduced thereafter. These subjects are covered more detail in the 25 books below.

1) The Poisoned Needle: Suppressed Facts About Vaccination

Eleanor McBean, PhD, ND

1957

2) A Century of Vaccination and What It Teaches

William Scott Tebb, MA, MD, DPH

1898

3) Vaccination: Proved Useless and Dangerous

From 45 Years of Registration Statistics

Alfred R. Wallace, LL.D. DUBL., DCL OXON., FRS, etc.

1885

4) Vaccination: Its Fallacies and Evils

Robert A. Gunn, MD

1882

5) Compulsory Vaccination: The Crime Against the School Child

Chas. M. (Charles Michael) Higgins

1915

6) The Truth about Vaccination and Immunization

Lily Loat, secretary of the National Anti-Vaccination League of London

1951

7) Leicester: Sanitation versus Vaccination

Its Vital Statistics Compared with Those of Other Towns, the Army, Navy, Japan, and England and Wales

By J.T. Biggs, J.P.

1912

8) The Vaccination Question

Arthur Wollaston Hutton, MA

1895

9) Vaccination a Delusion: Its Penal Enforcement a Crime
Alfred Russel Wallace, LL.D. DUBL., DCL OXON., FRS, etc.
1898

10) Vaccination a Curse and Menace to Personal Liberty
With Statistics Showing Its Dangers and Criminality
James Martin Peebles, MD, MA, PhD
Tenth Edition, 1913

11) Dr. C.G.G. Nittinger's Evils of Vaccination
C. Charles Schieferdecker, MD
1856

12) The Vaccination Question in the Light of Modern Experience
An Appeal for Reconsideration
C. Killick Millard, M.D., D.Sc.
1914

13) Jenner and Vaccination: A Strange Chapter of Medical History
Charles Creighton, MD
1889

14) The Horrors of Vaccination: Exposed and Illustrated
Charles M. Higgins
1919

15) Vaccination: The Story of a Great Delusion
William White
1885

16) Vital Statistics in the United States, 1940-1960
Robert D. Grove, Alice M. Hetzel
US Department of Health, Education, and Welfare
1968

17) The Mandatory Vaccination Plan
National Immunization Policy Council
1977

18) The Fraud of Vaccination
Walter Hadwen, JP., MD, LRCP., MRCS, LSA
From "Truth," January 3, 1923

19) Vaccination a Curse
C.W. Amerige, MD
1895

20) Vaccination a Medical Fallacy
Alexander Wilder, MD
1879

21) The Dream & Lie of Louis Pasteur
Originally Pasteur: Plagiarist, Imposter
R.B. Pearson
1942

22) The Vaccination Problem
Joseph Swan
1936

23) The Fallacy of Vaccination
John Pitcairn, President of the Anti-Vaccination League of America
1911

24) The Case Against Vaccination
Walter Hadwen, JP, MD, LRCP, MRCS, LSA
1896

25) A Catalogue of Anti-Vaccination Literature
The London Society for the Abolition of Compulsory Vaccination

114 Victoria Street, Westminster
1882, 2018

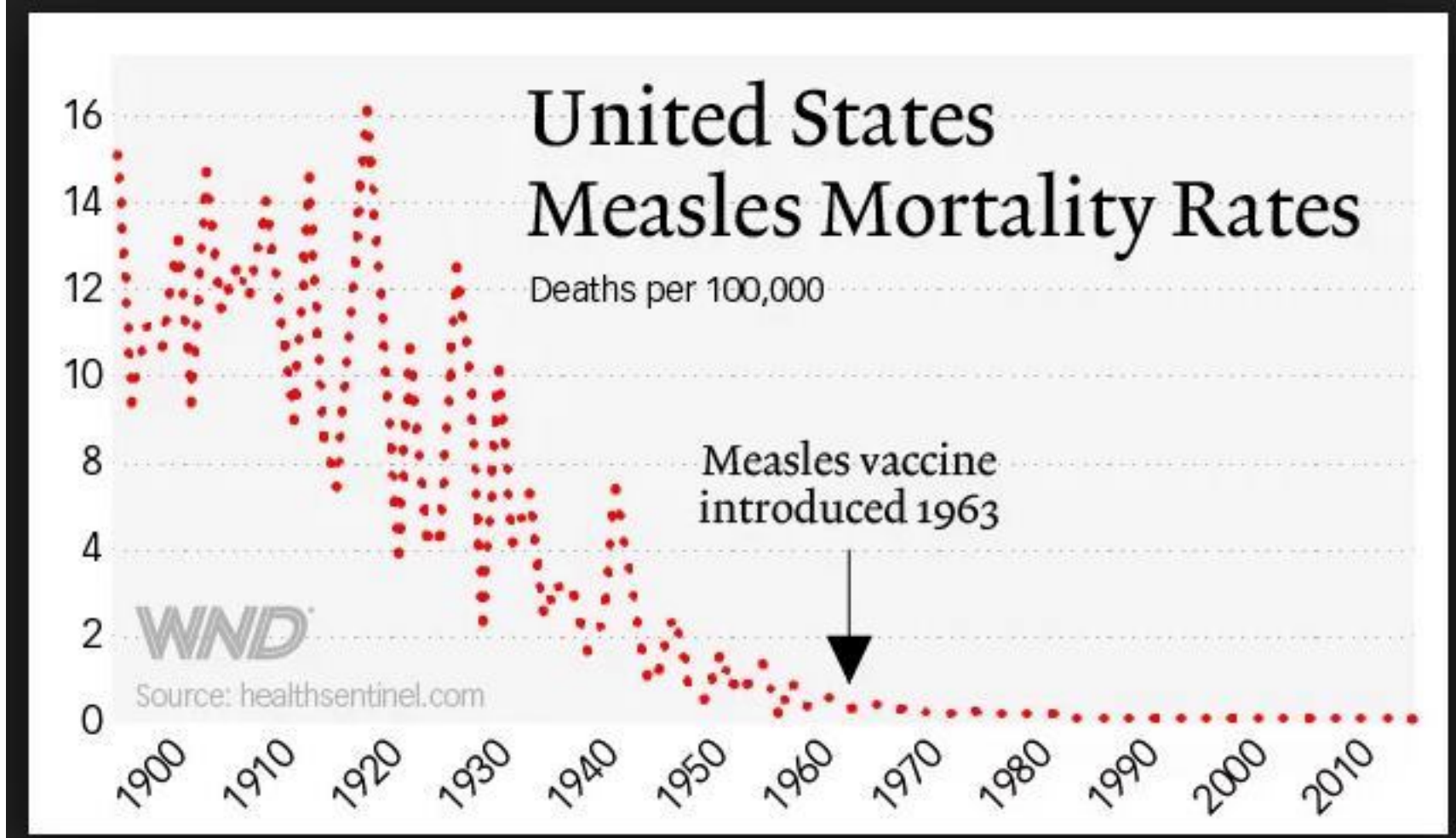
“Sanitation did for Prussia what 35 years of compulsory vaccination was unable to accomplish. At the present time in Prussia, smallpox is almost extinct. It is not that people are being vaccinated more; they are vaccinated less.” —Dr. Walter R. Hadwen, MD, 1896, “The Case Against Vaccination”

"It is pathetic and ludicrous to say that we ever vanquished smallpox with vaccines when only 10% of the population was ever vaccinated." —Dr. Glen Dettman, AMM, BA. PhD

You don't live like people used to live; therefore, you shouldn't fear contracting the diseases people used to contract. You have electricity, running water, heating, refrigeration, soap, showers, paper towels, supermarkets, and other modern amenities.

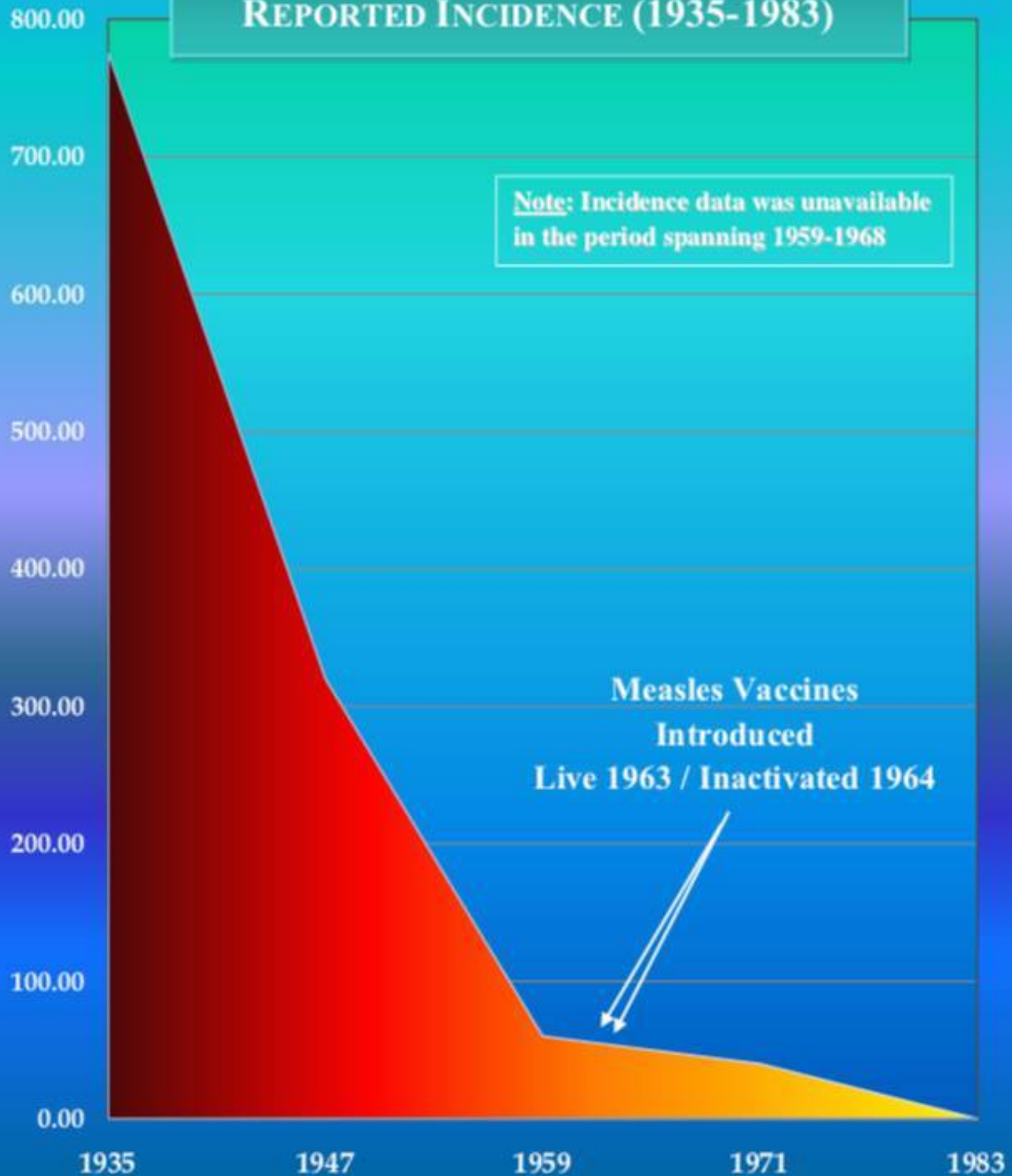
“There is no question that perfect sanitation has almost obliterated this disease (smallpox), and sooner or later will dispose of it entirely. Of course, when that time comes, in all probability the credit will be given to vaccination.” —Dr. John Tilden (1851-1940), MD

The historical data below clearly shows that vaccine had nothing to do with reducing the measles mortality rate.



Even in Canada, the measles mortality rate had declined by 98% BEFORE the measles vaccine was introduced.

**FIGURE 1 – CANADA
MEASLES
REPORTED INCIDENCE (1935-1983)**



Source: Adapted from: Public Health Agency of Canada, Figure 8 – Measles Reported Incidence Canada. <http://www.phac-aspc.gc.ca/publicat/cig-gci/p04-meas-roug-eng.php>

"Measles is a self-limiting infection of short duration, moderate severity, and low fatality." —Dr. Alexander Langmuir (1910-1993), former head of the CDC,

the father of infectious disease epidemiology

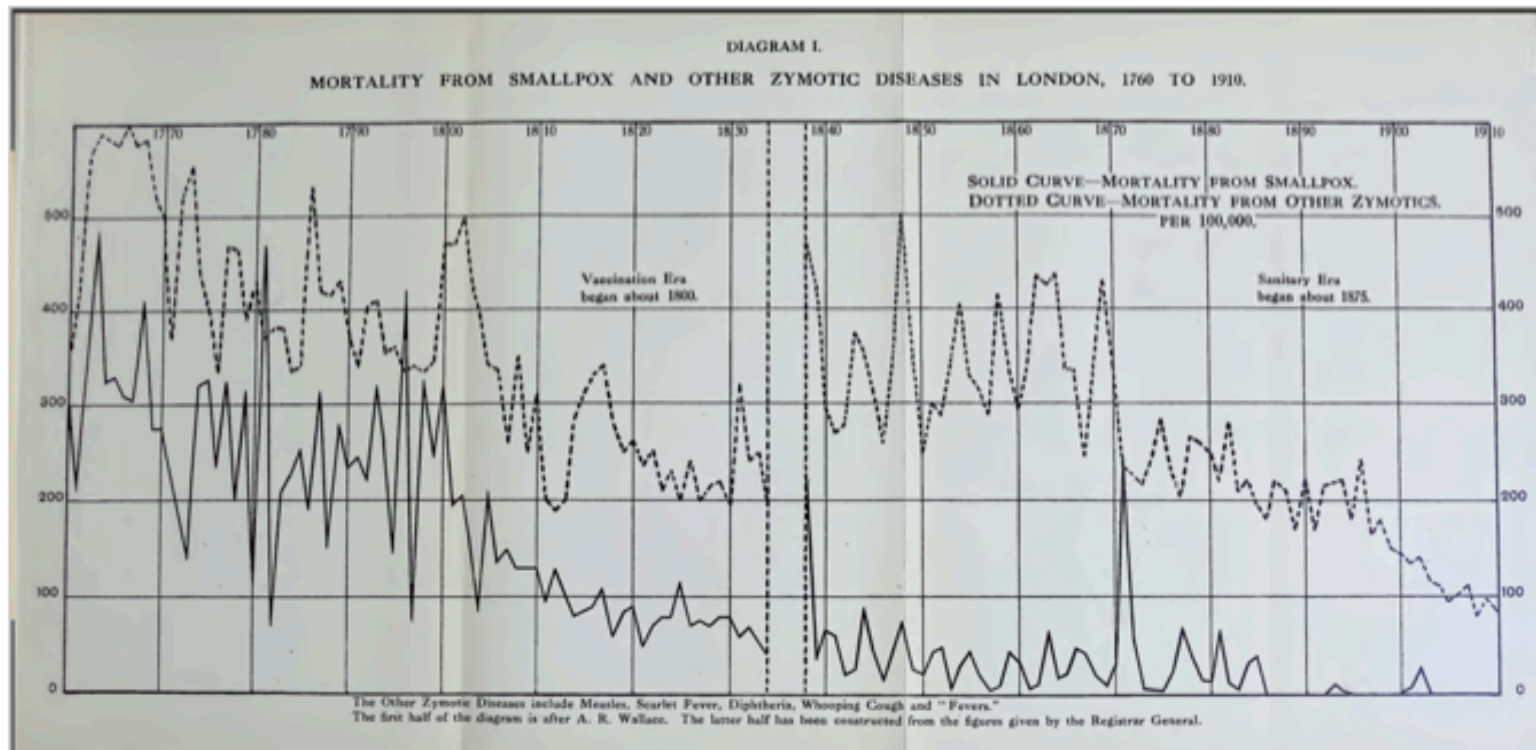
“The most widespread and lethal diseases in the last 200 years were reduced due cleaner drinking water, improved sanitation, nutrition, less overcrowded areas, and better living conditions. Vaccines were introduced at the point where every single disease was already declining. To give vaccines credit for global reductions in disease is like giving a band-aid credit for healing a wound that was already closing.” —Dr. Dave Mihalovic, ND

“The largest historical decrease in morbidity and mortality caused by infectious disease was experienced not with the modern antibiotic and vaccine era, but after the introduction of clean water and effective sewer systems.” —The Journal of Pediatrics, December 1999, Vol. 135, No. 6, p. 663

Vaccines did not eradicate polio and it did NOT eradicate smallpox, as the historical data below shows.

"Polio is NOT even contagious or infectious (never proven to be). There is NO proof Polio is caused by a virus. There is NO evidence that anyone caught polio from another person in the family. There is NO evidence that any nurse or doctor caught polio from a patient." —Sheri Nakken, RN, MA

“It is clear that the mortality from both causes fell very remarkably, and that in the case of smallpox as well as in the case of ‘other zymotics’ the decline had set in before the end of the eighteenth century—in other words before the beginning of the vaccination era.” — Dr. C. Killick Millard, M.D., D.Sc., “The Vaccination Question in the Light of Modern Experience”, 1914, chap. 2



Mortality from smallpox and other zymotic (infectious, contagious) diseases in London, 1760 to 1910. Official statistics from the Registrar General, England 1760-1910. From this historical data we know that vaccines had no role in preventing zymotic (infectious, contagious) diseases. Vaccines did not eradicate smallpox.

“Vaccination is utterly useless as a preventive against smallpox, that millions of vaccinated persons have died of smallpox.” —Dr. J.W. Hodge, MD, New York

“I know of one epidemic of smallpox comprising nine hundred and some cases in which 95% of the infected had been vaccinated, and most of them recently. I have had in my own experience on very small epidemic comprising 33 cases, of which 29 had vaccination histories a ‘good’ scar, and some of them vaccinated within the last year. There was no protection there.”—Dr. William Howard Hay, 1937

And like the vaccine industry itself, polio was also a fraud. The Cutter Incident (Cutter Laboratories) of 1955 caused 40, 000 people to contract polio from the polio vaccine. The inventor of the oral polio vaccine, Jonas Silk, testified before the US Congress that nearly every case of polio was

caused by the polio vaccine. That particular oral polio vaccine was discontinued because it caused thousands of deaths and injuries in children. In addition, to the polio vaccine causing polio, the DDT pesticide was a major cause of polio. See attached photos at the end of this article.



Working and living conditions were inhumane and breeding grounds for diseases in the 18th and 19th centuries. Workers were known as peasants and serfs. Debtor prison and indentured servitude were common. The conditions were so horrific and unjust that communism was invented to create workers' rights.

“Scientific medicine has taken credit it does not deserve for some advances in health. Most people believe that victory over the infectious diseases of the last

century came with the invention of vaccines. In fact, cholera, typhoid, tetanus, diphtheria and whooping cough, etc, were in decline before vaccines for them became available - the result of better methods of sanitation, sewage disposal, and distribution of food and water." —Dr. Andrew Weil, MD

DISEASES that were eradicated by nutrition: scurvy, rickets, beriberi, goitre, hypoanatremia, anemia, kwashiorkor, marasmus, etc.

DISEASES that were eradicated without vaccines: scarlet fever, rheumatic fever, typhus, cholera, tuberculosis.

DISEASES that vaccines took credit for eradicating: smallpox, diphtheria, pertussis (whooping cough), polio, measles. As the data clearly shows, these diseases were never eradicated by vaccines.

"In London in the 1900s, the death rate by smallpox was up to 9 times higher among those vaccinated than among the unvaccinated." —Dr. Arlan Page, ND (statistics backed by "Leicester: Sanitation versus Vaccination", J.T.. Biggs, JP)

Over 150 years of data clearly show that vaccination is based on fraud. Vaccines did not save a single life. Vaccines did not prevent one disease. Contagious/communicable diseases are transmitted primarily through the air, water, food, or contact. It's not a coincidence that the diseases dropped at roughly the same time frame:

- garbage collection reduced airborne contagions,
- water treatment/purification reduced waterborne contagions (before water treatment, it was common that feces were found in drinking water),
- refrigeration wiped out food contagions,
- plumbing (toilets, sinks) reduced physical-contact contagions (not STD-sexually transmitted diseases, though).
- washing machines, soap, deodorant, improved personal hygiene
- readily availability of food improved nutrition

Vaccines had nothing to do with the eradication of diseases. Many vaccines actually caused the diseases they were supposed to prevent.

The first vaccine (the smallpox vaccine) was conceptualized in 1796. As soon as data was gathered, the anti-vaccination movements begun and have been around since the 1850s.



• Gentle Informants •

One of the largest rallies/protests in Leicester, England in 1885 drew out over 100,000 people who were against forced vaccination. Props included a child's coffin and an effigy of Jenner (grandfather of vaccines) to damage and destroy! The rally was successful and exemptions were started. These efforts aided in lowering vaccination rates.

We can do this. They've done it before.

[#wearenotalone](#)

The Polio Vaccine Caused Polio

Alex Steblowsky

For all you pro-vaxxers who refer to the polio vaccine as eradicating polio. All that you've been told by Lamestream media is a lie. Jonas Salk admitted he was responsible for the polio epidemic.

Polio was nearly eradicated until Jonas Salk created a vaccine that has caused every case since.

Doctors and scientists on the staff of the National Institutes of Health during the 1950s were well aware that the Salk vaccine was causing polio. Some frankly stated that it was “worthless as a preventive and dangerous to take.” They refused to vaccinate their own children. Health departments banned the inoculations.

The Idaho State Health Director angrily declared: “I hold the Salk vaccine and its manufacturers responsible” for a polio outbreak that killed several Idahoans and hospitalized dozens more. Even Salk himself was quoted as saying: “When you inoculate children with a polio vaccine you don’t sleep well for two or three weeks.” But the National Foundation for Infantile Paralysis, and drug companies with large investments in the vaccine coerced the U.S. Public Health Service into falsely proclaiming the vaccine was safe and effective.

In 1976, Dr. Jonas Salk, creator of the killed-virus vaccine used in the 1950s, testified that the live-virus vaccine (used almost exclusively in the U.S. from the early 1960s to 2000) was the “principal if not sole cause” of all reported polio cases in the U.S. since 1961. (The virus remains in the throat for one to two weeks and in the feces for up to two months. Thus, vaccine recipients are at risk, and can potentially spread the disease, as long as fecal excretion of the virus continues.

In 1992, the Federal Centers for Disease Control and Prevention (CDC) published an admission that the live-virus vaccine had become the dominant cause of polio in the United States. In fact, according to CDC figures, every case of polio in the U.S. since 1979 was caused by the oral polio vaccine. Authorities claim the vaccine was responsible for about eight cases of polio every year [46]. However, an independent study that analyzed the government's own vaccine database during a recent period of less than five years uncovered 13,641 reports of adverse events following use of the oral polio vaccine. These reports included 6,364 emergency room visits and 540 deaths. Public outrage at these tragedies became the impetus for removing the oral polio vaccine from immunization schedules.

[It should be noted that the original causes of polio were the insecticides Paris Green and DDT.]



Poliomyelitis

Disease outbreak news

6 June 2019

Circulating vaccine-derived poliovirus type 2 –
Cameroon

24 May 2019

Wild poliovirus type 1 – Islamic Republic of Iran

27 February 2019

Circulating vaccine-derived poliovirus type 1 –
Indonesia

20 February 2019

Circulating vaccine-derived poliovirus type 1 – Papua
New Guinea

25 January 2019

Circulating vaccine-derived poliovirus type 2 –
Mozambique

30 October 2018

Circulating vaccine-derived poliovirus type 2 – Niger

8 August 2018

Circulating vaccine-derived poliovirus type 2 – Nigeria

10 July 2018

Circulating vaccine-derived poliovirus type 2 –
Democratic Republic of the Congo

2 July 2018

Circulating vaccine derived poliovirus – Papua New
Guinea

17 May 2018

Circulating vaccine-derived polioviruses – Horn of

Polio outbreaks are caused by the polio vaccine. More proof that vaccines cause the very diseases they're supposed to prevent. Furthermore, they spread the diseases they're supposed to prevent. Getting people sick is a trillion dollar business for the drug industry.

Vaccines 101: Follow the money. It will lead

you to the truth

"Most pediatricians wouldn't survive without the income that comes from vaccines." —Dr. Paul Thomas, MD, 2019

“A doctor learns very little in medical school about disease and drugs. In a total of four years of medical education, a doctor learns a total of 60 hours of formal pharmacology which means that he gets the major portion of his education for the rest of his life, as far as pharmacology is concerned, from the Detail-man from the pharmaceutical industry. He learns nothing about nutrition because doctors don't believe in nutrition.” —Dr. Robert Mendelsohn, MD, board certified pediatrician

The Vaccine War isn't about Pro-vaxxers vs. Anti-vaxxers. It's about the drug companies wanting to increase their profits against those who refuse to have an unsafe and ineffective commercial product forced on them.

Drug companies have no right to force their vaccines on us anymore than tobacco companies have the right to force their cigarettes on us.

Vaccines are made by drug companies that have a collective market capitalization of over \$1 TRILLION.

Drug companies make money from sick people.

Vaccines contain poisons, viruses, and diseases to make people sick. Read the vaccine ingredients.

The most common side effects of vaccines, as listed by the drug companies themselves, are:

ear infection, allergies, asthma, brain damage, seizure, cancer, autoimmune diseases, nerve control disorders, and death.

Drug companies influence the media by advertising in newspapers and television.

Drug companies influence politicians through campaign contributions.

Drug companies influence doctors and pediatricians through gifts, bribery, bonuses, sex, and kickbacks.

Drug companies hire a small army of online trolls to intimidate parents from voicing stories of their vaccine injured children. Drug companies, like tobacco companies of old, are petrified of lawsuits.

Drug companies have been fined roughly \$35 billion for fraud and bribery since 2009. They're convicted felons. You shouldn't trust your health to criminals.

The CDC (Centers for Disease Control and Prevention) is a private corporation with an official sounding name. The CDC is an extension of the drug companies and the CDC sells and markets vaccines. The CDC holds over 20 vaccine patents and sold over \$4 billion of vaccines in 2018. Yet, it creates the vaccination schedule. It is akin to tobacco companies mandating their cigarettes on unwilling consumers.

Drug companies make money from sick people. If vaccines make you healthy, how do drug companies make money?

As of March 2019, the world's population is 7.7 billion people. There are about 20 000 000 (20 million) new people on Earth each year. The drug companies don't care if they profit from a few hundred deaths each day.

It's not about conspiracy. It's about money.

“No Vaccines Necessary, that's the truth.” —Dr. Dale Brown, MD

"Our medically controlled Health Boards cook up fake epidemics, create panics for profit, such as the ones in Kansas City in 1921, Pittsburgh in 1924, Philadelphia, Baltimore, Washington in 1925. An effort was also made to create a panic in New York in 1925, but due to the open fight against it by the

New York Evening Graphic, the Commissioner of Health called it off."--Dr. Herbert Shelton, DC

Uncovering the many layers of fraud and corruption

Dr. James Meehan, MD

You should be FIGHTING LIKE HELL for the safety of our children from even the most remote possibility that vaccines aren't as safe as they could be or aren't as safe as we are being told. Instead of fighting for truth and safety, you're fighting like rats for your piece of cheese.

I have ZERO RESPECT for vaccine profiteers that are so financially biased, confirmation biased, indoctrinated, and willfully ignorant of the evidence that clearly shows vaccines cause injury, disease and REGRESSIVE AUTISM, that they aggressively lobby lawmakers to make vaccines mandatory, and deny parents the essential knowledge about the risks of toxic ingredients injected into their babies.

Bought by big pharma, the caretakers of children's health have become the perpetrators of harm rather than the protectors. They profit as our precious, perfect children are harmed and killed by vaccines filled with cheap preservatives, neurotoxic adjuvants, and human cellular material derived from aborted fetal cell lines. They are complicit accomplices in the murder-by-vaccine crimes that have made American infants THE MOST VACCINATED and THE MOST LIKELY TO DIE in the first year of life.

America's infant mortality rate, the highest rate in ALL developed nations, is a national tragedy. The epidemic of autism, autoimmune diseases, asthma, allergies, ADHD, and pediatric cancers is far worse. The evidence is everywhere.

Unbelievably, the epidemic of autism is rising exponentially. Today, ONE in

48 children in America suffer autism. At the present rate of increase, by 2032 ONE in TWO children AND 80% OF BOYS could be autistic. We can't afford to sacrifice our children and the future of our nation to the ignorance and greed of pediatricians and their big pharmaceutical vaccine manufacturer masters demanding parents submit our children to an intolerably dangerous, untested, and unnecessary vaccine schedule of 72+ injections...and rising. There are over 200 vaccines in the pipeline.

Every pediatrician, family practitioner, or vaccine profiteer that isn't rising up against the corruption of the science of vaccines perpetrated by the CDC is betraying their oath to "first, do no harm." They are on the wrong side of history. Too many have given up objectivity and reason and have simply become sales representatives for the vaccine manufacturers that have so easily bought and conditioned them to believe their lies. The blood of every vaccine injured or killed child is on the hands of every pediatrician that parroted lies like "vaccines do not cause autism" and "the science is settled." The science isn't settled, it's corrupt.

For me, uncovering the many layers of fraud and corruption that have allowed vaccines to harm so many children, is analogous to walking into an exam room in which a child is being abused by a doctor. I'm not about to look the other way and allow the abuse to continue. I would call the police, however, in my analogy the police are the CDC, and they are participating and enabling the abuse. Regardless, I won't ignore the abuse and allow it to continue. I'm going to stop the abusers from harming the child, and I won't be gentle about it.

That's how I see the travesty of the corruption of vaccines that is harming the children of America today. It's obvious and I'm angry about my how so many of medical colleagues refuse to open the door, expose the abuse, and stop it.

In closing, I beseech my colleagues to open your eyes, minds, and the evidence that for too long you've negligently denied. Confront the reality that you've been duped, controlled, and indoctrinated. Free yourselves from the

indoctrination. Stand with me. Demand scientific transparency, integrity, and reform of the vaccine industry. Join me in this fight to protect children and get yourselves on the right side of history.

What does it mean to a child who is injected with animal DNA and human DNA?

Dr. Theresa Deisher, Ph.D, Genetic Engineer, President & CEO of AVM Biotech

I'm sure all of you are aware what a vaccine is. Essentially, it's a virus in liquid that we inject. The viruses are long strands of RNA or DNA, thousands of RNA molecules or DNA molecules. It's too expensive to make the virus in a test tube. What the pharmaceutical companies do is they mimic nature's way of making viruses and they infect cells. The cells produce the virus and then they try to purify the virus away from the cellular material to put it in our final product. Anyone who has ever taken chemistry would know that no final product is ever pure. You would particularly know that when you go from a small scale manufacturing or production batch to a large scale batch your impurities increase dramatically in your final product.

In your final product there are contaminants from the cell that was used to make the virus. When we use chicken egg embryos there are contaminants from the chicken egg in the final vaccine. That chicken contaminant level is not human. We recognize it as foreign, we mount an immune response to it, and we eliminate it from our bodies. In the case when we are using human fetal cells to manufacture the vaccines, we have fragments of a retrovirus (because one of the babies from which the cells were taken had a retrovirus), we have large amounts of fragments of human DNA (primitive human DNA because it's fetal DNA) and in some cases the contaminants are at higher levels than the active ingredient of the vaccine.

That's alarming. What does that mean to a child who is injected with those materials? Two things are very possible and the science that demonstrates

that these things happen is well established.

There's a chance that the child would have an immune response to that fetal material, because it's so close to that child (because it's human) that that immune response could turn on the child itself and become an autoimmune response. That's one danger.

The second danger, which we believe is playing the predominant role in damage done to children, is a process called insertional mutagenesis. Those DNA fragments can insert into the genome of the child, create subsequent mutations and create problems. There are 30-40+ papers now looking at the genomes of children who have developed autism. These children have hundreds of "de novo" mutations. Those are mutations that their parents do not have. Science has established very clearly what can cause hundreds of diverse de novo mutations: radiation exposure, chemical toxin exposure, and foreign DNA exposure. The only one of those three that corresponds with the change points worldwide are the fetal manufactured contaminants."

More Vaccination Quotes from Doctors and Scientists

“The entire vaccine program is based on massive FRAUD.” —Dr. Russell L. Blaylock, M.D., neurosurgeon, editorial staff of Journal of American Physicians and Surgeons

“Drug companies are not here to bring health to the population but to SCAM them on one level for vast amounts of money.” —Sir William Osler, MD, FRS, FRCP

“Vaccines are the backbone of the entire Pharmaceutical Industry. If they can make these children sick from a very early age, they become customers for life. The money isn't really to be made in the vaccine industry. The money is made by Big Pharma with all of the drugs that are given to treat and address all of the illnesses that are subsequent to the side effects of vaccines.”—Dr.

Sherri Tenpenny, D.O. (osteopathic medical doctor)

“The pediatrician indoctrinates your child from birth into a lifelong dependency on medical intervention. The first stage of indoctrination is the ‘well-baby’ visit. The well-baby visit is a cherished ritual of the pediatrician that enhances their income and does nothing constructive for your child. It’s a worthless visit.” —Dr. Robert Mendelsohn, MD, board certified pediatrician

"Everyone who is vaccinated is vaccine injured—whether it shows up right away or later in life." —Dr. Shiv Chopra, B.V.S., A.H., M.Sc., PhD, Fellow of the World Health Organization, former senior scientist at Health Canada

“The only safe vaccine is a vaccine that is never used.” —Dr. James A. Shannon, PhD, former Director of National Institutes of Health

“Vaccinations do not work. They don’t work at all.” —Dr. Lorraine Day, MD

“The greatest LIE ever told is that vaccines are safe and effective.” —Dr. Leonard Horowitz, MPH (Master of Public Health), DMD, MA, Harvard University graduate

“Vaccinations are now carried out for purely commercial reasons because they fetch huge profits for the pharmaceutical industry. There is no scientific evidence that vaccinations are of any benefit.” —Dr. Gerhard Buchwald, MD

“Don’t get your flu shot.” —Dr. Raymond Francis, D.Sc., M.Sc., RNC, chemist, MIT graduate

“My own personal view is that vaccines are unsafe and WORTHLESS. I will not allow myself to be vaccinated again. Vaccines may be profitable but in my view, they are neither safe nor effective.”

—Dr. Vernon Coleman, MB, ChB, DSc (Hon)

"Vaccination at its core is neither a safe nor an effective method of disease prevention...If an infant needs one vaccine that is 100% safe and effective—

that would be breast milk." —Dr. Tetyana Obukhanych, PhD, immunologist, Harvard graduate

"International bribery and corruption, fraud in the testing of drugs, criminal negligence in the unsafe manufacture of drugs—the pharmaceutical industry has a worse record of lawbreaking than any other industry. Data fabrication is so widespread that it is called 'making' in the Japanese pharmaceutical industry, 'graphiting' or 'dry labelling' in the United States." —Dr. John Braithwaite, MD, "Corporate Crime in the Pharmaceutical Industry"

“The vaccine industry is itself a FRAUD. I spent my whole career studying vaccines.” —Dr. Shiv Chopra, B.V.S., A.H., M.Sc., PhD, Fellow of the World Health Organization

“There is a vaccination ring in England, receiving millions of the public money. It is in their interest to favor the practice at all hazards and to falsify statistics in order to conceal its failure and its evils. There are also armies of public vaccinators in every large city all over Europe, who are supported from the public treasury, and every practitioner who does not oppose the practice, derives a considerable income from its continuance.” —Dr. Robert A. Gunn, MD, “Vaccination: Its Fallacies and Evils”, 19th century

“Drug companies are not here to bring health to the population but to SCAM them on one level for vast amounts of money.” —Sir William Osler, MD, FRS, FRCP, widely considered as the Father of Modern Medicine (1849-1919), 20th century

“Disease is more rampant because of commercial greed. When the Rockefeller-Standard Oil crowd muscled into the drug and pharmaceutical business in such a big way, ‘scientific medicine’ (if there is such a thing) was turned into a racket which shortened many American lives from ten to twenty years.” —Morris A. Beale, “The Drug Story”, 20th century

“Many doctors and some editors are making money by propagating the

vaccination curse.” —Dr. Thomas Morgan, MD, “Medical Delusions”, 20th century

“Vaccination is not scientific. Many of the world’s greatest thinkers, scientists, statesmen and even doctors have condemned vaccination as being a crime against humanity, a FRAUD promoted for private gain, an insult to the race and a blot upon the name of civilization. Yet, this treacherous practice of blood pollution, which was cradled in the lap of ignorant savage tribes, has been adopted by, supposedly, enlightened government of the present day and forced on the protesting population—for profit.” —Dr. Eleanor McBean, PhD, ND, 1957

“Vaccinations are now carried out for purely commercial reasons because they fetch huge profits for the pharmaceutical industry. There is no scientific evidence that vaccinations are of any benefit.” —Dr. Gerhard Buchwald, MD, "Vaccination: A Business Based on Fear", 21st century

“The vaccination myth is the most widespread superstition modern medicine has managed to impose, but, being by the same token the most profitable, it will prove to be also one of the most enduring, though there was never the slightest of scientific evidence upholding it.” —Hans Ruesch, "The Great Medical Fraud", 20th century

“Doctors are punished by insurance companies like Blue Cross and Blue Shield if doctors don’t get a certain percentage of their patients to comply with the vaccination schedule. If 63% are non-compliant, they don’t receive any of their bonuses.” —Robert F. Kennedy, Jr.

“Medicine is no longer a calling. It is a downright cut throat business.” —Professor Dr. Belle Monappa Hegde, MD, 21st century

"The current medical system is designed to create chronic disease. There is no money in being healthy.” —Dr. Irvin Sahni, MD, 21st century

“The bottom line is that the medical systems are controlled by financiers in order to serve financiers. Since you cannot serve people unless they get sick, the whole medical system is designed to make people sicker and sicker.” —Dr. Guylaine Lanctot, MD, 21st century

"It is difficult to get a person to understand something, when their salary depends on them not understanding it." —Upton Sinclair, “The Jungle”

"The vaccine industry will soon face the backlash as doctors, scientists, and parents across America become aware of your crimes, rise up to oppose your lies, and hold you accountable for the vaccine injury holocaust you've caused. The fraudulent deceit is coming to an end. We won't allow it to continue." —Dr. James Meehan, MD, April 2019

Quotes from the 19th Century (1800s)

“There does not exist one single fact, in all the experiments and improvements made in science, which can support the idea of vaccination. A vaccinated people will always be a sickly people, short lived and degenerate.” —Dr. Alexander Wilder, MD, “Vaccination: A Medical Fallacy”, editor of the New York Medical Tribune, 1879

“I have seen leprosy and syphilis communicated by vaccination. Leprosy is becoming very common in Trinidad; its increase being coincident with vaccination.” —Dr. Hall Bakewell, Vaccinator General of Trinidad, 1868

“Cancer is reported to be increasing not only in England and the Continent, but in all parts of the world where vaccination is practised.” —Dr. William S. Tebb, MA, MD, DPH, “The Increase of Cancer”, 1892

“Leprosy arose with vaccination.” —Sir Ronald Martin, MD, 1868

"Syphilis has undoubtedly been transmitted by vaccination." —Sir William Osler Bt., MD, FRS, FRCP

“To no medium of transmission is the widespread dissemination of this class of disease (syphilis) so largely indebted as to Vaccination.” —Dr. B.F. Cornell, MD, 1868

“Every intelligent person who takes the time to investigate vaccination, will find abundant evidence in the published writings and public records of the advocates of vaccination, to prove its utter worthlessness, without reading a line of anti-vaccination literature. And if we could add to this all the suppressed facts, we would have a mass of evidence before which no vaccinator would dare to hold up his head.”—Dr. Robert A. Gunn, MD, “Vaccination: Its Fallacies and Evils”, 1882

“I have no faith in vaccination, nay, I look upon it with greatest disgust, and firmly believe that it is often the medium of conveying many filthy and loathsome diseases from one child to another, and it is no protection from smallpox.” —Dr. William Collins, MD, London, 1882

“Vaccination has made murder legal. Vaccination does not protect against smallpox, but is followed by blindness and scrofula. Jennerism is the most colossal humbug which the human race has been burdened with by FRAUD and DECEIT.” —Mr. Mitchell, member of the British House of Commons

“Of these dogmas, I believe the practice known as vaccination to be the most absurd and most pernicious. I do not believe that a single person has ever been protected from smallpox by it; while I know that many serious bodily evils and even deaths, have resulted from its employment. The whole theory is founded upon assumption, contrary to common sense and entirely opposed to all known principles of physiology. Every physician of experience, has met with numerous cases of cutaneous eruptions, erysipelas and syphilis, which were directly traceable to vaccination, and if these cases could be collected and presented in one report, they would form a more terrible picture than the worst that has ever been drawn of the horrors of smallpox.” —Dr. Robert A. Gunn, MD, Dean of the United States Medical College of New York

"Vaccination is a monstrosity, a misbegotten offspring of error and ignorance; and, being such, it should have no place in either hygiene or medicine...Believe not in vaccination, it is a worldwide delusion, an unscientific practice, a fatal superstition with consequences measured today by tears and sorrow without end." —Dr. Carlo Ruta, Professor of Materia Medica at the University of Perugia, Italy, 1896

"Vaccination is a grotesque superstition." —Dr. Charles Creighton, MD, MA

"Vaccination is a gigantic delusion. It has never saved a single life. It has been the cause of so much disease, so many deaths, such a vast amount of utterly needless and altogether undeserved suffering, that it will be classed by the coming generation among the greatest errors of an ignorant and prejudiced age, and its penal enforcement the foulest blot." — Alfred R. Wallace, LLD DUBL., DCL OXON., FRS, etc., 1898

Quotes from the 20th Century (1900s)

"The great epidemics of deadly diseases, in animals and mankind, are caused by vaccination." —Charles M. Higgins, "The Horrors of Vaccination: Exposed and Illustrated", 1920

"I believe vaccination has been the greatest delusion that has ensnared mankind in the last three centuries. It originated in FRAUD, ignorance and error. It is unscientific and impracticable. It has been promotive of very great evil, and I cannot accredit it any good." —Dr. R. K. Noyse, MD, Resident Surgeon of the Boston City Hospital, "Self Curability of Disease"

"The chief, if not the sole, cause of the monstrous increase in cancer has been vaccination." —Dr. Robert Bell; Vice President, International Society for Cancer Research, British Cancer Hospital, 1922

"Vaccination is the most outrageous insult that can be offered to any pure-minded man or woman. It is the boldest and most impious attempt to mar

the works of God that has been attempted for ages. The stupid blunder of doctor-craft has wrought all the evil that it ought, and it is time that free American citizens arise in their might and blot out the whole blood poisoning business.” —Dr. J.M. Peebles, MD, MA, PhD, “Vaccination: A Curse and Menace to Personal Liberty”, 1900

“Cancer was practically unknown until the cowpox vaccination began to be introduced. I have seen 200 cases of cancer, and never saw a case in an unvaccinated person.” —Dr. W.B. Clark, MD, Indiana, New York Times article, 1909

“At present, intelligent people do not have their children vaccinated, nor does the law now compel them to. The result is not, as the Jennerians prophesied, the extermination of the human race by smallpox; on the contrary more people are now killed by vaccination than by smallpox.” —George Bernard Shaw, 1944

“The English Ministry of Health omits to state that in 1872, when 85% of the infants born were vaccinated, there were 19,000 deaths from smallpox in England and Wales. While in 1925, when less than half the children born were vaccinated, there were only 6 deaths from that disease.” —Dr. Eleanor McBean, PhD, ND, “The Poisoned Needle”, 1957

“Vaccination causes miscarriage. A careful check showed that 47% of women who had been vaccinated in the second or third month of pregnancy, failed to give birth to a normal child.” — “Vaccination at Work”, The Consulting Pediatrician of Lanarkshire County Council, The Lancet (London), p.47, December 6, 1952

"My honest opinion is that vaccine is the cause of more disease and suffering than anything I could name." —Dr. Harry R. Bybee

“Vaccination, instead of being the promised blessing to the world, has proved to be a curse of such sweeping devastation that it has caused more death and

disease than war, pestilence, and plague combined. There is no scourge (with the possible exception of atomic radiation) that is more destructive to our nation's health than this monument of human deception—this slayer of the innocent—thiscrippler of body and brain—the poisoned needle.” —Dr. Eleanor McBean, PhD, ND, “The Poisoned Needle”, 1957

“The greatest LIE ever told is that vaccines are safe and effective.”—Dr. Leonard Horowitz, MPH (Master of Public Health), DMD, MA, Harvard University graduate

Quotes from the 21st Century (2000s)

“The entire vaccine program is based on massive FRAUD.”—Dr. Russell L. Blaylock, M.D., neurosurgeon, editorial staff of Journal of American Physicians and Surgeons

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“Studies are increasingly pointing to the conclusion that vaccines represent a dangerous assault to the immune system leading to autoimmune diseases like Multiple Sclerosis, Lupus, Juvenile Onset Diabetes, Fibromyalgia, and Cystic Fibrosis, as well as previously rare disorders like brain cancer, SIDS (Sudden Infant Death Syndrome), childhood leukemia, autism, and asthma.” —Dr. Zoltan Rona, MD, “Natural Alternatives to Vaccination”

“The vaccine industry is itself a FRAUD. I spent my whole career studying vaccines.” —Dr. Shiv Chopra, B.V.S., A.H., M.Sc., Ph.D., Fellow of the World Health Organization, “Corrupt to the Core”

"Vaccinations will one day go the way of bloodletting. Doctors of tomorrow would be shocked that, without any good research showing any benefit and with much research showing harm, we continued using this bizarre 18th century medical practice of injecting viri, bacteria, toxins and other chemicals into our children well into the 21st century. Don't follow advice blindly. Question authority, think for yourself, read, learn, don't do anything unless you are sure the benefits outweigh the risks. Remember, you can't fool mother nature." —Dr. Andrea Brisson, DC

“The greatest danger to your health is the doctor who practices modern medicine.” —Dr. Robert Mendelsohn, MD, board certified pediatrician

VACCINES ARE THE BIGGEST MEDICAL FRAUD IN HISTORY.

OPEN LETTER TO LEGISLATORS REGARDING FETAL CELL DNA IN VACCINES & Measles MMR

Dr. Theresa A. Deisher, Ph.D.

Sound Choice Pharmaceutical Institute

May 2019

My name is Dr. Theresa Deisher. I am Founder and Lead Scientist at Sound Choice Pharmaceutical Institute, whose mission is to educate the public about vaccine safety, as well as to pressure manufacturers to provide better and safer vaccines for the public.

I obtained my doctorate from Stanford University in Molecular and Cellular Physiology in 1990 and completed my post-doctoral work at the University of Washington. My career has been spent in the commercial biotechnology industry, and I have done work from basic biological and drug discovery through clinical development.

I am writing regarding unrefuted scientific facts about fetal DNA contaminants in the Measles-Mumps- Rubella vaccine, which must be made known to lawmakers and the public.

Merck's MMR II vaccine (as well as the chickenpox, Pentacel, and all Hep-A containing vaccines) is manufactured using human fetal cell lines and is heavily contaminated with human fetal DNA from the production process.

Levels in our children can reach up to 5 ng/ml after vaccination, depending on the age, weight and blood volume of the child. That level is known to activate Toll-like receptor 9 (TLR9), which can cause autoimmune attacks.

To illustrate the autoimmune capability of very small amounts of fetal DNA, consider this: labor is triggered by fetal DNA from the baby that builds up in the mother's bloodstream, triggering a massive immune rejection of the baby.

This is labor.

It works like this: fetal DNA fragments [i] from a baby with about 300 base pairs in length are found in a pregnant mother's serum. When they reach between 0.46– 5.08 ng/mL in serum, they trigger labor via the TLR9 mechanism [ii]. The corresponding blood levels are 0.22 ng/ml and 3.12 ng/ml.

The fetal DNA levels in a child after being injected with fetal-manufactured vaccines reach the same level that triggers autoimmune rejection of baby by mother.

Anyone who says that the fetal DNA contaminating our vaccines is harmless either does not know anything about immunity and Toll- like receptors or they are not telling the truth.

If fetal DNA can trigger labor (a naturally desired autoimmune reaction), then those same levels in vaccines can trigger autoimmunity in a child.

Fragmented fetal DNA contained in vaccines is of similar size, ~215 base pairs. [iii]

This is direct biological evidence that fetal DNA contaminants in vaccines are not in low innocuous amounts. They are a very strong proinflammatory trigger.

Administration of fragments of human fetal (primitive) non-self DNA to a child could generate an immune response that would also cross-react with the child's own DNA, since the contaminating DNA could have sections of overlap very similar to the child's own DNA.

Children with autistic disorder have antibodies against human DNA in their circulation that non- autistic children do not have. These antibodies may be involved in autoimmune attacks in autistic children. [iv]

Duke University demonstrated in a recently conducted study that significant improvements in behavior were observed when children with autism spectrum disorder were treated with their own banked autologous cord blood [v].

This treatment clearly shows that most children with autism are not born with it since genetic diseases like Down syndrome or muscular fibrosis cannot be treated with autologous stem cells.

Therefore, an environmental trigger, or triggers, introduced to the world around 1980 when autism first began to rise, must be identified and eliminated or reduced in the environment.

Strong change-point correlation exists between rising autism rates and the US vaccine manufacturing switch from animal-derived cell lines for rubella vaccine to human aborted cell lines in the late 70s [vi].

The earliest change point for Autistic Disorder (AD) birth year was identified for 1981 for California and U.S. data, preceded by a switch in the manufacturing process:

In January 1979, the FDA approved the manufacturing switch for the rubella virus from animal based (high passage virus, HPV-77, grown e.g. in duck embryo cells) to the human fetal cell line WI-38 using the RA27/3 virus strain [vii]. Both the newly approved monovalent rubella vaccine and a trivalent mumps, measles and rubella vaccine utilize the WI-38 fetal cell line for manufacturing of the rubella vaccine portion.

Prior to 1980, autism spectrum disorder was a very rare, almost unknown disease. According to the figures of the CDC, the rate of autism in 2014 was 1 in 59 children , a very steep increase since just 2000, when it was 1 in 150. CDC: “The total costs per year for children with ASD in the United States were estimated to be between \$11.5 billion – \$60.9 billion (2011 US dollars) [viii].”

Recently, duplications and de novo deletions have been recognized in up to 10% of simplex autism spectrum disorders, corroborating environmental triggers on the genetics of autism spectrum disorders [ix].

The rubella portion of the MMR vaccine contains human derived fetal DNA contaminants of about 175 ngs, more than 10x over the recommended WHO threshold of 10 ng per vaccine dose [x].

No other drug on the market would receive FDA approval without thorough toxicity profiling (FDA follows international ICH guidelines) -> this was never conducted by the pharmaceutical industry for the DNA contamination in the MMR vaccine.

Vaccines produced with human fetal cell lines contain cell debris and contaminating residual human DNA, which cannot be fully eliminated during the downstream purification process of the virus [xi]. Moreover, DNA is not only characterized by its sequence (ATCG), but also by its epigenetic modification (e.g. DNA methylation pattern etc.). This decoration is highly species specific, which is why non-human DNA will be eliminated, while this is not necessarily the case with fetal human DNA.

Injecting our children with human fetal DNA contaminants bears the risk of causing two well- established pathologies:

1) INSERTIONAL MUTAGENESIS: fetal human DNA incorporates into the child's DNA causing mutations. Gene therapy using small fragment homologous recombination has demonstrated that as low as 1.9 ng/ml of DNA fragments results in insertion into the genome of stem cells in 100% of mice injected [xii]. The levels of human fetal DNA fragments in our children after vaccination with MMR, Varivax (chickenpox) or Hepatitis A containing vaccines reach levels beyond 1.9 ng/ml.

2) Autoimmune disease: fetal human DNA triggers a child's immune system to attack his/her own body.

An additional concern: retrovirus contamination.

Human endogenous retrovirus K (HERVK) is a contaminant in the measles/mumps/rubella vaccine [xiii].

HERVK can be reactivated in humans [xiv]. It codes for a protein (integrase) specialized in integrating DNA into the human genome.

Several autoimmune diseases have been associated with HERVK activity [xv].

It is also in the same family of retroviruses as the MMLV virus used in a gene therapy trial, in which inappropriate gene insertion (insertional mutagenesis) led to subsequent additional somatic mutations and cancer in 4 of 9 young boys [xvi].

It is therefore possible that the HERVK gene fragment present in the MMR vaccine is active, codes for the integrase or the envelope protein, and thus has the potential to induce gene insertion, fostering insertional mutagenesis and autoimmunity.

The presence of both the high level contaminating fetal DNA as well as the HERVK contamination in the MMR vaccine is an unstudied risk with huge implications and dangers for individual and public health.



Shelley Tzorfas

8 mins · 🌐



Ken Ens shared a post to the group: Vaccination Safety Discussion.

May 19 at 12:17 AM



Stop OC Smart Meters

May 17 at 1:00 PM · 🌐

👍 Like Page

Important vaccine info. The more ya know the better!

Little boys want to be girls because they are!

WI-38 is the cell line from a female (carrying two X chromosomes) injected into the male (Who carries only the one X chromosome and the weaker Y chromosome)

-You now have an overload of the X chromosome. Hence the spike in young boys who think they should be girls.

There are vaccines with male DNA too. The MRC-5 is the code given to the fetal cells line used to cultivate vaccine viral components, only from male aborted fetus.

We see young girls thinking they are boys too, just not as prominent as boys to girls. Why?

Because girls have two dominant X chromosomes. When they are injected with a vaccine containing MRC-5, they aren't just getting a Y chromosome but yet another dominant X chromosome on top of the two they already have.

All of this is to destroy the natural male and female. Paying homage to Baphomet, the androgynous goat deity with male and female parts.
Repost from someone brilliant!

Don't be me: I did not know enough to research vaccines before vaccinating my own children

Dr. Mark Sibley, MD

June 2019

I am an M.D. but let me tell you what parents, politicians, teachers, neighbors, the media, and even doctors didn't know...

I did not know that vaccines had not been tested.

I did not know the ingredients of vaccines.

I did not know enough to research vaccines before vaccinating my own children.

I did not know that vaccines were given a blanket indemnity from liability in 1986 (they cannot be sued).

I did not know that we give more vaccines than any other country.

I did not know that we are the only country that gives newborn babies Hepatitis B vaccines (against a sexually transmitted disease) on the 1st day of life.

I did not know that the US has the highest rate of SIDS in the industrialized world on the 2nd day of life.

I did not know that we had more autism than any other country.

I did not know that vaccines could injure an infant's brain (encephalitis).

I did not know that vaccines can result in autoimmunity and neurological damage.

I did not know that the much-ballyhooed fallacy of "herd immunity" does NOT apply to vaccines and is a myth created by the CDC and Merck Vaccine Company for the media to tell us is the reason to get vaccines.

I did not know that Vaccines have almost NO effect after about four years.

I did not know that more college students are getting mumps and measles

because they have no protection from these childhood illnesses from their vaccines.

I did not know that the measles vaccine only comes in the MMR now but the single version of just measles vaccine was safer and not causing autism.

I did not know that Dr. Andrew Wakefield was proven to be right.

I did not know that when adults get their DPT vaccines to visit their grandchildren that the "P" pertussis=whooping cough infection is actually still alive in them and they are contagious like "Typhoid Mary", and these adults are actually carrying the infection and spreading pertussis=whooping cough.

I did not know how emotional the topic would be and how angry people would be at me for just asking questions about Vaccine Safety.

I did not know that pediatricians do not even know the vaccine ingredients, like mercury, aluminum, and Human DNA and neurotoxic aluminum molecules and glyphosate.

I did not know that pediatricians were paid a "kickback" to give vaccines.

I did not know there was a law to report vaccine reactions but almost zero pediatricians know that and about zero vaccine reactions are ever reported. I did not know it was called VAERS (look it up).

I did not know that there is a "Vaccine court" that doles out money to vaccine victims. I did not know that it has already paid out over \$4 Billion dollars.

I did not know that the CDC owned the Patents on vaccines and earned billions of dollars a year selling vaccines worldwide.

I did not know that the US government promised countries financial aid only if they ordered their people to take the CDC's vaccines and the US CDC now

controls the W.H.O. and the vaccine makers now control the CDC...WTH!!

I did not know how angry at myself I would be for not knowing.

I did not know that the CDC committed fraud. I did not know that it would take a CDC whistleblower to discover the CDC fraud.

I did not know that Merck committed fraud repeatedly.

I did not know that aluminum is connected to brain inflammation and brain inflammation is connected to autism and connected to my mother's Alzheimer's (everyone's Alzheimer's).

I did not know that a flu vaccine could kill you like it killed my brother by causing Guillain-Barre Paralysis.

I did not know how much mainstream media would censor the independent research.

I did not know it would take me so many years to wake up.

I did not know how fast and furious the vaccine makers would be to smear excellent doctors and researchers that showed unsafe side effects, **just like what happened when Vioxx, Thalidomide, DDT, and cigarettes were questioned.**

I did not know that the CDC has never studied a group that is divided into a "vaccinated group" and compared them to an "unvaccinated group". I did not know that every other independent researcher who has done the comparison between those 2 groups has shown that the UN-vaccinated group is healthier and the VAXinated group has many times more asthma, SIDS, auto-immune diseases, ADD, ADHD, autism, chronic rashes, deadly allergic reactions to peanuts, milk, beef, latex, etc. and their parents need to carry Epi-Pens.

I did not know that the Vaccine researchers studied African children and

found that the children there who GOT vaccinated, especially with the CDC's DPT vaccine were 5 times (yes, five times) more likely to die before the age of 5.

I did not know that the doctors on every news show are the vaccine makers' mouthpieces and getting millions from the vaccine profits.

PARENTS: When you did start to research vaccines or became an ex-vaxxer / anti-vaxxer?

"Medical Doctors in the United States no longer take the Hippocratic Oath: First, do no harm." —Dr. Theresa Deisher, PhD, molecular biologist

I started to research after my grandson was born. I could not believe how many vaccines he is required to have by the time he turns 18. AND to give a newborn the HepB vaccine which is typically used for those who are sexually active or intravenous drug users is a complete crime! Mothers are screened for Hepatitis so there is absolutely NO need for this vaccine to be standard protocol for newborns.”

—LINDA ANDERSON

March 2011, my beautiful son Seth received his first HPV (Human papillomavirus) vaccine (Gardasil). My son was a varsity wrestler / track and first degree black belt, 6th ranked in his 10th grade class kinda kid.

The day he got that HPV shot he complained of a headache and went to bed early. As the week went by he became ill (flu symptoms), and by the following weekend he was vomiting and crying so hard we brought him to the ER (Emergency Room). He drank buckets of water while he stripped every bit of clothing off complaining of extreme heat. He became irate and confused. The hospital staff swore he was on drugs and tested him from k-2 to molly to everything imaginable. His urine was sent to an extremely sensitive lab in California. Within a day my son stared at the ceiling in pain for over 6 hours.

Not blinking once. Finally, I had to crawl into his hospital bed with a wet wash cloth to close his bleeding red eyes lids. We had to help him with his bathroom needs like an autistic child. He begged for Chad and cried out that he was scared. And it was so dark.

I told everyone that would listen that it was the HPV shot. We LOST him. He stopped begging for water, throwing his food and yelling out for his brother Chad. No Doctor could understand what was wrong, nurses cried in the doorway because they had never seen such a thing. He was sent to a hospital 4 hours away. Rob and I were in complete shock of what we were witnessing. My son had all the signs of autoimmune encephalitis (brain swelling) from that HPV shot. We showered him and brushed his teeth and wiped his butt. We stayed in a hotel and visited from 9am to 8pm. My beautiful son was hospitalized for 31 days.

That is when we just kept it all to ourselves and mourned.

My son has a documented VAERS number—the Vaccine Adverse Event Reporting System. 490 people have DIED from the HPV shot.

Thank god my Son pulled out of this terrible nightmare.

We have LOST family because we choose to not vaccinate our little ones. I WILL FIGHT to keep my children healthy. Please fight for yours. Please call or email your representatives.

Vaccine Damage Is Real.

—GRETCHEN THOMPSON

I truly believe EVERY vaccine causes harm. The extent of that harm varies from person to person and depends on different factors. My youngest daughter was diagnosed with T1 diabetes at 14. I believe the vaccines had a huge part in her diagnosis. Her endocrinologist actually said there is a strong possibility that it was the vaccines.

But I already knew. Once a parent begins reading about the ingredients and adverse effects, there is no going back to sleep.

—ANABELA ELLE

My daughter was given a spinal tap, and made a human pin cushion at 6 weeks old. She nearly died from the Sepsis she got from her Hep B vaccine. Before that, I'd witnessed my 2 year old son go from being an articulate chatterbox to non-verbal and started banging his head on the floor after his 2 year vaccines. I was still clueless at that point. That was in the mid-1990s. None of my 5 children have been given a vaccine since and they are all perfectly healthy. Thank God I finally put 2 and 2 together. I was a very young mother then.”

—HEIDI MEDEL

Watching my Son have a seizure following his 6 month shots. A three day hospital stay and the guy in the white coat called it a “coincidence”.

—SHAWN JENKINS

When my grandchild was born and they were going to administer a Hep B vaccine at birth to a healthy mother and baby, my mouth dropped, my eyes opened, and I started doing my research! Wow! Things have sure changed from my kids’ age when they didn’t get all these vaccines they do now.”

—DONNA ERICKSON

My eyes were opened when my tiny granddaughter was about to get her shots at the pediatrician’s office. I asked if doses were given by weight of the baby and she blithely said, ‘Nope’! I started researching then!

—HEIDI CRESSMAN

"I vaccinated my children because that’s what I was programmed to do. My children now have chronic illnesses."

—DENISE MARIE

I researched the HPV vaccine for my daughter about 10 years ago. It was

obviously a solid NO after researching. Thank God I had the forethought to research first. That led to looking deeper into vaccine studies. That led to a big NO to the rest also. I'm not playing Russian roulette with my kids' lives. I'll take the illnesses instead."

—MARGUERITE LYSKAWA

After both my children were vaccine injured, I became an Ex-Vaxxer. This is an excellent article explaining how vaccine companies are not accountable for the injuries and deaths their vaccines cause.

—LIDA BARON

Cruz is back now from "his world" because we figured it out in time and began biomedical treatment immediately but this is when it all began—when he screamed inconsolably for a whole week and spiked a 104.6 fever beginning 4days post 18month vaccine appointment. Then, 13 days later, 17 days after his 18 month vaccines, we were in the ER and he was hospitalized for a "mysterious virus". From that point on, he began to drift away from us. He randomly threw up (pressure in his brain). He had encephalitis in a specific area of his brain causing the hallmark symptoms we call "autism" lost all his learned language, lost proper eye contact, had watery diarrhea almost daily, became obsessed with spinning objects and light switches, stopped responding to his name, etc.

I didn't know it then but this was MY FAULT. I didn't do my research. I trusted what I'd been told all my life. I trusted what I had been taught in nursing school. I trusted Big Pharma. I trusted our corrupt government's recommended vaccine schedule. Vaccines SOMETIMES provide your child with a short lived protection from some diseases but they make them more susceptible to others and put them at risk for developing several autoimmune disorders, type 1 juvenile diabetes, allergies, eczema, Bell's palsy, seizures, ADHD, stuttering, speech delays, sensory processing disorders, Guillain Barre, SIDS, Acute flaccid myelitis, paralysis, ocular paralysis, encephalopathies of the brain including autism, the list goes ON and ON.

Read the vaccine inserts. The side effects are all there.

The more vaccines they add (and they are adding more all the time), the higher the risk. Currently 54% of American children suffer from a chronic illness. It's time to wake up!

This is very real and it's important that you make an INFORMED decision what vaccines you allow in your child's body, if any! Weigh every risk and benefit. Do NOT take your pediatricians word for it. They are taught that vaccines are safe and their hands are tied. They are required to tell you to get all of them and they lose a lot of money if you refuse. I wish I had known all this. That's why I'm telling you!

Please think about it. Do the Research so you don't wind up full of regret. Vaccines are toxic and unnecessary but you'll have to come to that realization on your own through your own research.

If there is anything I could advise, it would be to please have your child tested for the MTHFR gene BEFORE giving them any vaccines. These children are at extremely high risk. I cannot stress this enough! It's a genetic test you can do at home for \$150. It could save your child's life and future!

RED FLAGS that your child may have this mutation include: lip ties, tongue ties, sacral dimples, stork bites, hemangioma, and sugar bugs (blue vein across bridge of nose)

I have nothing to gain by telling you this. I do not enjoy knowing that some people think I am crazy. It hurts me to see people (some of them, my own friends) make fun of what I'm trying to do. But I do it because I care about you and your kids and I'm trying to save you from heartache and regret. I'm willing to take the backlash so that maybe someone may listen, do the research, and be able to save their child.

—AMBER HAYES

Just like most other parents, I was once in favor of vaccination. I trusted my doctor and I went against everything inside me telling me not to and instead vaccinated my daughter through the age of two. It wasn't until my son was injured by the Vitamin K shot shortly after birth that I finally went against my doctor's word and began to truly research the subject of vaccines. What I uncovered about the vaccine industry blew my mind and how that gut-wrenching feeling I had when I had been vaccinating my daughter, finally made sense. Had I listened to my gut in the first place and done the independent research that all of us should be doing, I could have prevented my son's injury by refusing the shots. For this reason, I will forevermore speak of the dangers of vaccines. If I can help prevent even one mom from making the same mistake I did, I will know that I have done good and helped to save lives. I have created a list below of the reasons why I became the avid ex-vaxxer I am. Proceed with caution because there is no going back.

—ARIANA GREEN

I thought I would share why I am an ex-vaxxer with all of my new friends who don't already know our story. I believe the DTaP is the shot that injured my son. He was developing typically until his one year vaccinations. He ran a high fever for days and screamed uncontrollably. When the fever left so did his personality, eye contact, words he was saying, socialization, he stopped sleeping throughout the night, lost his appetite and weight, became self injurious and started having horrible meltdowns.

He was diagnosed autistic by age 3. He's 4 and a half and still almost non verbal. He has a small single word vocabulary but still cannot carry on a conversation or tell you what he wants or feels. It took this happening to my son for me to realize my older children had also been injured. Looking at records 2 of my other children had seizures within 2 weeks of vaccinations. My son's wasn't so bad but my daughter had hers in the middle of the night. I still to this day thank God that something woke me up and made me check on her. She was burning up with a high fever face down gasping for air while seizing. I screamed for my husband and he ran in and felt of her. He said we

had to cool her down so he wet his hands and ran them through her hair. When he did that she passed out and completely stopped breathing. I ran and called 911 while he started CPR. It seemed like forever before he got her breathing again and she was already turning purple. When she came to she did nothing but stare up at the sky for about 15 minutes. I truly believe if I hadn't woken up she would have been another SIDS (Sudden Infant Death Syndrome) baby.

For the past 3 and a half years I've been speaking out about vaccines. It consumes me sometimes and it's all I can think about. So if my annoying anti-vaccination posts offend you or you don't like what I post, then feel free to click that unfriend button! To everyone else, thank you for your continued love and support! It means more to me than you'll ever know!

—FREDA BALLARD

Why I Became an Ex-Vaxxer

I have been in the throes of the vaccine debate from quite an interesting angle. My four children are (mostly) vaccinated. My first two I would consider fully vaccinated, and my younger two had nearly the full schedule.

When my daughter # 3 was born, I became best friends with the woman who would ultimately facilitate one of the largest vaccination awareness efforts in the USA. I was quite uninterested at the time, being married to a paramedic. I didn't even question whether they were safe. I had never heard otherwise. With four children, I NEVER knew there could be a negative reaction. I didn't know they were dangerous. I didn't know about VAERS (vaccine adverse event reporting system).

I honestly didn't know there were people who DIDN'T vaccinate. I mean, they are free at the health department! Who wouldn't get a vaccination? It was so easy. I had no idea doctors were paid a bonus for having a high percentage of children immunized ON SCHEDULE even though vaccine inserts state not to vaccinate a sick child.

I didn't know Reagan had signed a waiver giving immunity to all doctors and vaccine manufactures from all liability. I didn't know a whole vaccine court had been set up to determine damages from vaccines because it was too cumbersome for the court system, and every vaccine has a tax that goes towards damages.

Still in the beginning phases of her research, I knew my friend (mentioned above) was much more naturally minded than me. This crazy woman had home births, for crying out loud! But we managed to be friends despite of her crazy ideas about vaccines. She would tell me occasional stories about deaths, injuries, regression, but over the course of 15 years, I never "bought in". She started a facebook page that now has over 120K members, and I wasn't even a member . My best friend's page! Her ideas still floated around me, and I never researched them. She was becoming more anti-vaccination. Meanwhile my kids were routinely getting their shots. Even if I had known there were risks, I fully believed they HAD to have their immunizations for school. It was like being best friends with Dave Ramsey and going into deeper debt while he got rich teaching you how to stay out of it!

As time moved on, I had filed some of the findings away in my memory bank. When taking my 11 year old son to the pediatrician for an unrelated issue, I was pressured in an almost desperate manner to get his HPV vaccine. I looked at the handout given to me in the doctor's office, read it and thought—huh. This doesn't look right. This is the sales pitch, and the math doesn't add up. The glossed over risks look much more dangerous than the likelihood of any problems. This was simply the beginning of my questions.

Did I know what HPV was? No. Did I know why he needed the shot? Well, he was 11, and I gathered it was a sexually transmitted thing. My 11 year old homeschooled 6th grader did NOT need to be monitored for sexual activity with a shot. Even though I generally am a rule follower and say ok, something in my mamma heart cried out NO! I said no, then said it again, then again. This pediatrician was very adamant, and normally I would have caved. I came

home and just didn't go back.

Fast forward a few years, and I was in graduate school. I was learning how to do research specifically, as that is a huge thing in education. I was the graduate teaching assistant for the STEM (Science, Technology, Engineering, Math) director, and I was taking his class "Teaching Science and Social Studies"—an amazing class. Very unconventional. Very me. Very frustrating to people who wanted black and white expectations, but a fantastic exercise in our critical thinking skills and how to help students do the same (also not very in line with common core expectations. :-)

As part of our final project, we had to select a social science issue as they are intertwined, and explain our findings and how we would make it a social movement. How we would get our students to be vested in the learning process.

I decided to pick the very controversial topic of vaccines. That was too broad. We had to narrow it down to a research based question. I decided on the HPV vaccine. I needed to know why I had felt drawn to decline it. This was still too broad. As a research question, I determined to research whether "Should all students between ages 11-14 be required to receive the HPV vaccine?"

I went in completely unbiased Perhaps leaning even towards "Yes". Then I read information about fast tracking, lack of placebo studies, pediatrician incentives, the known risks. I found out healthy, athletic teenagers were bedridden and paralyzed. I found out it only protected for a certain strain out of hundreds, and the numbers used to make it seem necessary were from the World Health Organization (WHO)—not the United States. I found out that routine pap smears prevented any problems that the HPV hoped to do.

I had officially jumped down the rabbit hole.

I still didn't know the full extent of the dark secrets of Big Pharma, but I had in the course of academic research joined my best friend's awareness page. I

found out parents with vaccine injured children could provide THOUSANDS of pages of research much faster than a google search. Or even google scholar. Or PubMed. Or academic libraries I had access to that most parents don't know how to find. Scientific articles. They had already lost everything when they watched their children fade, and they wanted to find out why. WOW.

As I started to branch out to other diseases, vaccines, incentives, research, the link between the lobbyists and Big Pharma and the CDC. I became an evangelist to save the babies being born. To protect their fertility (vaccines cause sterility in rats even if it skips a generation), their health (autoimmune, allergies, brain injuries, learning disabilities), and to keep their immune systems clean (I had no idea at the onset that vaccines contain aborted fetal cells, animal DNA and peanut and eggs).

This is why I am so vocal. It is because I care about your baby. Your quality of life. Your child's quality of life. I have seen the struggles of parents who have watched their children regress before their very eyes, and I would never wish that on anyone. So, as someone who came to the game too late, I am thankful the Lord preserved my children as well as he did - in spite of joint pain, chronic ear infections, dairy and peanut butter allergies, Asperger syndrome/sensory issues, anxiety and PCOS with my kids. I know God gives us a way to clean up things we didn't know before.

That is how I went from vaxxer to Ex-Vaxxer.

—CHRISTINE EMBRY

HILLARY SIMPSON: #crazymothers, #BelieveMothers video

People ask, all the time; why don't I vaccinate my children. Most of the time, it's when I'm commenting on someone else's post about vaccines. Well, here is my main reason: I was 36 weeks pregnant, when my doctor finally bullied me into getting the TDAP. Till this point, I had the perfect pregnancy. Perfect heart rate, perfect growth, perfect fluid levels, etc.

About 2 weeks after getting the TDAP, I woke up from a nap and couldn't feel her move. I tried all of the remedies they suggested, before going into L&D (Labour and Delivery); cold drink, orange juice, a meal, etc. Nothing worked.

I went into L&D, where they laughed at me, saying I'm overreacting due to being a new mom. So, they did a Doppler check. They said nothing to me, as they helped me into a wheelchair and took me in for an ultrasound.

That's when they told me the news, "Ma'am, we are sorry to tell you but your baby has passed away and we have to induce labor."

13 hours later, she was born. I was so distraught by everything that had happened. When they asked me if I wanted to hold her, I couldn't speak or move. The next thing I knew, they were pushing her little bassinet out of the room. There was an autopsy done and the results stated that her brain showed signs of a stroke and her heart gave out shortly after.

My heart still aches to this day, just to hold her or see her face again. From what little I saw of her, she was perfect...Absolutely beautiful.

But I will never know what it's like to hold her, hear her first words, watch her take her first steps, start kindergarten, graduate, go to college, get married and have babies.

Vaccines stole my little girl. Her name was Annabelle Reighlynn Boyett-Spradlin

—EVIE CHANG

AGENDA 21: Depopulation

“Do NOT take any vaccinations. This is the standard deceptive way you are given the Establishment’s Biological Warfare infections.” —Dr. William D. Kelly, DDS, MS

“Vaccines are used to test biological weapons...I found that vaccines are used

to spread diseases. They are used for targeted genocide.”—Dr. Guylaine Lanctot, MD

“The world today has 6.8 billion people. That's heading up to about nine billion. Now if we do a really great job on NEW VACCINES, health care & reproductive health services, we could LOWER that by perhaps 10 or 15 percent.” —Bill Gates, TED Co2 Presentation, Feb. 2010

"War and famine would not do. Instead, disease offered the most efficient and fastest way to kill billions that must soon die if the population crisis is to be solved. AIDS is not an efficient killer because it is too slow. My favorite candidate for eliminating 90% of the world's population is airborne Ebola (Ebola Reston), because it is both highly lethal and it kills in days, instead of years. We've got airborne diseases with 90% mortality in humans. Killing humans. Think about that. You know, the bird flu's good, too. For everyone who survives, he will have to bury nine." —Dr. Eric Pianka, University of Texas, speech on population control for which he received a standing ovation.

"Depopulation should be the highest priority of foreign policy towards the third world." —Henry Kissinger

"If I were reincarnated I would wish to be returned to earth as a killer virus to lower human population levels" —Prince Philip, Duke of Edinburgh, a member of the Bilderberg Group, "Are You Ready for Our New Age Future?" Insiders Report, American Policy Center, December 1995

“One must take draconian measures of demographic reduction against the will of the populations. Reducing the birth rate has proved to be impossible or insufficient. One must therefore INCREASE THE MORTALITY RATE. How? By natural means. Famine and sickness.” —Robert McNamara, former Secretary of State of the United States, member of the Expanded Program on Immunization

"The more we do to you, the less you seem to believe we are doing it." —

Joseph Mengele, Nazi Doctor of Death

"Dr. Henry Kissinger, who wrote: 'Depopulation should be the highest priority of U.S. foreign policy towards the Third World.'

"Vaccination is child abuse and a crime against humanity." —Dr. Gerhard Buchwald, MD

"Research on population control, preventing future births, is now being carried out secretly by biotech companies. Dr. Ignacio Chapela, a University of California microbiologist, discovered that wild corn in remote parts of Mexico is contaminated with lab altered DNA. That discovery made him a threat to the biotech industry.

"Chapela was denied tenure at UC Berkeley when he reported this to the scientific community, despite the embarrassing discovery that UC Chancellor Berdahl, who was denying him tenure, was getting large cash payments - \$40,000 per year - from the LAM Research Corp. in Plano, Texas.

"Berdahl served as president of Texas A&M University before coming to Berkeley. During a presentation about his case, Chapela revealed that a spermicidal corn developed by a U.S. company is now being tested in Mexico. Males who unknowingly eat the corn produce non-viable sperm and are unable to reproduce..." —Leuren Moret, "Kissinger, Eugenics and Depopulation", Nov. 2004

"The Gardasil Vaccine is sterilizing kids and we know it." —Dr. Judi Mikovits, PhD, biochemist and molecular biologist

"The main reason for HPV vaccination is infertility. There is an agenda of population control, population reduction. They want to make sure we don't have children any longer, that we don't live long enough to collect social security. That's why they vaccinate all these soldiers like crazy, so when they come home from war, they are sick and not energetic anymore; so that they

die young. The Gulf War Syndrome was caused by vaccines, not by anything else." —Dr. Leonard Coldwell, ND, in an interview with iHealthTube.com, 2012

"I am Anti-Vaccine because I believe in human life and I'm against Eugenics. We wouldn't stand for throwing a population in gas chambers or firing line today, so they sold you on using a needle to accomplish that same goal." —Dr. Jason Dean, DC

"You need to understand that they want you sick and dying, expensively." —Dr. Carolyn Dean, MD, ND

VACCINA IGNORAMUS

1) Noun. A person who believes vaccines work despite all evidence proving otherwise.

2) Noun. A person who is vaccine injured and blames those injuries on the unvaccinated.

3) Noun. A person who has never read a book on vaccination but claims to know it is "safe and effective".



HOW THE VACCINE RACKET WORKS



Johnson & Johnson

Lilly

NOVARTIS

MERCK

astellas

Roche

**It starts at the top with drug companies.
\$100 billion in profit in 1 year.
\$35 billion in fines since 1986, mostly for fraud.
THEY CONTROL EVERYTHING BEHIND THE
SCENES.
Drug companies funnel money into groups.**

**Campaign contributions to
politicians. Politicians introduce
mandatory vaccination when
vaccine sales are declining.**

**Insurance companies pay
bonuses for vaccination quotas.**

**Billions of dollars in advertising
to newspapers and television.
Media reports fake outbreaks to
create demand for vaccines.**

**Job offers (revolving door) to
public officials, who encourage
the public to get vaccinated.**

**Billions of kickbacks, bribes, and
bonuses to doctors and
pediatricians.**

**Army of online trolls who
pretend they're pro-vaxxer
mothers and grass root groups,
who intimidate and shame
parents who report vaccine
injuries and deaths.**

**VACCINES CAUSE ILLNESS AND DISEASE, AS STATED IN
THE PRODUCT INSERTS, WHICH MAKE MORE MONEY
FOR ALL THE GROUPS (VACCINE PUSHERS) INVOLVED.**

You are better off not vaccinating

In summary, with all the fear, shame, blame, and lies aside, before you vaccinate ask these questions:

- What disease are you vaccinating against? Do you know what causes that disease?
- Do you know the death rate of the disease with the vaccine?

- Do you know the death rate of the disease WITHOUT the vaccine?

- Do you know the injury and death rates of the vaccine?

In all cases, the injury and death rates of the vaccine are greater than without vaccination. In other words, you are better off NOT vaccinating.

Vaccine science has been corrupted by fraud and greed

Dr. James Meehan, MD

I'm a medical doctor, former medical journal editor (The Journal of Ocular Immunology and Inflammation), and someone that has researched vaccine science and safety for more than 15 years. I am licensed to practice medicine in New York.

I was once a resident of New York and a member of the United States Military Corps of Cadets at West Point, NY.

I bet my medical license and professional career for yours, that you are on the wrong side of history. **Vaccine science has been corrupted by fraud and greed**. The US vaccine schedule is an untested and unsafe travesty of medicine. One day we will look back on this time in history in shame and disgust for the mistakes made and lives lost at the hands of an uncaring pharmaceutical industry enabled to profit from American children by ignorant politicians like yourself.

I recommend you re-open your mind, pour something into it besides pharmaceutical industry's propaganda, and get yourself on the right side of history. You've been lied to about vaccine science and safety.

(Dr. James Meehan to Rockland County, NY, county executive Ed Day, who, in April 2019, implemented mandatory vaccination on the healthiest county in New York state. It has later discovered that a pharmaceutical company was

building a plant in Rockland County, NY.)

Links for this article

- To learn more about vaccination from Meghan and how she's healing her vaccine injured children: <https://www.facebook.com/MeghanRoseOfficial> (must be logged into facebook).
- For more information on the vaccine ingredients and their effects on the body, visit Ashley Everly's website: <https://vaccine.guide/>
- "I will never vaccinate again" videos are available on VAXXED TV: <https://www.youtube.com/channel/UCwZDSEpPvE398OLazdituKQ>
- Learn more about vaccine risks: <http://www.LearnTheRisk.org>
- To get the 25 "History of Vaccination" books for free, you can download them from www.archive.org and Google Play Books. They're also available on Apple Books and Amazon (to get them for free, ask for a free price match).

Original article: <http://encognitive.com/node/23610/>
Trung Nguyen



Attachment	Size
The Anti-Vaxxer Handbook.pdf	7.47 MB
Vaccines Are the Main Cause of Food Allergies.pdf	278.63 KB
measles-throughout-the-decades.png	313.6 KB
Pilot Comparative Study on the Health of Vaccinated and Unvaccinated 6-12 Year Old US Children - AGE.pdf	157.25 KB
What to do when a doctor pressures you into vaccinating.jpg	257.38 KB

the-truth-about-vaccination-stats.pdf	1.44 MB
AGENDA 21--The Plan to Depopulate 95 percent of the world.pdf	4.94 MB
cutter-incident-polio-vaccine-caused-polio.png	429.67 KB
ddt-pesticide-caused-polio.png	464.64 KB
diseases-caused-by-dirty-living-conditions.png	678.17 KB
kids-with-vaccines-kids-without-vaccines.jpg	260.76 KB
poor-working-conditions-caused-diseases.png	698.31 KB
autism-increased-as-vaccines-increased.jpg	122.89 KB
blame the unvaccinated for outbreaks.jpg	205.25 KB
scurvy versus measles no vaccine needed.jpg	286.8 KB
unvaccinated killing vaccinated need names.jpg	188.31 KB
The Origins of Vaccines, Viruses, AIDS, and Ebola--Dr. Leonard Horowitz.mp4	830.72 MB
vaccinated-people-spread-diseases.jpg	25.04 KB
Using fear to sell vaccines.png	293.12 KB
my kid is vaccinated and is fine.jpg	266.36 KB
Human DNA in vaccines and the rise of gender confusion.jpg	165.04 KB
Dr. Andrew Wakefield--Natural Immunity versus artificial vaccine immunity.mp4	5.79 MB
PEOPLE WHO RESEARCH DONT VACCINATE.png	619.68 KB

<u>Shedding--Vaccinated people spread diseases.jpg</u>	164.33 KB
<u>Polio outbreaks caused by polio vaccine.jpg</u>	154.21 KB
<u>Vaccination is about making money for drug companies.jpg</u>	184.87 KB
<u>Vaccine ingredients are poisons.jpg</u>	239.36 KB
<u>Vaccines cause diseases in all body parts.png</u>	328.75 KB
<u>Only crazy people think vaccine ingredients are healthy.jpg</u>	240.47 KB
<u>Vitamin K shot ingredients and side effects.jpg</u>	329.43 KB
<u>CrazyMothers--The truth about vaccines from mothers.mp4</u>	53.58 MB
<u>Anti-vaccination movements have been around since the 1850s.jpg</u>	306.31 KB



NATURALOPY

CELEBRATING HUMANITY

Since time immemorial, our ancestors have gone to great lengths to fabricate myths and fables to answer the six primary existential questions of life:

- Where did we come from?
- What is our purpose in life?
- Why do bad things happen to us?
- Is there a god?
- Are we alone in the Universe?
- What happens to us after we die?

For thousands of years, the East Indians, Sumerians, Babylonians, Persians, Greeks, Egyptians, Romans, Mayans, and other great civilizations of the past have conjured fairy tales of a god or group of gods to justify their existence. We now look at their abandoned gods and think how naive and backward our ancestors must have been.

Today, the Christians, Jews, and Muslims hold steadfast to the idea that an omnipotent figure created the Universe and Earth 6,000 - 10,000 years ago. And that all humans were seeded by Adam and Eve in the Garden of Eden somewhere in modern day Iran or Iraq. These beliefs persist despite the fact that science has refuted and disclaimed those assertions with empirical evidence—evidence that can be verified by anyone willing to do the research. Most don't, thus the perpetual conflict between the Christians, Jews, and Muslims.

The Universe is roughly 13.8 billion years old; the Earth 4.6 billion years old; Humans are the product of evolution, 4.3 billion years in the making.

There is no need to attribute to the gods what Humanity has achieved.

Naturalopy (naCHərə lō pē)

noun

1. The philosophy of adopting universal knowledge and collective wisdom from historical and contemporary sources to form a belief system.
2. The Naturalopist belief system, founded on the shared knowledge and experiences of Humanity; modern philosophy; natural philosophy.

Naturalopist (naCHərə lō pist)

noun

1. One who believes in universal knowledge and collective wisdom as a basis for her or his moral guidelines and belief system; naturalist; spiritualist.
2. One who embraces the 20 Naturalopic Precepts as a guideline for a worldview; acknowledges the law of cause and effect.
3. One who adopts preeminent ideologies and philosophies regardless of their origin; objective mindset.

Naturalopic (naCHərə lō pik)

adjective

Of or relating to the precepts of Naturalopy; collective knowledge, objectivity, cause and effect, empirical evidence, spirituality, transparency, natural philosophy, Nature; equality before the Law, beneficial to Humanity.

The 20 Precepts of Naturalopy

Precept (pre sept)
noun

A rule, directive, or principle that guides one’s actions, particularly as pertains to moral conduct.

Naturalopy is structured into 20 primary precepts, most of them with supporting precepts.

- | | |
|-----------------|-----------------|
| 1. Freewill | 11. Happiness |
| 2. Karma | 12. Love |
| 3. Simplicity | 13. Dreams |
| 4. Health | 14. Wisdom |
| 5. Spirituality | 15. Success |
| 6. Compassion | 16. Suffering |
| 7. Purpose | 17. Forgiveness |
| 8. Virtue | 18. Salvation |
| 9. Attitude | 19. Liberty |
| 10. Character | 20. Time |

When taken as a whole and expanded in detail, the Naturalopic framework of 20 precepts is more comprehensive in scope than any single religion or philosophy because it embraces all available knowledge.

Life can be complex, therefore our moral guidelines and belief system are only complete, accurate, and objective when they’re derived from multiple historical and contemporary sources, regardless of their origin.

Life did not come with a manual. Life is a learning process. We make mistakes; we are not sinners. The better choices we make, the higher our quality of life. But we can only make better choices when we are enlightened...

NATURALOPY

PRECEPT 4

HEALTH



ORIGIN

evolution

change, growth, development, progression, transformation, natural process

1. The change in the genetic composition of a population over successive generations.

abiogenesis

spontaneous order, spontaneous generation

1. The natural process of life arising from non-living matter such as simple inorganic compounds.

The origin of life debate consists of two camps: Evolutionists versus Creationists. Or science versus religion, abiogenesis versus biogenesis, empirical evidence versus myth, and Darwinism versus Creationism. These theories are incompatible with each other. In many cases, they contradict each other. However, there is only one truth.

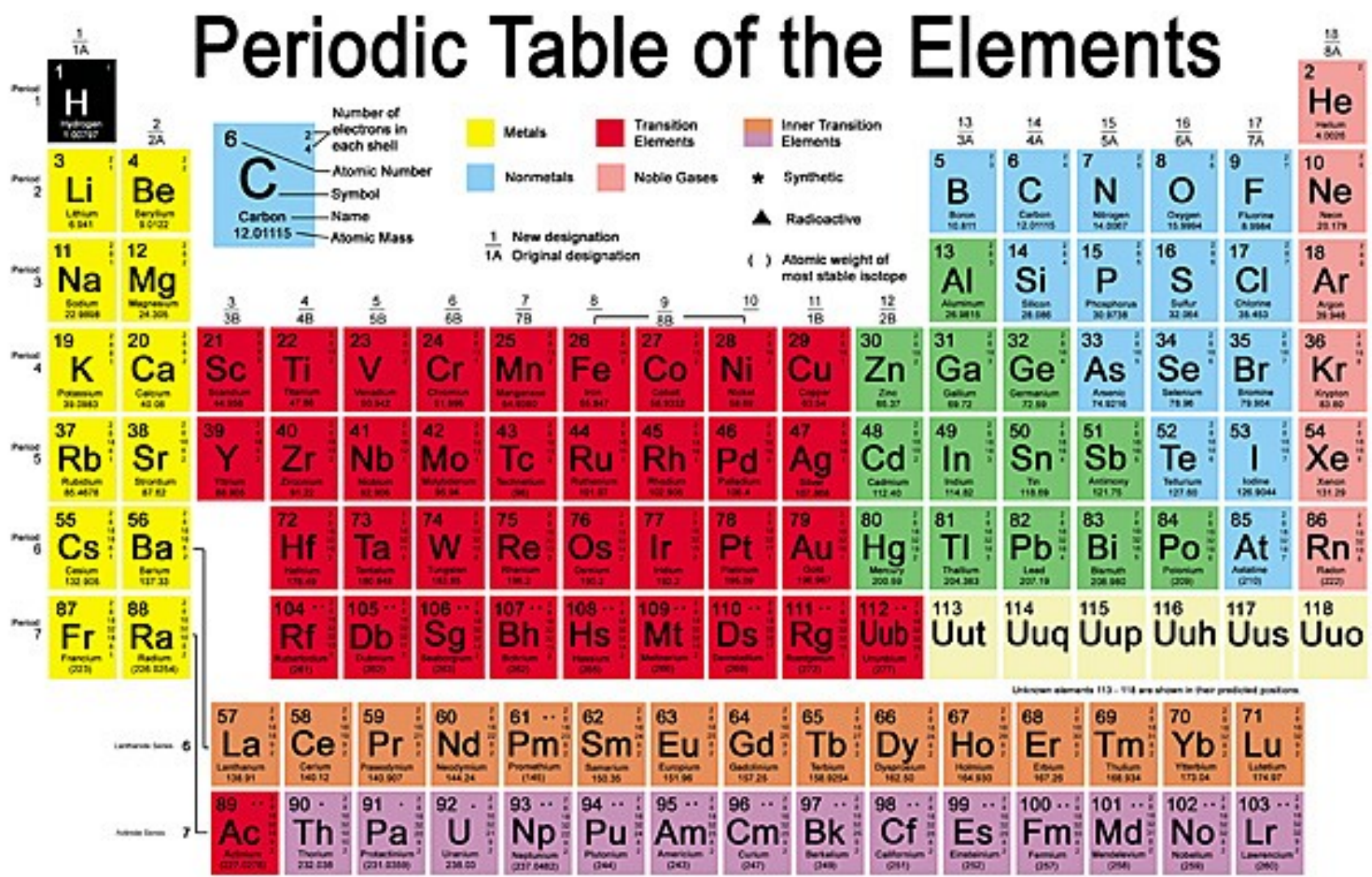
Creationists believe that roughly 6,000 - 10, 000 years ago, god created the Universe and Earth in 6 days and rested on the 7th day, thus Sunday. Creationists also believe in biogenesis—that only living organisms can create other living organisms. Creationists point to the Periodic Table of the Elements, in which all the elements that make up the Universe are inorganic (not living matter, not biological). Therefore, if everything in the Universe is made of inorganic elements, how did organic (biological) life originate from lifeless matter? Creationists also point to the astounding large odds to dismiss the theory of entropy (randomness). Creationists also point to the “missing link” in the theory of evolution—if humans evolved from apes, then why are apes still around?

entropy

decay, breakup, randomness, degeneration, disorder

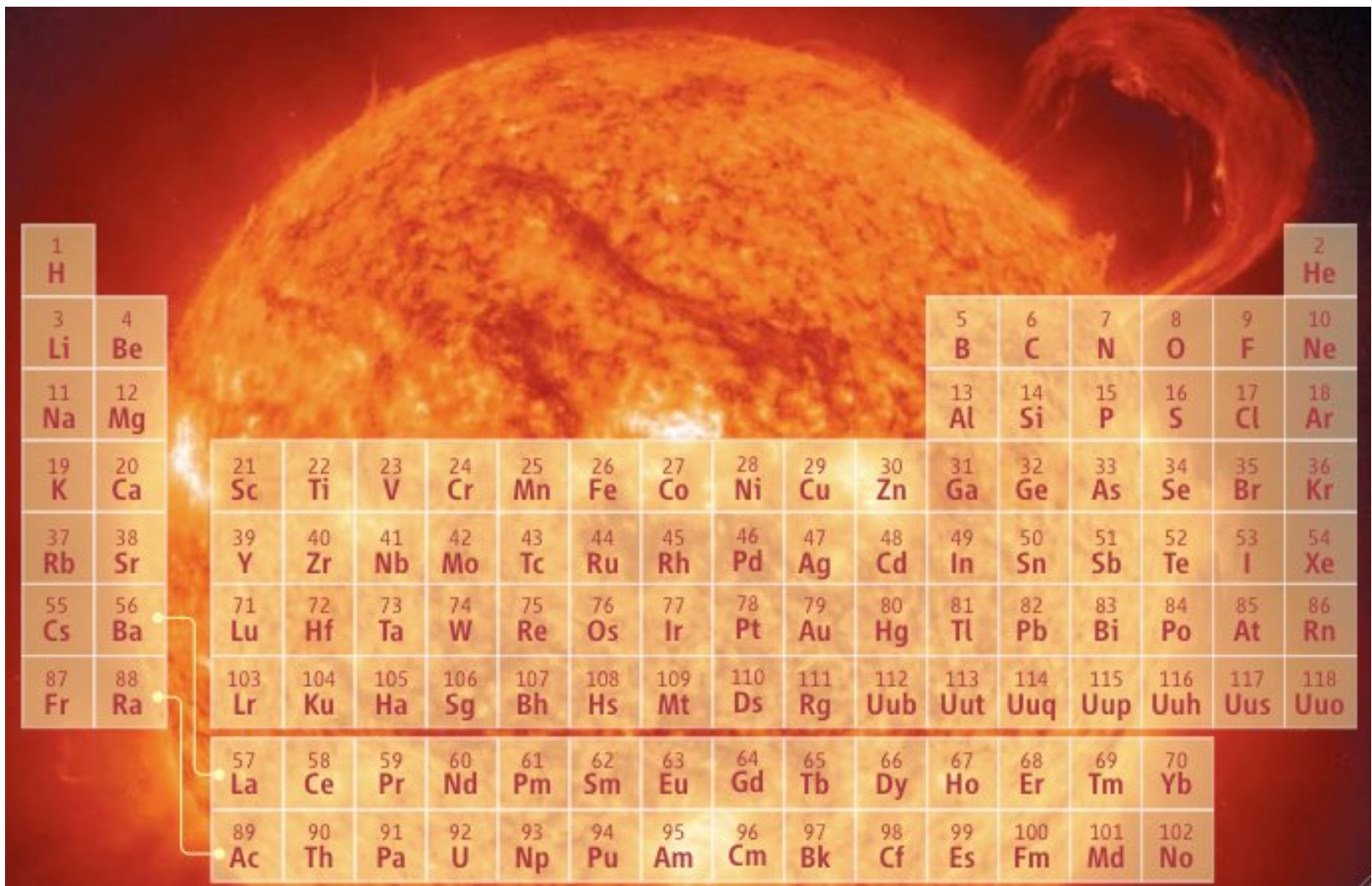
- 1. In thermodynamics, entropy (usual symbol S) is a measure of the number of specific ways in which a thermodynamic system may be arranged, commonly understood as a measure of disorder.
- 2. The tendency of a system that is left to itself to descend into chaos; uncountable.

Note the Periodic Table of the Elements below. It is believed that everything in the cosmos, including humans, is made of the elements listed below. Elements, such as hydrogen and oxygen, are made of atoms; which in turn are made of electrons, protons, and neutrons; which in turn are made of quarks; which in turn are made of the Higgs Boson elemental particle, or particles. For example, the content of the Sun is 71% hydrogen (H) and 27.1% helium (He). In the fantastically hot furnace of the Sun’ core, hy-



drogen and helium (both elements) are fused into heavier elements, such as oxygen(O), carbon(C), nitrogen(N), silicon(Si), magnesium(Mg), neon(Ne), sulfur(S), and iron(Fe). This is an example of how small things become big things in an entropic system, and how simple things become complex things.

When a star, such as our Sun, explodes (supervnova, dies), it gets unimaginably hot and in the process, heavier elements are created, giving birth to asteroids, moons, plan-

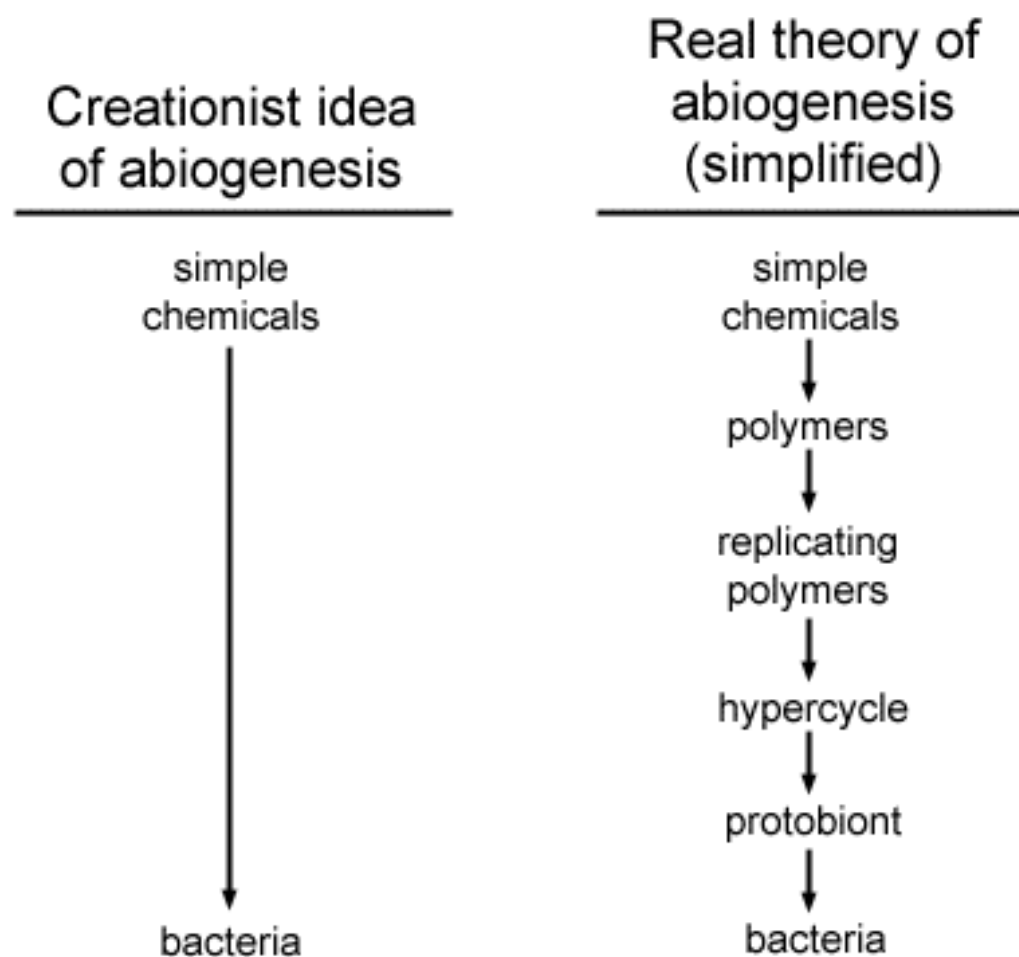


ets, and sometimes new stars. From the inner workings of the Sun, we see a common pattern: given enough time and with the right energy and condition, smaller things become bigger things and simple things become complex things.

However, if everything in the cosmos is made of inorganic elements, how is it possible that biological lifeforms such as plants and humans originated from those lifeless matter? This is the abiogenesis versus biogenesis debate. Creationists believe in biogenesis—that only organic organisms can give life to other organic organisms.

Again, when small things are left alone, with enough time, energy, and entropy working for them, small things become bigger, complex things. Small things amalgamate,

fuse, rearrange, synthesize, and even reproduce. For example, a common compound is water (H₂O), which is made of two elements: hydrogen (H) and oxygen (O).



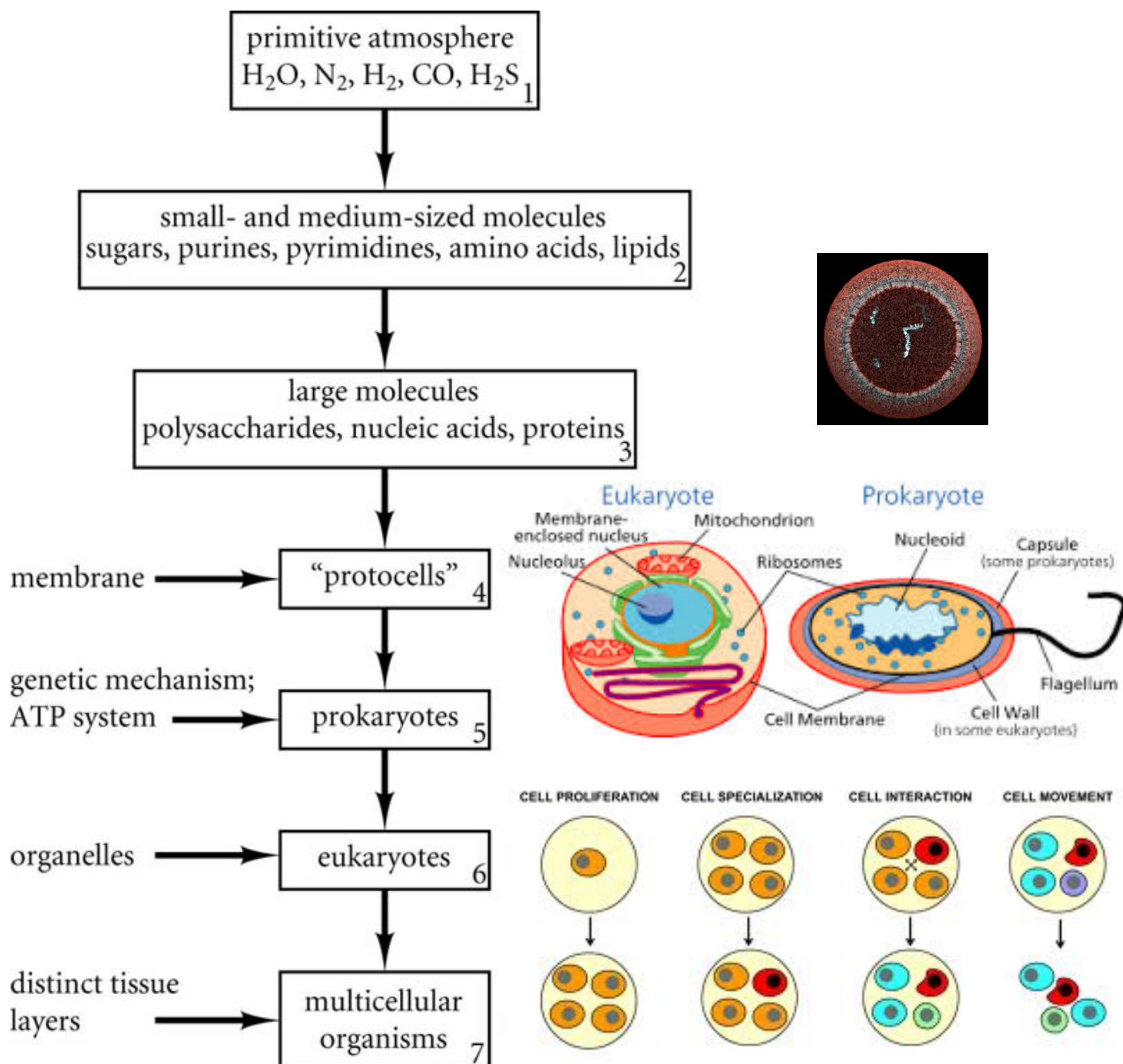
We are infinitesimally small in the infinitely massive cosmos. Our concept of time is in days, weeks, months, and decades—any period longer than eight decades is history to most of us. This is how eighty years looks like: 80 years. Now, imagine 3.55 billion years, or 4.55 billion years, or 13.7 billion years:

- 80 years (average lifespan of many humans)
- 3, 550, 000, 000 years (estimated age of first organic, multicellular organism)
- 4, 550, 000, 000 years (age of Earth)
- 13, 780, 000, 000 years (age of Universe)

We have no personal point of reference or any way to comprehend the staggering expanse of “billions” of years. We only say the billions as a number with a decimal. But behind those billions of years are the processes of entropy and abiogenesis at work. Then add **energy** from radiation, lightning, volcanic eruption, or other energy sources and we have the blueprint for our genetic material.

With enough time, elements amalgamate into simple-inorganic compounds, simple compounds into complex compounds; when energy is added, inorganic compounds turn into organic compounds, organic compounds into molecules, molecules into cells, cells into microbes; microbes and cells into tissues, tissues into organs, organs into multiple organs; into small species, and eventually into humans. It is estimated that the human body has about 100 trillion cells, which varies depending on the mass of the person.

Just like the Sun is comprised of smaller parts, the human body is also comprised of smaller parts. These smaller parts of the Sun and the human body have their beginnings from the Periodical Table of the Elements. And with the blessing of time, entropy, and energy, those elements evolved to form complex, organic matter.



Darwin's Theory Of Evolution—The Premise



Darwin's Theory of Evolution is the widely held notion that all life is related and has descended from a common ancestor: the birds and the bananas, the fishes and the flowers—all related. Darwin's general theory presumes the development of life from non-life and stresses a purely naturalistic (undirected) “descent with modification”. That is, complex creatures evolve from more simplistic ancestors naturally over time. In a nutshell, as random genetic mutations occur within an organism's genetic code, the beneficial mutations are preserved because they aid survival—a process known as “natural selection.” These beneficial mutations are passed on to the next generation. Over time, beneficial mutations accumulate and the result is an entirely different organism (not just a variation of the original, but an entirely different creature). —www.darwins-theory-of-evolution.com

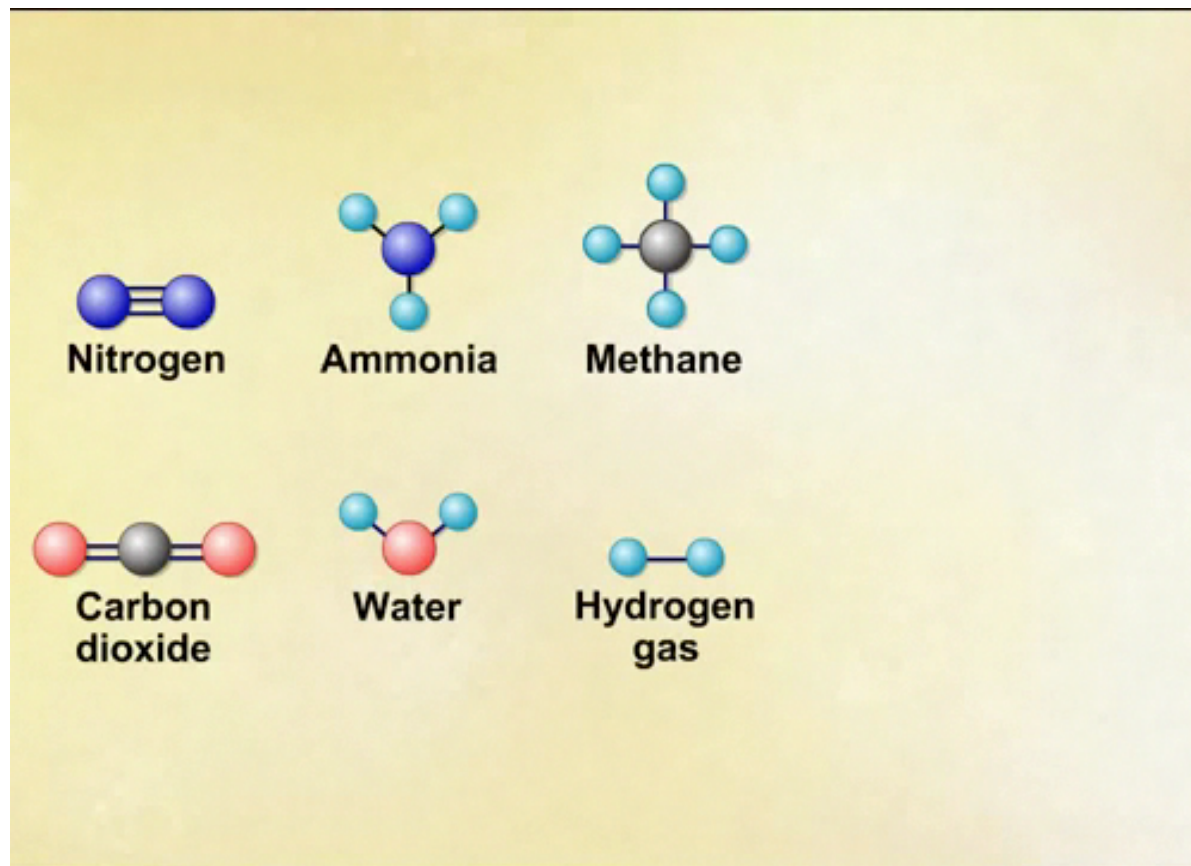
The Missing Link

Creationists point to a perceived flaw in Darwin's theory of evolution: If humans evolved from apes, then why are apes still around? Darwin's theory postulates that humans shared a common ancestor as apes—we did not directly evolve from apes. Therefore, there is no missing link.

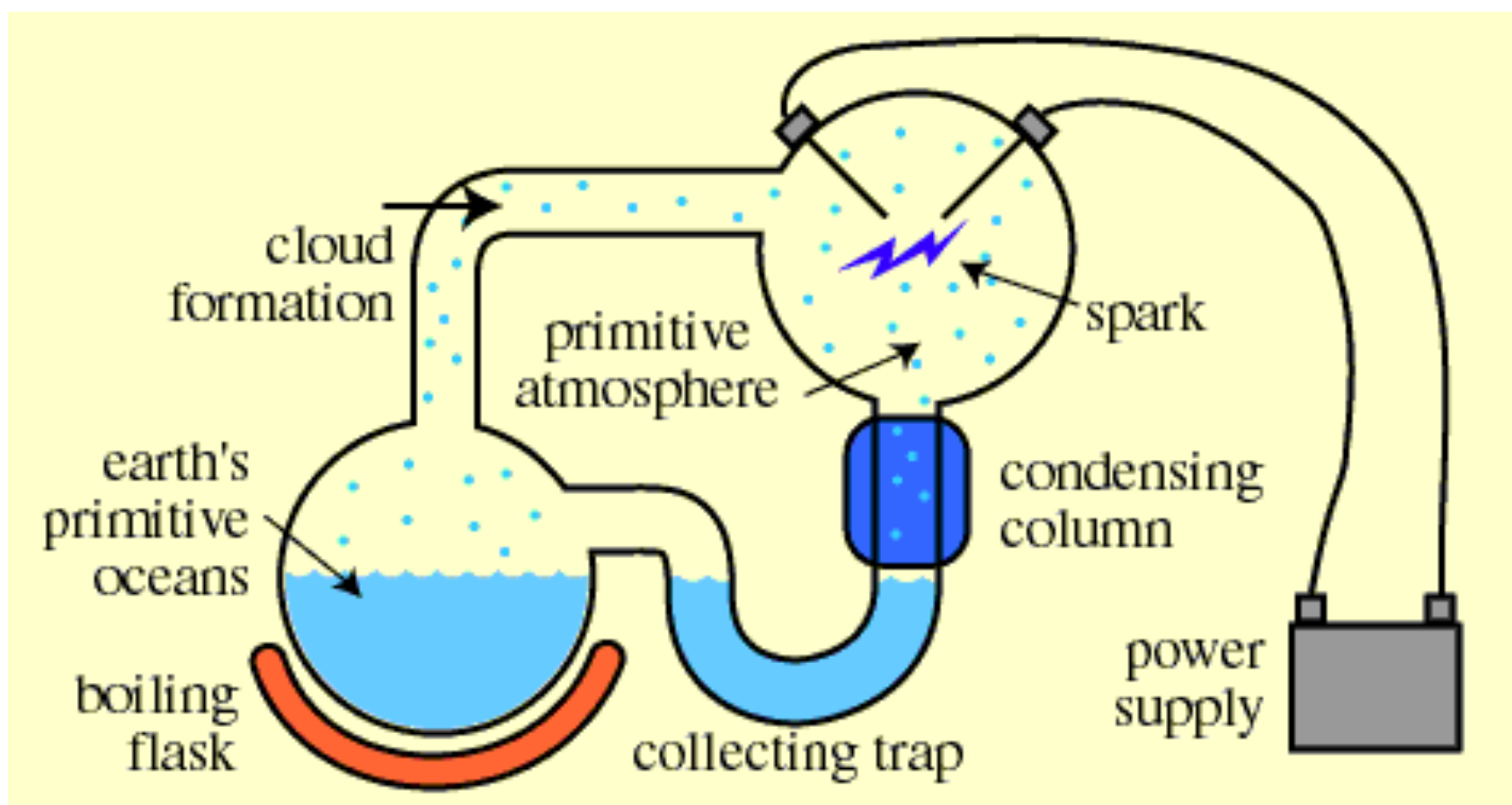
The God Dilemma

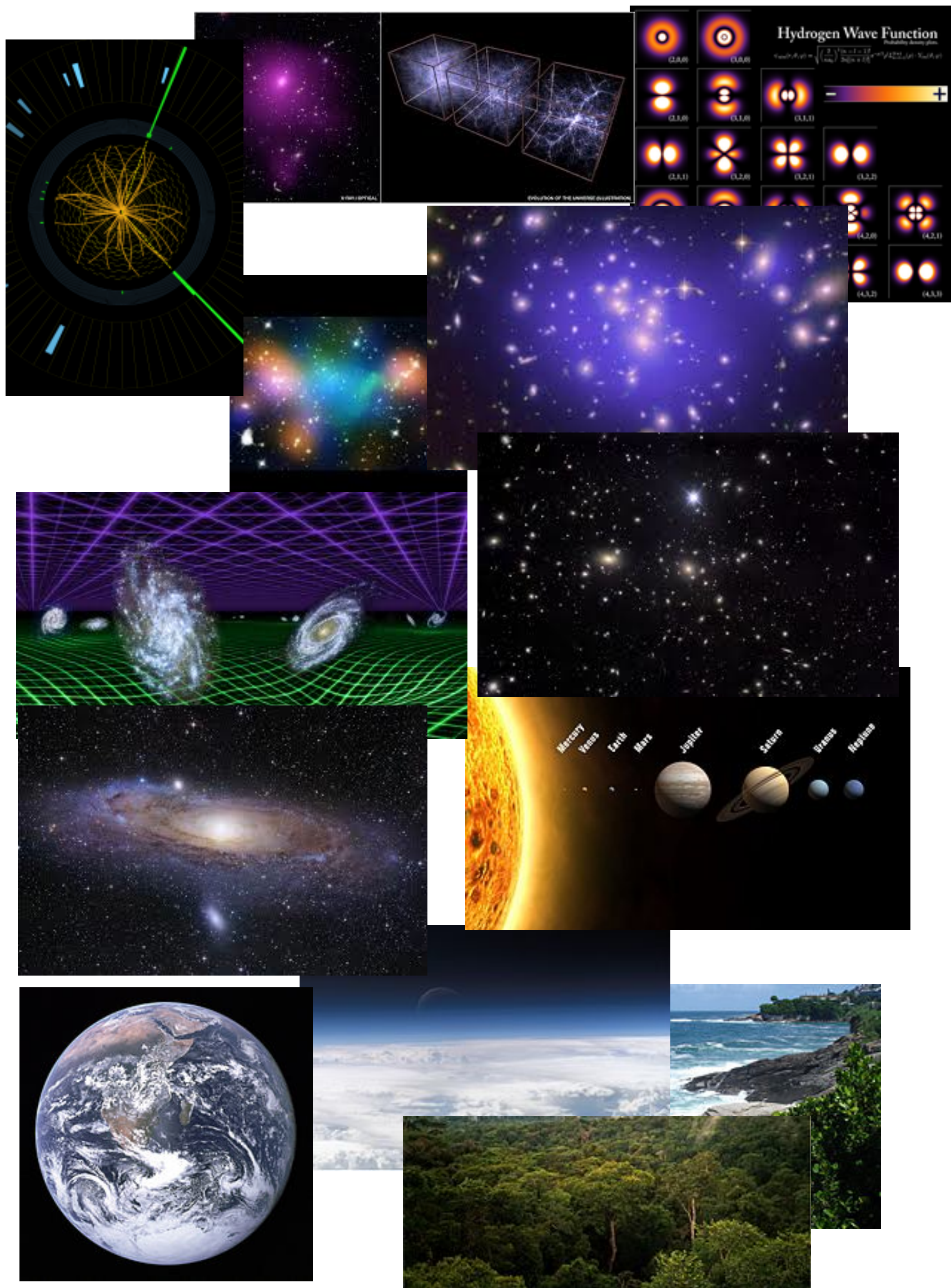
We are infinitesimally small in an unimaginably massive cosmos. If there were a god, it would have to be bigger than unimaginably big to have created the Universe and everything in it. If there were a god in this staggering immensity of existence, who is arrogant or delusional enough to think that god would care for her or him? This god, or intelligent designer, would have to be incomprehensibly powerful and its domain so immeasurably vast, that it would not care what we thought of it either way.

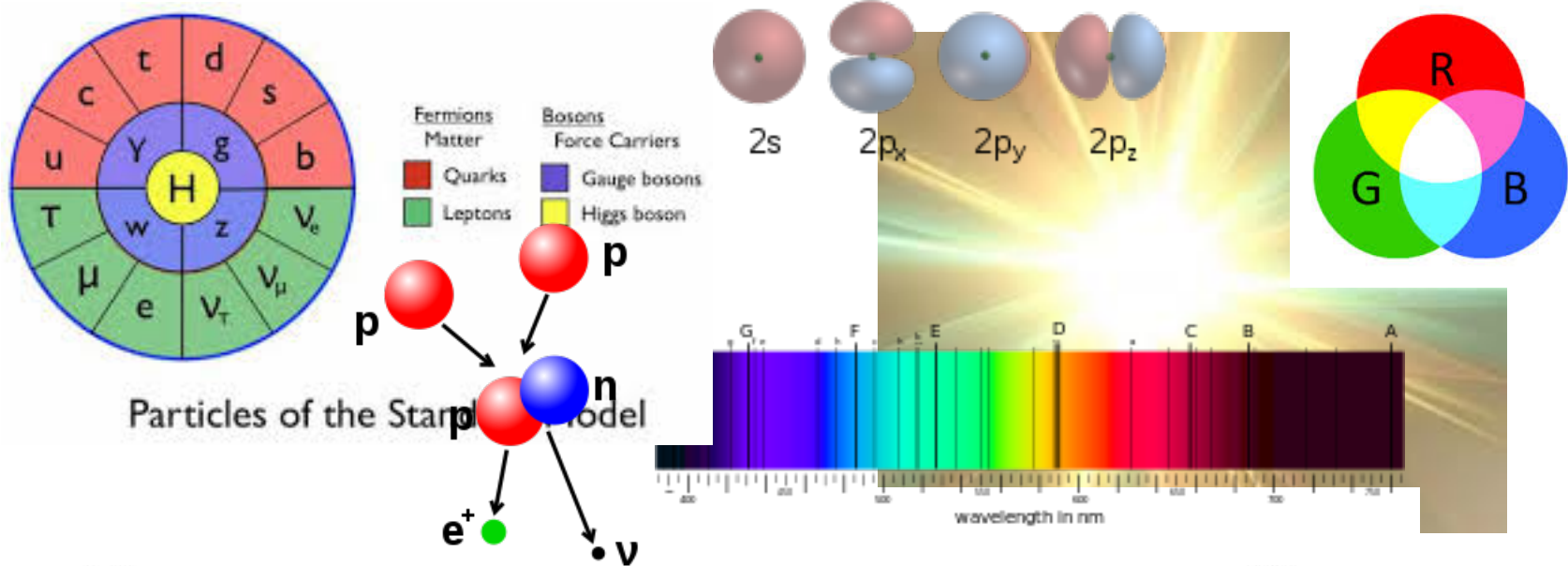
Video: Urey-Miller Experiment, 1953



Turning the inorganic into the organic. Video courtesy of Dr. Prodigious HD Animations. Video requires iBooks to view.







GROUP 1

1

H

hydrogen

[1.007 - 1.009]

2

3

Li

lithium

[6.938 - 6.997]

4

Be

beryllium

9.012

5

B

boron

[10.80 - 10.83]

6

C

carbon

[12.00 - 12.01]

7

N

nitrogen

[14.00 - 14.01]

8

O

oxygen

[15.99 - 16.00]

9

F

fluorine

18.99

10

Ne

neon

20.18

11

Na

sodium

22.99

12

Mg

magnesium

24.31

13

Al

aluminum

26.98

14

Si

silicon

[28.08 - 28.09]

15

P

phosphorus

30.97

16

S

sulfur

[32.05 - 32.06]

17

Cl

chlorine

[35.44 - 35.46]

18

Ar

argon

39.95

19

K

potassium

39.10

20

Ca

calcium

40.08

21

Sc

scandium

44.96

22

Ti

titanium

47.87

23

V

vanadium

50.94

24

Cr

chromium

52.00

25

Mn

manganese

54.94

26

Fe

iron

55.85

27

Co

cobalt

58.93

28

Ni

nickel

58.69

29

Cu

copper

63.55

30

Zn

zinc

65.38

31

Ga

gallium

69.72

32

Ge

germanium

72.63

33

As

arsenic

74.92

34

Se

selenium

78.96

35

Br

bromine

79.90

36

Kr

krypton

83.80

37

Rb

rubidium

85.47

38

Sr

strontium

87.62

39

Y

yttrium

88.91

40

Zr

zirconium

91.22

41

Nb

niobium

92.91

42

Mo

molybdenum

95.94

43

Tc

technetium

(98)

44

Ru

ruthenium

101.1

45

Rh

rhodium

102.9

46

Pd

palladium

106.4

47

Ag

silver

107.9

48

Cd

cadmium

112.4

49

In

indium

114.8

50

Sn

tin

118.7

51

Sb

antimony

121.8

52

Te

tellurium

127.6

53

I

iodine

126.9

54

Xe

xenon

131.3

55

Cs

cesium

132.9

56

Ba

barium

137.3

57-71

lanthanoids

72

Hf

hafnium

178.5

73

Ta

tantalum

180.9

74

W

tungsten

183.8

75

Re

rhenium

186.2

76

Os

osmium

190.2

77

Ir

iridium

192.2

78

Pt

platinum

195.1

79

Au

gold

197.0

80

Hg

mercury

200.6

81

Tl

thallium

[204.3 - 204.4]

82

Pb

lead

207.2

83

Bi

bismuth

208.9

84

Po

polonium

(209)

85

At

astatine

(210)

86

Rn

radon

(222)

87

Fr

francium

(223)

88

Ra

radium

(226)

89-103

actinoids

104

Rf

rutherfordium

(261)

105

Db

dubnium

(262)

106

Sg

seaborgium

(266)

107

Bh

bohrium

(264)

108

Hs

hassium

(277)

109

Mt

meitnerium

(268)

110

Ds

darmstadtium

(271)

111

Rg

roentgenium

(272)

112

Cn

copernicium

(285)

113

Uut

ununtrium

(284)

114

Uuq

ununquadium

(289)

115

Uup

ununpentium

(288)

116

Uuh

ununhexium

(292)

117

Uus

ununseptium

(294)

118

Uuo

ununoctium

(294)

GROUP 13

5

B

boron

[10.80 - 10.83]

6

C

carbon

[12.00 - 12.01]

7

N

nitrogen

[14.00 - 14.01]

8

O

oxygen

[15.99 - 16.00]

9

F

fluorine

18.99

10

Ne

neon

20.18

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Na

sodium

22.99

12

Mg

magnesium

24.31

13

Al

aluminum

26.98

14

Si

silicon

[28.08 - 28.09]

15

P

phosphorus

30.97

16

S

sulfur

[32.05 - 32.06]

17

Cl

chlorine

[35.44 - 35.46]

18

Ar

argon

39.95

19

K

potassium

39.10

20

Ca

calcium

40.08

21

Sc

scandium

44.96

22

Ti

titanium

47.87

23

V

vanadium

50.94

24

Cr

chromium

52.00

25

Mn

manganese

54.94

26

Fe

iron

55.85

27

Co

cobalt

58.93

28

Ni

nickel

58.69

29

Cu

copper

63.55

30

Zn

zinc

65.38

31

Ga

gallium

69.72

32

Ge

germanium

72.63

33

As

arsenic

74.92

34

Se

selenium

78.96

35

Br

bromine

79.90

36

Kr

krypton

83.80

37

Rb

rubidium

85.47

38

Sr

strontium

87.62

39

Y

yttrium

88.91

40

Zr

zirconium

91.22

41

Nb

niobium

92.91

42

Mo

molybdenum

95.94

43

Tc

technetium

(98)

44

Ru

ruthenium

101.1

45

Rh

rhodium

102.9

46

Pd

palladium

106.4

47

Ag

silver

107.9

48

Cd

cadmium

112.4

49

In

indium

114.8

50

Sn

tin

118.7

51

Sb

antimony

121.8

52

Te

tellurium

127.6

53

I

iodine

126.9

54

Xe

xenon

131.3

55

Cs

cesium

132.9

56

Ba

barium

137.3

57-71

lanthanoids

72

Hf

hafnium

178.5

73

Ta

tantalum

180.9

74

W

tungsten

183.8

75

Re

rhenium

186.2

76

Os

osmium

190.2

77

Ir

iridium

192.2

78

Pt

platinum

195.1

79

Au

gold

197.0

80

Hg

mercury

200.6

81

Tl

thallium

[204.3 - 204.4]

82

Pb

lead

207.2

83

Bi

bismuth

208.9

84

Po

polonium

(209)

85

At

astatine

(210)

86

Rn

radon

(222)

87

Fr

francium

(223)

88

Ra

radium

(226)

89-103

actinoids

104

Rf

rutherfordium

(261)

105

Db

dubnium

(262)

106

Sg

seaborgium

(266)

107

Bh

bohrium

(264)

108

Hs

hassium

(277)

109

Mt

meitnerium

(268)

110

Ds

darmstadtium

(271)

111

Rg

roentgenium

(272)

112

Cn

copernicium

(285)

113

Uut

ununtrium

(284)

114

Uuq

ununquadium

(289)

115

Uup

ununpentium

(288)

116

Uuh

ununhexium

(292)

117

Uus

ununseptium

(294)

118

Uuo

ununoctium

(294)

GROUP 1

1

H

hydrogen

[1.007 - 1.009]

2

3

Li

lithium

[6.938 - 6.997]

4

Be

beryllium

9.012

5

B

boron

[10.80 - 10.83]

6

C

carbon

[12.00 - 12.01]

7

N

nitrogen

[14.00 - 14.01]

8

O

oxygen

[15.99 - 16.00]

9

F

fluorine

18.99

10

Ne

neon

20.18

11

Na

sodium

22.99

12

Mg

magnesium

24.31

13

Al

aluminum

26.98

14

Si

silicon

[28.08 - 28.09]

15

P

phosphorus

30.97

16

S

sulfur

[32.05 - 32.06]

17

Cl

chlorine

[35.44 - 35.46]

18

Ar

argon

39.95

19

K

potassium

39.10

20

Ca

calcium

40.08

21

Sc

scandium

44.96

22

Ti

titanium

47.87

23

V

vanadium

50.94

24

Cr

chromium

52.00

25

Mn

manganese

54.94

26

Fe

iron

55.85

27

Co

cobalt

58.93

28

Ni

nickel

58.69

29

Cu

copper

63.55

30

Zn

zinc

65.38

31

Ga

gallium

69.72

32

Ge

germanium

72.63

33

As

arsenic

74.92

34

Se

selenium

78.96

35

Br

bromine

79.90

36

Kr

krypton

83.80

37

Rb

rubidium

85.47

38

Sr

strontium

87.62

39

Y

yttrium

88.91

40

Zr

zirconium

91.22

41

Nb

niobium

92.91

42

Mo

molybdenum

95.94

43

Tc

technetium

(98)

44

Ru

ruthenium

101.1

45

Rh

rhodium

102.9

46

Pd

palladium

106.4

47

Ag

silver

107.9

48

Cd

cadmium

112.4

49

In

indium

114.8

50

Sn

tin

118.7

51

Sb

antimony

121.8

52

Te

tellurium

127.6

53

I

iodine

126.9

54

Xe

xenon

131.3

55

Cs

cesium

132.9

56

Ba

barium

137.3

57-71

lanthanoids

72

Hf

hafnium

178.5

73

Ta

tantalum

180.9

74

W

tungsten

183.8

75

Re

rhenium

186.2

76

Os

osmium

190.2

77

Ir

iridium

192.2

78

Pt

platinum

195.1

79

Au

gold

197.0

80

Hg

mercury

200.6

81

Tl

thallium

[204.3 - 204.4]

82

Pb

lead

207.2

83

Bi

bismuth

208.9

84

Po

polonium

(209)

85

At

astatine

(210)

86

Rn

radon

(222)

87

Fr

francium

(223)

88

Ra

radium

(226)

89-103

actinoids

104

Rf

rutherfordium

(261)

105

Db

dubnium

(262)

106

Sg

seaborgium

(266)

107

Bh

bohrium

(264)

108

Hs

hassium

(277)

109

Mt

meitnerium

(268)

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Ds

darmstadtium

(271)

111

Rg

roentgenium

(272)

112

Cn

copernicium

(285)

113

Uut

ununtrium

(284)

114

Uuq

ununquadium

(289)

115

Uup

ununpentium

(288)

116

Uuh

ununhexium

(292)

117

Uus

ununseptium

(294)

118

Uuo

ununoctium

(294)

GROUP 13

5

B

boron

[10.80 - 10.83]

6

C

carbon

[12.00 - 12.01]

7

N

nitrogen

[14.00 - 14.01]

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Rb

rubidium

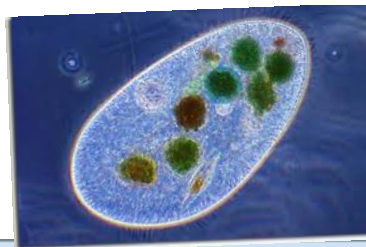
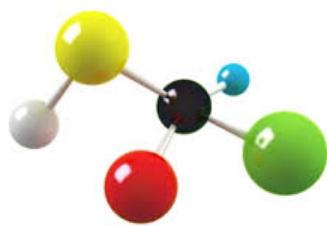
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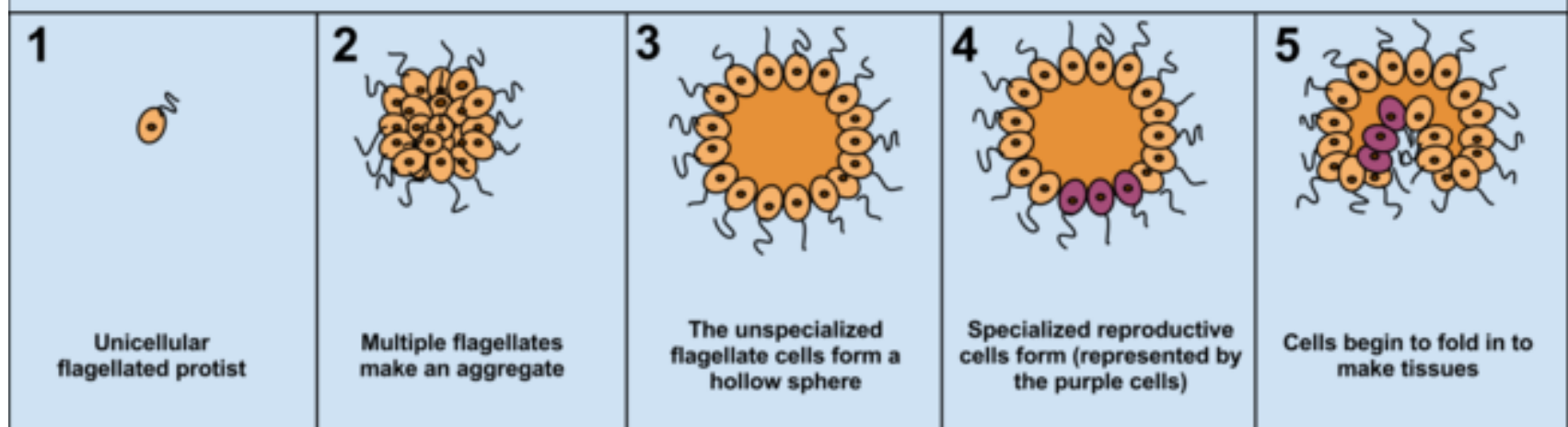
Sr

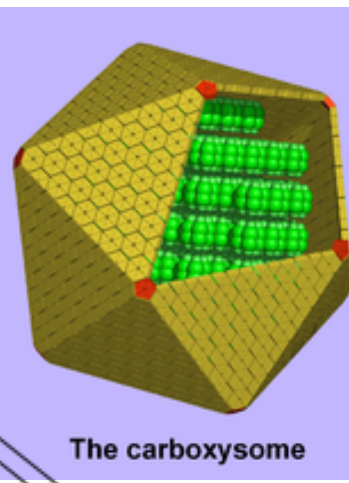
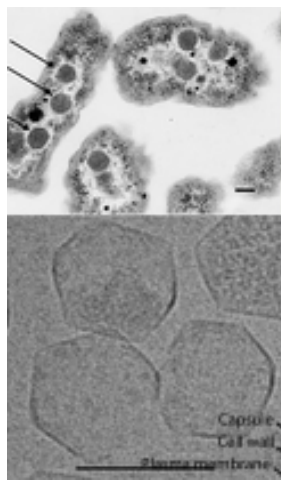
strontium

87.62



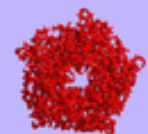
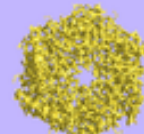
Colonial Flagellate Hypothesis



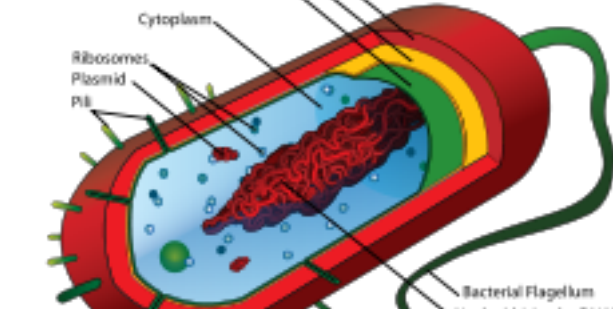


Enzymes and shell proteins

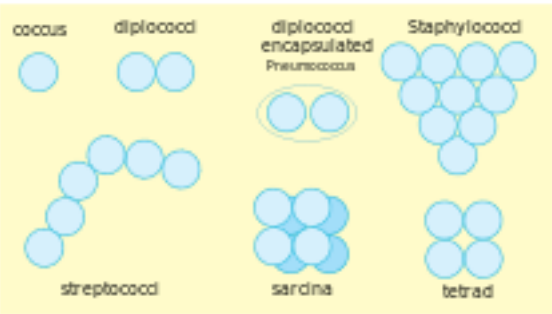
RuBisCO



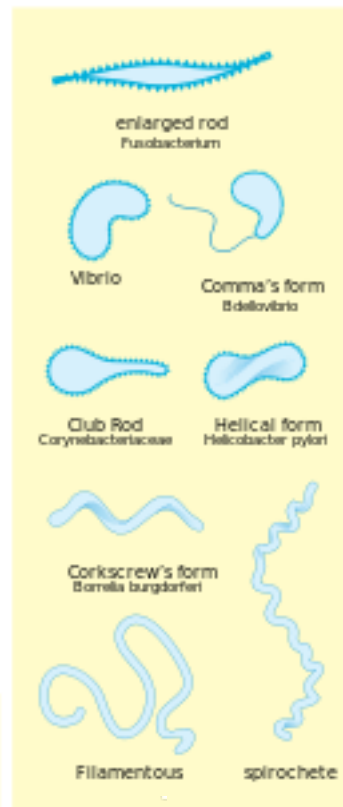
The carboxysome



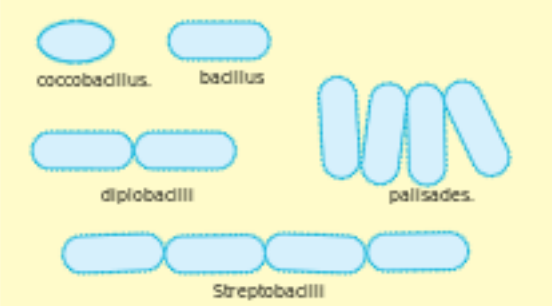
Cocci



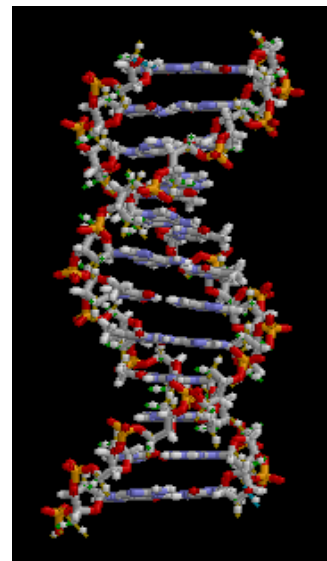
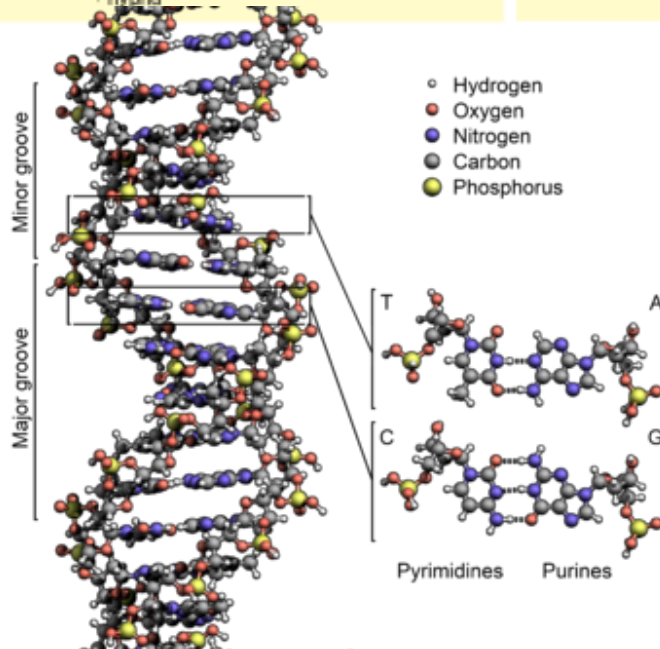
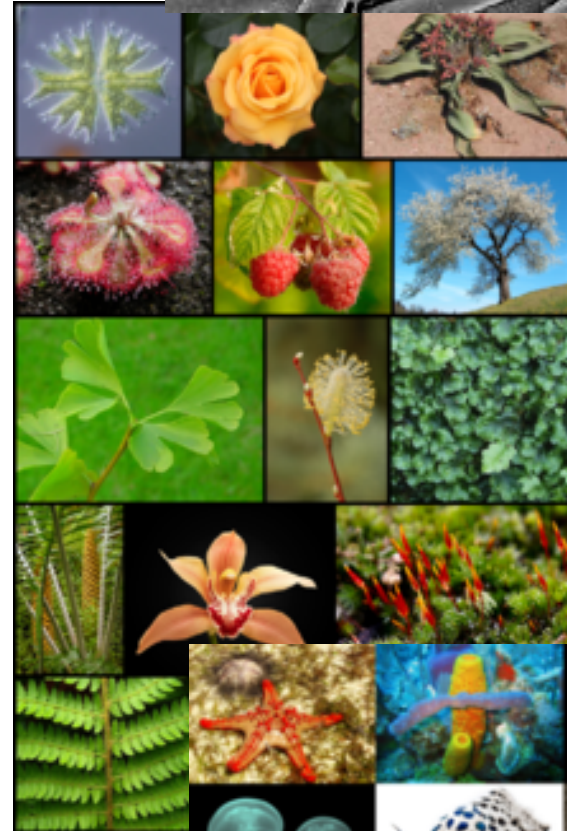
Others



Bacilli



Budding and appendaged bacteria





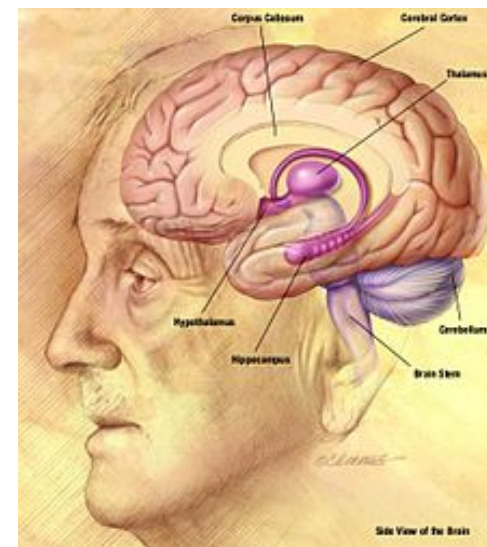
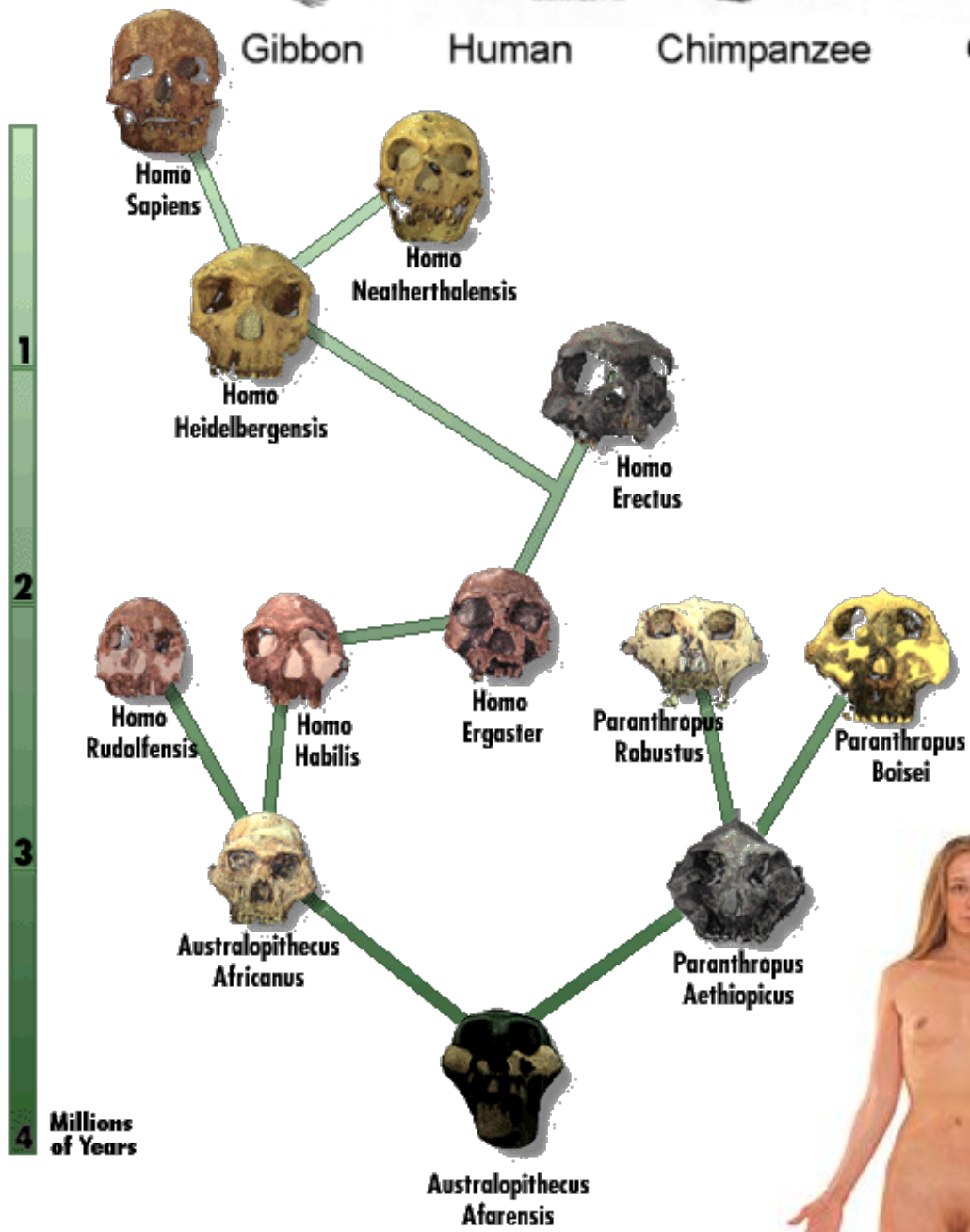
Gibbon

Human

Chimpanzee

Gorilla

Orangutan



THE PALE BLUE DOT

Our planet is a lonely speck in the great
enveloping cosmic dark...

Consider again that dot.

That's here.

That's home.

That's us.

On it everyone you love,
everyone you know,
everyone you ever heard of,
every human being who ever was,
lived out their lives.

The aggregate of our joy and suffering,
thousands of confident religions, ideologies, and economic doctrines,
every hunter and forager,
every hero and coward,
every creator and destroyer of civilization,
every king and peasant,
every young couple in love,
every mother and father, hopeful child, inventor and explorer,
every teacher of morals,
every corrupt politician,
every "superstar,"
every "supreme leader,"
every saint and sinner in the history of our species lived there—

on a mote of dust suspended in a sunbeam.



Think of the rivers of blood spilled by all those generals and emperors so that in glory and triumph they could become the momentary masters of a fraction of a dot.

Think of the endless cruelties visited by the inhabitants of one corner of this pixel on the scarcely distinguishable inhabitants of some other corner.

How frequent their misunderstandings, how eager they are to kill one another, how fervent their hatreds.

Our posturings, our imagined self-importance, the delusion that we have some privileged position in the universe, are challenged by this point of pale light.

Our planet is a lonely speck in the great enveloping cosmic dark.

In our obscurity—in all this vastness—there is no hint that help will come from elsewhere to save us from ourselves.

The Earth is the only world known, so far, to harbor life. There is nowhere else, at least in the near future, to which our species could migrate. Visit, yes. Settle, not yet. Like it or not, for the moment,

the Earth is where we make our stand.



Carl Sagan

HUMANITY

NATURALOPY

CELEBRATING HUMANITY

Nature favours diversity to ensure the propagation of her creations; Humanity would be wise to also favour diversity when adopting knowledge. Although diverse and in silos, the foundation for our moral guidelines and belief system have been formulated by Humans before us and those still with us. There is no need to attribute to the gods what Humanity has accomplished. The Sumerians, Babylonians, Persians, Greeks, Egyptians, Romans, Mayans, and other great civilizations of the past once believed in gods. However, their faith did not save their civilizations.

If we are to co-exist, live peacefully, and advance together as a species, we need to abandon our gods, because fables and science are incompatible.

Since time immemorial, our ancestors have conjured ingenious myths and fables to explain the six primary metaphysical questions of existence (the BIG questions):

- Where did we come from?
- What is our purpose in life?
- Why do bad things happen to us?
- Is there a god?
- Are we alone in the Universe?
- What happens to us after we die?

Independently, for millennia, in different continents of the world, small groups of men congregated and concluded that humans could not adequately answer these existential

questions. Therefore, due to our ancestors's limited knowledge of the physical world at the time, they used their brilliant imagination. The answers to these pressing questions were deferred to a higher power, an omnipotent figure or a group of them—god or gods. Within each region of the world, ideas were borrowed and passed down from one religion to another, and as a result of empire building, several religions crossed continents and became pervasive in daily life.

As we are still witnessing, due to perpetual conflict, religion is extremely intrusive and problematic on a global scale. The Jews are still fighting Muslims in Israel-Palestine; Jews and Christians are often at loggerheads; Muslim sects are fighting each other throughout the Middle East; Christians are occupying Muslim countries; and Muslims are persecuting Christians in certain parts of the Middle East. It's a quagmire of hate, and this pattern of hate continues despite the fact that Christianity, Judaism, and Islam are all Abrahamic religions—they share the same root. Each one espouses peace as a central tenet of its religion, but we know it is very different in practice.

The inconsistencies, contradictions, and absurdities of every major religion are so glaring and abundant that it would take an encyclopedia to distill, and even chaff.

Three Religions, One Root, Dozens of Denominations, Countless Interpretations...In Perpetual conflict

First, take the Christians. The Christians believe in the Old Testament and the New Testament bibles, but do not believe in the Torah (Jewish holy book) or Quran (Muslim holy book). Christians believe that Jesus Christ is the Son of God sent by god himself to deliver men from their sins. In the Holy Trinity (conceptualized by Theophilus of Antioch, 412 AD.), Christians believe Jesus Christ is the Son of God, the Holy Spirit, and God himself—a 3 for 1 special. The Christian Holy Bible has been translated and re-interpreted several dozen times; therefore, no one knows how different it really is from the original text, if one did exist.

The Christians have been been waiting for over 2,000 years for the second coming of their prophet, Jesus Christ.

500 AD: The Kingdom of Heaven is upon us.

1000 AD: The Kingdom of Heaven is upon us.

1500 AD: The Kingdom of Heaven is upon us.

2000 AD: The Kingdom of Heaven is upon us.

The Kingdom of Heaven is never upon us, for one strange reason or another.

Second, take the Jews. The Jews believe in the Old Testament and the Torah, but not the New Testament nor the Quran nor Jesus Christ. The Jews believe Jesus Christ and Muhammad were false prophets. The Jews also believe that they are the Chosen People of god and have been waiting over 5,000 years for their Messiah to appear on Earth. For reasons not generally agreed upon, the Jews have been the most persecuted people in all of Humanity.

Third, take the Muslims. The Muslims believe in every Abrahamic holy book: Old Testament, New Testament (Holy Bible), Torah, and especially Islam's Quran. They also believe in all the Abrahamic prophets and messengers, such as Noah, Moses, Daniel, Elijah, Jesus Christ, and particularly Muhammad. Muslims believe that Muhammed was a prophet and a Messenger of God. Essentially, the Islamic religion is based on the account of one man who claimed he had received the words and will of god through the angel Gabriel. This is religious nuttury at its finest.

The religious madness continues when all the sects (movements, denominations) of each major religion are taken into consideration. The confusion and obfuscation are endless since each group has subgroups (branches) with their own interpretation of the "holy" scriptures. As examples:

Christianity: Catholic, Orthodox, Lutheran, Anglican, Mormon, Jehovah's Witness, Protestant, and so on.

Judaism: Orthodox, Conservative, Reform, Reconstructional, Hasidism, Kabbalah, and so on.

Islam: Ahmadiyya, Ibadi, Shia, Sufism, Sunni, Wahhabi, Nation of Islam, and so on.

If the word of god is final, then why is it so different? And why are there so many of them? And why do they utterly contradict each other? If we just skim the surface of religion, it would be reasonable to conclude that religion was created like TV channels:

at some point a group felt their interests were not being represented and decided to create a new channel (branch, denomination, sect, group). In this new channel, they concocted whatever they needed in order to attract and appease followers. As long as the sheep watched one channel, everything made sense, and considered divine and brilliant. However, as soon as the followers switched channels (self-education), nothing made sense anymore. There were inconsistencies, absurdities, and bull manure—piles and piles of it. Is it any wonder that the phrase “holy shit” is a cultural lexicon? However, we should applaud our ancestors for having wove brilliantly imaginative stories to explain the nature of existence.

Despite advances in communication, technology, education, and science, the moral guidelines and belief systems of most humans are still grounded in myths and fables. Like children reading fairy tale stories, these religious adherents believe *their* magical wizard exists. They cling to the absurd notion that their magical wizard has chosen them as its favourite children, to the exclusion of others—religion divides, Humanity unites. For these reasons, much of the strife and suffering in the world can be attributed to the divisive nature of religion.

Atavistic: characterized by reversion to something ancient or ancestral;
of a throwback or exhibiting primitivism.

Those who seek comfort in religion have an atavistic worldview—they hold onto the past because the present and future may be unpleasant for them, or they refuse to face the present and future. They refuse to let go and become objective in their worldview.

Religion: When we don't understand how the world works, make it up.

A sore point among the scientific community is that Abrahamic religions still teach their followers that the Universe and Earth were created 6,000 - 10,000 years ago by god, despite overwhelming scientific evidence against the assertion. Science has shown, using radiometric dating, geological stratigraphy, and helioseismic dating, that the Earth is roughly 4.55 billion years old. However, the generally accepted number among Christians is 6,000, and that figure was derived from counting successive generations since Adam and Eve in the Old Testament.

Miseducation is more dangerous than uneducation.

The Six Existential Questions of Life

There is ample, if not conclusive, evidence to support the theory of abiogenesis. In 1953, scientists Stanley Miller and Howard Urey demonstrated the process in which inorganic molecules mutated to complex organic molecules (amino acids, carbohydrates, nucleic acids) roughly 3.5 billion years ago, paving the way for biological life on Earth.

In 1956, using uranium-lead dating and lead-lead dating methods, geochemist Clair Patterson calculated that the Earth was roughly 4.55 billion years old. Even today, Dr. Patterson's estimate is considered accurate within 20-70 million years.

Recently, scientists have re-enacted the creation of our Universe, the Big Bang, in laboratories, particle accelerators, and computer simulations. The data from scientists working independently around the world places our Universe at roughly 13.7 billion years old. We also know from Nagasaki and Hiroshima that when an atom, invisible to the eyes, is split, it releases enough energy to start a chain reaction powerful enough to destroy a city. From these World War II events and our knowledge that mass and energy are interchangeable, we know that something infinitesimally small has the potential to become massively big under the right conditions—this is the awesome power of Nature.

The truth and answers to life are found in science and education, not in religion. Religion hampers our perspective and understanding of the world. Religion is miseducation. A devout religious person loses precious time; first by miseducation, then by re-education.

Let us ponder the primary existential questions of life, without involving religion.

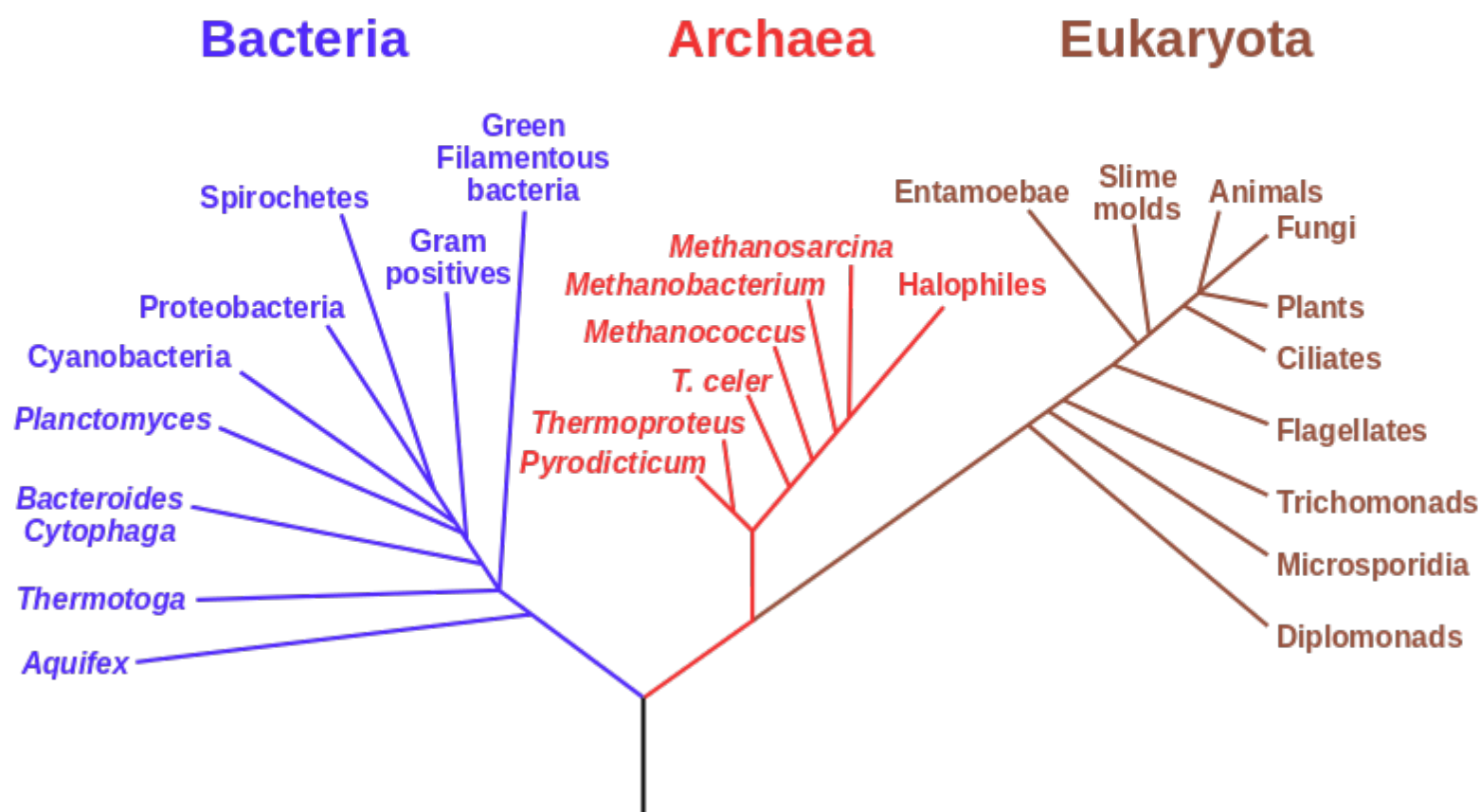
- Where did we come from?
- What is our purpose in life?
- Why do bad things happen to us?
- Is there a god?
- Are we alone in the Universe?
- What happens to us after we die?

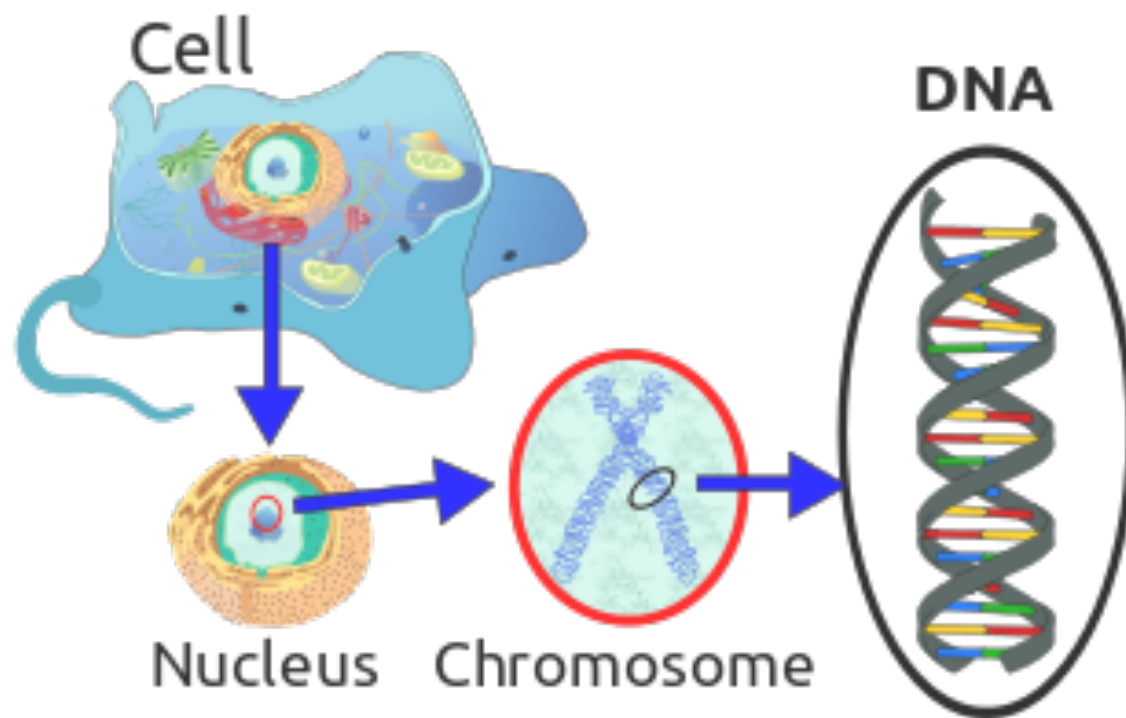
1. Where Did We Come From?

We are all powerful and extraordinary, for we were birthed by the stars. Nature created us through roughly 4.55 billion years of experimentation: from atoms; to chemical elements; to inorganic molecules; to complex-organic molecules; to single-celled organisms; to multicellular organisms of microbes and bacteria; to invertebrates, amphibians, fishes, reptiles, birds, and mammals; then the grand prize of evolution: Homo Sapiens, a thinking and reasoning animal atop the food chain, capable of the greatest vices and virtues.

We are constructed of the same elements as those in the stars: hydrogen, helium, oxygen, carbon, nitrogen, silicon, magnesium, neon, iron, and sulfur. The differences between the elements in our body and those in the Sun are the quantity, ratio, arrangement, and complexity—the fusion of the Sun’s lighter elements created heavier elements, then complex molecules in our body. This fact can be verified with electron microscopes, chemical analysis of our cells, spectral analysis, and carbon dating. We share a common ancestor with every living thing on this planet—the spiritualists knew this without requiring scientific evidence when they stated that “everything is connected to everything else.”

Phylogenetic Tree of Life





The average human body is comprised of roughly 100 trillion cells, each evolved over 3.5 billion years to perform a special function in a specific organ. Contrary to popular belief, humans did not evolve from apes—we share a common ancestor with them, just like we share a common ancestry with a butterfly, tree, lion, flower, and every organism on this Earth. Therefore, there is no “missing link” in Charles Darwin’s theory of evolution.

Whether biological life began on Earth in the ashes of underwater volcanoes or bacteria from asteroids (meteors) or on the surface of oceans, it began very small as microbes, then amalgamated and evolved from there to bigger organisms.



2. What Is Our Purpose In Life?

At the universal level, there is a shared baseline for the purpose of life: eat well, sleep well, mingle well, work well, and enjoy life. Every single study on happiness has shown that our connection to our community is one of the most— many times the most—important factor in how happy we are. Our contribution to our community and connection to Nature form the foundation of happiness and purpose.

At the individual level, the purpose of life is different from person to person. That is, the meaning of life varies depending on the person. It has been said that when we find our passion, we find our purpose. However, history has shown that the most purposeful and remembered lives are those who served Humanity—those who lit the path with glowing lights to show others the way. Their spirits are in this book.

The people who have found their purpose in life share some traits: they went through periods of trial and error before finally deciding what they were good at; they had failed before they succeeded; they enjoy what they do; they feel no need to defend what they do; they view what they do as a passion, not as work or a career; they feel what they do makes a difference in the lives of others; and they give back to their community.

If each and every day of our life, we do something productive that fills our waking hours, that is purpose enough. It will leave the world a better place than we found it.

As Ralph Waldo Emerson wrote, “The purpose of life is not to find yourself, but to *create* yourself.”

The meaning and purpose of life are covered more in depth in Precept 7: Purpose.

3. Why Do Bad Things Happen To Us?

Bad things happen to us for the same reason good things happen to us: the choices we make. The choices we make in life are cumulative and eventually end in consequence. When we made bad decisions, we were either ignorant of the repercussion or had a subconscious desire for the outcome. Summarily, good or bad things happen according to karma—the law of cause and effect. What goes around, comes around.

Karma is the consequence of the choices we make for events that are *within* our control. Of course there are exceptions to this karmic balance; three notable exceptions are accidents, natural disasters, and children. When children, vulnerable and impressionable, are inflicted with suffering or evil, it is because they are dependent on their parents or caretakers, thus the child's karma is inherited. Or in reverse, parents are punished through the suffering of their children. Just like children who benefit from their parents's skillful deeds, so do children suffer from their parents's unskillful deeds. Our deeds affect us and those we care about. Only when children become emotionally independent and self-sufficient are they responsible for their own karma.

There are things beyond our power and things *within* our power. Bad things that happen beyond our power are the result of global and natural events. Bad things that happen within our power are the result of karma.

We reap what we sow.

4. Is There A God?

No.

At least not the ones that have been fabricated by humans. Gods have come and gone throughout history, just like the fideist civilizations that worshipped them.

Fideism: The doctrine that religion is the basis of all knowledge; that faith is independent of reason.

Religion has nothing to do with morality and science. We can have morality without religion; we can attain spirituality without priests, rabbis, or imams. We can explain and even predict natural phenomena without the aid of an intelligent designer. We understand how the world works without religious textbooks. We have discovered our origin without faith. We can accurately describe how the cosmos works without a god in it.

If a person does not know right from wrong, then they lack morality. They do not lack religion.

If a person does not understand how the world works, then they lack self-education. They do not lack religion. They have not been enlightened.

If we study history, we know that the Sumerians, Egyptians, Greeks, Romans, East Indians, Mayans, and every small and large civilization in-between believed in gods at one time or another. They did this for hundreds and even thousands of years. However, gods were created by our ancestors in an attempt to answer existential questions and explain natural phenomena.

- What caused lightening and thunder? God was angry.
- Was a comet a good omen or bad omen? Ask the fortune teller.
- What did a earthquake foretell? The end of the world.
- Why did it rain? Some god in the sky was sad and crying.
- Why did the seasons change? The harvest goddess's daughter was kidnapped and the daughter had to spend six months in hell, this made the goddess sad and

gloomy, therefore winter; when her daughter was returned for six months, the goddess was in a sunny disposition, therefore summer.

- What did the planets, stars, and other celestial bodies represent? Gods and goddesses.

Religion begins where knowledge ends.

Now, let's scrutinize religion from a modern perspective.

- Did Moses really talk to a burning bush on a mountaintop that was supposedly god?
- Did Noah really save civilization and all the animals on his big boat (arc)?
- Was Jesus really the child of a virgin mother; and he walked on water, and arose from the dead?
- Did Muhammad really receive the will of god through an angel?

Unfortunately, there are billions of people who still believe religious nonsense. They have fought, still do fight, and will fight each other to the death for their outdated religious beliefs. Witness the Christian Crusade, the Muslim Jihad, and the Jewish Protocols of the Elders of Zion (if it's to be believed as authentic). Three religions with supposedly one god, and in practice they can't even agree on the basic principles of that one god, hence the perpetual conflicts. The god question is, "Whose god?"

We are the most advanced civilization that Earth has ever harbored. Despite this fact, there are hundreds of millions of people who lack the fundamental principles of basic science. In a 2014 survey by the U.S. National Science Foundation, 26% of Americans thought the Sun revolved around the Earth; similarly, 34% of Europeans thought the same thing. In addition, 52% of Americans were unaware that humans evolved from earlier species of animals. The fact that the Earth revolves around the Sun was settled by Nicolaus Copernicus in the 16th century, but was suppressed by the Catholic Church. Similarly, the theory of evolution by Charles Darwin is being perverted and suppressed to this very day by devout Christians, Jews, and Muslims. Now, if the U.S. and Europe are considered First World, how much hope of enlightenment is there in Developing and Third World countries that are steeped in religion?

A Brief History of Religion

A religion becomes dominant when it is adopted by the elite and ruler. It's a top-down adoption and expansion pattern, and those who blindly follow are considered "sheep" by the enlightened. This herd mentality, blind faith, follow-the-leader, peer pressure, mob rule, or by any other name is true of the Christian, Jewish, and Muslim faiths.

First, examine Christianity, which was an illegal and persecuted cult for centuries throughout the Roman Empire. However, this cult became fashionable when Roman Emperor Constantine I adopted it as his official religion and instituted it in the First Council of Nicaea in 325 AD. From there, Christianity "borrowed" most ideas for Jesus Christ's divinity from the Pagans and Egyptians: birth from a virgin mother, rise after three days of death, Christmas for Winter Solstice, the son of god, the bringer of light, and so on. The Christian faith is a mashup of other faiths. Not surprisingly, there are now scholars who doubt if Jesus Christ had existed at all. If these scholars are right, then Jesus Christ was a fictional character. If Jesus did exist, he might have been a spiritual teacher or philosopher who was lionized and exaggerated by the Creed of Nicaea and subsequent ecumenical councils of Nicaea.

We know from history that Jesus Christ's godly features were fabricated to make him more appealing to the commoners. In truth, Jesus Christ was a product manufactured by the apostles of Nicaea, the predecessors to the priests of the Roman Catholic Church. As we note from history, Jesus was not considered divine until three hundred years after his supposed birth, when it was convenient for the ruling authority. Since the First Council of Nicaea in 325 AD, and largely thanks to the largesse of Emperor Constantine I, Christianity had spread with the Roman Empire. However, the Roman Empire has long since collapsed, but the Holy Roman Empire is alive and well in the Roman Catholic Church—the Pope has replaced the Emperor. The largest landowner in the world today is the Roman Catholic Church (the Vatican). There is much more to Christianity than religion.

Second, examine Judaism. It is believed that most Jews today are not descendants of the original Semites of the Middle East, but they are converts of European and Turkic heritage (Khazarian Empire theory, 618 - 1048 AD). Nowadays, to label someone a Jew is ambiguous. The Jews could be identified as a race who shared a common ancestry in Judea (Palestine), as the Romans called it. Or the Jews could be identified as a religious group who have adopted Judaism. Since 250 AD, the Jews have been ex-

pelled about 109 times from territories and nations in which they had inhabited—the two most prominent are the Spanish Inquisition (1492) and the World War II Holocaust (1939 - 1944). The Jews have also been victims of numerous edicts and pogroms. Whether they were considered subversive, as scapegoats, or just generally disliked for their belief that they were the Chosen People of God, the Jews as a group have suffered much throughout history. As religious hogwash goes, if god loved the Jews so much that he made them the Chosen People, he would have made more of them, like the 1.1 billion East Indians or the 1.3 billion Chinese. And god certainly would not have created the Israelites to be dependent on the generosity of American taxpayers.

Third, examine Islam, which is the youngest of the three major religions today. Islam came about when Muhammad (Abū al-Qāsim Muḥammad ibn ‘Abd Allāh ibn ‘Abd al-Muṭṭalib ibn Hāshim, 570 - 632 AD) had a series of “divine” revelations. He claimed that the angel Gabriel had revealed to him the words of god. These revelations were recorded in what is now the Muslim holy book, the Quran. When the sheiks and kings of many Arabian tribes adopted Muhammad’s teachings, their followers became Muslim adherents. The word “Muslim” means he who submits to god, or the will of god. In whole, the Muslim faith is based entirely on the account of one man, a businessman no less, who claimed an angel had spoken to him, and that this angel had revealed to him the will of god. If anyone made that claim today they would be locked up in a psychiatric ward and the key thrown away. Destructive Muslim concepts such as infidels, Sharia Laws, fatwa, and jihad are familiar to non-Muslims. The Quran appears to be a book of fiction written by a man similar to the one who founded Scientology, Ron L. Hubbard. Humanity could face another Dark Age if Islam is spread unchecked. Islam is a backward religion, nothing in it agrees with reason, science, and especially basic human rights.

The three major religions have their root in the Middle East. Today, the region of the Earth that is constantly at war is the Middle East—people with the same ancestry killing each other because they belong to different sects or branches of the same religion. That is Karma on display. If left unrestrained, these religious numbskulls will continue to kill each other to establish nations governed by religious laws (read: theocratic societies, outdated, backward, irrational, oppressive, tyrannical).

Religion was, and is still, used to control people, not enlighten them; religion is the dumbing down of Humanity's potential, because religion is arbitrary and subjective. It is science that enlightens and reason that establishes the principles of morality. If we are to seriously enquire about god, we need to ask questions that we have no answers to.

- Who created god?
- Does god exist in the form of mass, energy, or both?
- Why has the voice or image of god never been heard or seen by a group of people? It's always unverifiable stories from a lone nut in the wilderness.

We've mapped the Earth, the solar system, part of the Milky Way galaxy, and have begun creating a 3-dimensional map of the Universe—where does god reside? If the answer is “everywhere”, that is Nature. Nature exists everywhere.

Religious fanatics like to challenge the agnostic or atheist with, “If you don't believe in god, then what do you believe in?”

A good place to start would be to believe in universal knowledge, collective wisdom, and spirituality. Humanity. Nature. Science.

If you need to believe in someone, believe in yourself.

5. Are We Alone In The Universe?

Most unlikely. There are an estimated 100-400 billion stars in a galaxy and 100 billion galaxies in the Universe, and these estimates keep increasing as new discoveries are made. Mathematically, according to the theory of chaos and the Frank Drake equation, there are millions of lifeforms in the Universe and probably thousands with our intellectual capacity, and some even exceeding our intellectual capacity. The primordial soup of elements that kickstarted life on Earth is a mathematical reality in millions of other solar systems in the cosmos.

Abiogenesis: The original evolution of life or living organisms from inorganic or inanimate substances.

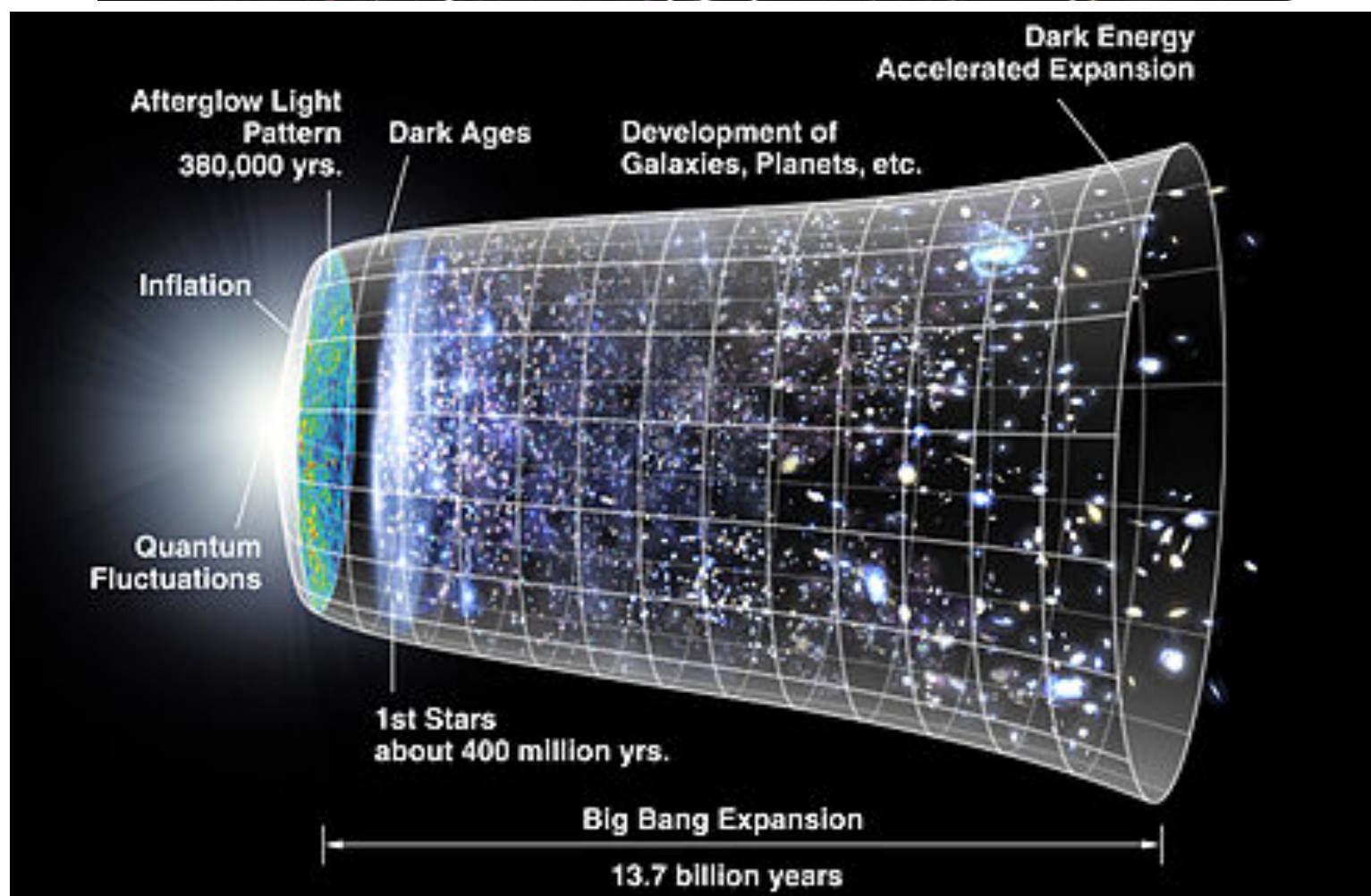
The process of abiogenesis that occurred on Earth, based on mathematical probabilities alone, is repeatable on other planets: atoms forged into light elements, light elements fused into heavier elements in the Sun, then a primordial soup of elements that meshed into inorganic molecules, then electrified and energized to form organic molecules, then prokaryote cells (cells with no nucleus), then eukaryote cells (cells with a nucleus capable of passing on genetic information), to multicellular organisms, to microbes and bacteria, then various species of amphibians, birds, arthropods, reptiles, and mammals. We are the product of Nature's experiment and patience, and Her laws permeate the cosmos. As Michael Faraday put it, "Nothing is too wonderful to be true, if it be consistent with the laws of nature."

Furthermore, according to String Theory, our Universe may only be one of many universes in a multiverse.

Our Universe is roughly 13.7 billion years old. The Earth is approximately 4.55 billion years old and not 6,000 - 10,000 according to Christian (Bible), Jewish (Torah), and Muslim (Quran) textbooks. Christianity, Judaism, and Islam are Abrahamic religions—they share the same root and believe that life originated in a corner of the Middle East 6,000 - 10,000 years ago through Creationism. Furthermore, peace is supposed to be a central tenet of these religions but they have been locked in perpetual conflict with no end in sight.

Our spiral Milky Way Galaxy (top) and Universe (bottom).

We are infinitesimally small in the cosmos. We do not need religion to divide us even smaller.



6. What Happens To Us After We Die?

There is an afterlife. We know this from observation. However, there is no evidence supporting the notion of heaven and hell as places of reward and damnation in the afterlife. Our afterlife resides in the memories of those we leave behind. Think of all the great people throughout history who are still with us in spirit because they touched our lives—their souls are their Afterlife. Whether our soul becomes famous or infamous, praised or condemned, admired or damned in the afterlife depends on whether we performed good or evil while we lived.

The good that we do will be remembered after we die—the greater the deeds, the longer the afterlife. Our essence lives on through loved ones and service to Humanity.

Throughout this book, we've met the afterlives of many great people who have enlightened us and shown us the path.

The cycle of life as designed by Nature is: birth and death, birth and death, ad infinitum...When something dies, its energy gives birth to another entity in the cosmos.

Life With Nature In The Cosmos

In summary, the 6 Big Questions of life are:

- Where did we come from?
- What is our purpose in life?
- Why do bad things happen to us?
- Is there a god?
- Are we alone in the Universe?
- What happens to us after we die?

If the first question can be answered with empirical evidence and by the process of elimination, then the answer to, “Is there a god?”, should be self-evident.

The God Dilemma

We are infinitesimally small in an unimaginably massive cosmos. If there were a god, it would have to be bigger than unimaginably big to have created the Universe and everything in it. If there were a god in this staggering immensity of existence, who is arrogant or delusional enough to think that god would care for her or him? This god, or intelligent designer, would have to be incomprehensibly powerful and its domain so immeasurably vast, that it would not care what we thought of it either way.

DEDICATION

This book is dedicated to all the brave women and men throughout history who fought against oppression, injustice, and tyranny. They stood up against oppression, injustice, and tyranny by the sword and of the mind. It is because of their courageous souls that many of us are able to enjoy the liberties and amenities of modern life. They are forever with us in spirit because they advanced knowledge and protected innate human rights for every person. They did what was beneficial for Humanity and were awarded with an everlasting Afterlife—their voices echo in this book.

We must have the courage and resolve to carry on their work. In doing so, we can only hope that our light will shine a fraction as bright as theirs in our Afterlife.

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